



Healthy Youth Survey 2008 Changes from the 2006 Survey

Survey Forms A, B, and C

To manage the length of the survey with the breadth of information desired by agencies and stakeholders, there is "Form A" and "Form B" for the survey for grades 8, 10, and 12. The 6th grade survey is a single version (Form C), with fewer questions, but including most of the core items.

Form A Changes for 2008

Form A focuses on substance use and risk and protective factors. The following criteria guide the changes to Form A:

- Use as many as possible of the available risk factor scales and protective factor scales.
- Keep the survey length reasonable.
- Maximize the number of Core Items---i.e., items that appear on both Form A and Form B, which give us the best possible statistical meaning in individual schools.

Survey Length: Form A in 2008 is 3 items longer than 2006 due to a family scale that was added to the optional tear-off page (see below). That scale is required by many communities for monitoring grant-funded prevention activities. In 2008, Form A has 151 items (133 on the main form and 18 on the Tearoff)

Questions Dropped from Form A
<ul style="list-style-type: none"> ▪ Peer-Individual Protective Factor: Prosocial Involvement (see question 24 on 2006 HYS Form A, or report items 261-263). Will stay on Form C. ▪ During the past 30 days, on how many occasions (if any) have you been drunk or very high from drinking alcohol beverages? ▪ How wrong is it for someone to steal anything worth less than \$5. This question is NOT part of the risk factor Favorable Attitudes toward Antisocial Behavior and was dropped to help deal with survey length.
New Questions Added to Form A*
<ul style="list-style-type: none"> ▪ During the past 30 days, have you seen or heard advertisements on TV, the Internet, the radio, or magazines about the dangers of kids drinking alcohol? (CORE question) ▪ NOT including talks on drinking and driving, in the past year have your parents or guardians talked to you about why you should not drink alcohol? (CORE question) ▪ If you have used pain killers <u>TO GET HIGH</u>, where did you usually get them?" ▪ During the last year, have you felt that you needed help (such as counseling or treatment) for your alcohol, tobacco, or other drug use? ▪ In the past 12 months, how often have you gambled (bet) for money or possessions?" ▪ Has YOUR gambling ever caused you problems at home, school or with your friends?" ▪ During the past 12 months, did you ever seriously consider attempting suicide?" (This is a new CORE question, it was previously on Form B only)
<p>*Newly added questions may or may not be rotated off in future versions of the survey.</p>
Questions Rotating on to Form A
<ul style="list-style-type: none"> ▪ Family scale (Tear-off; 3 questions): How wrong do your parents feel it would be for you to: drink alcohol; smoke cigarettes; smoke marijuana

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Other Changes to Form A

- Community Protective Factor “Opportunities for Prosocial Involvement” was reduced from six questions to four by collapsing categories of activities (see questions 18 and 19 on 2006 Form A, or report items 165-170).
- **Changed** risk of harm for smoking marijuana regularly; added a definition for regularly (at least once or twice a week).
- **Changed** question about where kids get alcohol so that they can choose all that apply; added two new answer options (got it from the Internet and stole it from a store).

Form B Changes for 2008

While Form A focuses on substance use and risk and protective factors, Form B has a broader group of stakeholders and a focus which includes substance use and other issues such as nutrition, physical activity, injury, mental health indicators. Because of that, Form B rotates more questions than Form A.

Revisions to Form B were made after input from stakeholders including school personnel, local public health, community agency representatives and state agency programs.

Survey Length:

- The 2008 Form B survey is 8 items shorter than the 2006 survey. In 2008 Form B will be 127 items (111 on main survey and 16 on Tearoff). In 2006, there were 135 items.

Below are lists of the question changes to Form B for 2008. Note some of these are abbreviated versions of the actual questions.

Questions Rotating On to Form B

- **Disability screener:**
 - Physical disabilities or health problems expected to last 6 months or more?
 - Long-term emotional problems, learning disabilities last 6 months or more?
 - Do other people consider you have disability, long-term health problem?
 - Limited in activities because of disability, long-term health problem?
- Past 30 days: number days carry a weapon for self-protection in a fight, and
- Past 30 days: number days carry a gun
- I try to work out conflicts or disagreements by talking about them.
- Last 2 weeks, number of times had 5 or more drinks in a row
- Are you a member of a gang? (was on Form A only in past surveys. In 2008, will be on Form B only)

Questions Rotating Off of Form B

- **Most of Harassment Module** In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school:
 - because of your race, ethnicity, or national origin or what someone thought it was
 - because of your religion
 - because of your gender (being male or female)?
 - because you have a health problem or a physical or mental disability
 - because of any other reason
- On an average school night, how many hours do you sleep?
- Past 12 months: number times saw health professional for routine checkup for asthma
- It’s possible to have asthma and not know it. In the past 30 days, did you have any symptoms of asthma?
- Past 30 days: number days symptoms of asthma made sleeping difficult
- Ever physically abused by an adult
- Ever seen an adult physically hurt another adult
- Last year in school info on youth suicide prevention
- Past 7 days, eat chips at school

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<ul style="list-style-type: none"> ▪ Past 7 days, where usually get chips ▪ Past 7 days: in car with smoker ▪ How easy to get cigarettes? Will stay on Form A. ▪ Lifetime use: number of cigarettes ▪ Past 30 days, days been drunk ▪ Past 30 days: used methamphetamines, number of days . Will stay on Form A. ▪ Past 30 days: inhalants to get high . Will stay on Form A. ▪ Lifetime use: steroids ▪ 30 day use of Prescription Narcotics. Will stay on Form A. ▪ Not counting chores, ever injured requiring provider visit while working for pay ▪ Type of place currently work
Questions Dropped from Form B
<ul style="list-style-type: none"> ▪ How far in school do you think you will get ▪ Now taking medication for diabetes ▪ Taught about preventing STDs last year in school ▪ In average week, bicycled or walked near home or school ▪ Lifetime use: drugs by needle
New Questions Added to Form B*
<ul style="list-style-type: none"> ▪ Add two new homelessness questions: 1) Live with parent or guardian, and 2) Where do you currently live ▪ Add two new military questions: 1) Past 6 years, parent/guardian in military, and 2) Past 6 years, parent/guardian sent to combat zone ▪ Taught in school last year about ways to prevent pregnancy and STDs last year (will be on Tearoff) ▪ Past 30 days: missed school because felt unsafe ▪ Walk to school, days per week ▪ Bike to school, days per week ▪ Rules about smoking in house where you live ▪ 30 day tobacco using Hooka (will be on Tearoff) ▪ During the past 30 days, have you seen or heard advertisements on TV, the Internet, the radio, or magazines about the dangers of kids drinking alcohol? (CORE question) ▪ Has either of your parents (or guardians) discussed the dangers of alcohol use with you? (CORE question) <p>*Newly added questions may or may not be rotated off in future versions of the survey.</p>
Other Changes to Form B
<ul style="list-style-type: none"> ▪ Replace question: Told by doctor or other health professional you have asthma with the question: Told by a doctor or nurse you have asthma (source: 2007 Middle school YRBS) ▪ Replace the question: Past 12 months asthma attack or taken asthma medication with the question: Do you still have asthma (source: 2007 Middle school YRBS) ▪ Replace question: Past 12 months: boyfriend or girlfriend physically hurt you on purpose with the question: Past 12 months, type of injuries from being hurt by boyfriend or girlfriend ▪ Replace question: Past 12 months: actually attempt suicide with the question: Past 12 months, times actually attempt suicide (source: YRBS, used in HYS 2002 and 2004)

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Form C Changes for 2008

Survey Length: The 2008 Form C will be three items longer than 2006. For 2008, there are 98 response items.

Questions Rotating Off of Form C

- Past 30 days: bicycled or walked, dogs or people bothered
- Average week: bicycled or walked near home or school

New Questions Added to Form C

- When you rollerblade or skateboard, how often wear helmet
- Walk to/from school, days per week
- Bike to/from school, days per week
- Binge drinking
- Past 7 days, number of days physically active for a total of at least 60 minutes
- Number of days skipped school

Other Changes to Form C

- Replace question: Told by doctor or other health professional you have asthma with the question: Told by a doctor or nurse you have asthma (source: 2007 Middle school YRBS)
- Replace the question: Past 12 months asthma attack or taken asthma medication with the question: Do you still have asthma (source: 2007 Middle school YRBS)
- Replace question: Past 7 days, number of days 20 minutes physical activity sweat with the question: Past 7 days, physically active 60 minutes a day (source: 2007 Middle school YRBS)