

## Healthy Youth Survey 2012 Changes from 2010 Survey

### Survey Forms A, B, NS and C

To manage the length of the survey with the breadth of information desired by agencies and stakeholders, there is "Form A" and "Form B" for the survey for grades 8, 10, and 12. The 6th grade survey is a single version (Form C), with fewer questions, but includes most of the core items. Form NS is a version of Form B that does not have the sexual behavior questions on the tear-off. Form NS is 4 questions shorter than Form B; otherwise it is exactly the same. Form NS was introduced in 2010 and used again in 2012.

### Form A Changes for 2012

Form A has 127 questions in the body and 15 questions on the tear-off. The 2010 Form A had 133 questions in the body and 15 on the tear-off.

### New Questions Added to Form A

- Two new questions were added to Form A regarding place of residence.
  - Who did you live with **most** of the time in the last 30 days? [Parent(s) and/or step-parents; Relatives – like a grandparent, an aunt, an older brother – but NOT your parents; Foster care parent(s); The family of one of your friends; Friends of yours with no adults present; On your own; Other] (Question 6 on the 2012 form.)
  - Where did you live **most** of the time in the last 30 days? [In a house, apartment, or mobile home; In a motel or hotel; In a group home; In a shelter; In a car, park, or campground; On the street; Moved from place to place; Other] (Question 7 on the 2012 form.)

### Questions Rotating Off Form A

- Three questions were rotated off regarding Low Neighborhood Attachment.
  - I'd like to get out of my neighborhood or community [NO!; no; yes; YES!] (Question 6 on the 2010 form.)
  - If I had to move I would miss the neighborhood or community [NO!; no; yes; YES!] (Question 7 on the 2010 form.)
  - I like my neighborhood or community [NO!; no; yes; YES!] (Question 8 on the 2010 form.)

### Questions Dropped from Form A

- Five questions were dropped regarding Favorable Attitudes toward Antisocial Behavior.
  - How wrong do you think it is for someone your age to: Take a handgun to school? [Very wrong; Wrong; A little bit wrong; Not wrong at all] (Question 69A on 2010 form.)
  - How wrong do you think it is for someone your age to: Steal anything worth more than \$5? [Very wrong; Wrong; A little bit wrong; Not wrong at all] (Question 69B on 2010 form.)

- How wrong do you think it is for someone your age to: Pick a fight with someone? [Very wrong; Wrong; A little bit wrong; Not wrong at all] (Question 69C on 2010 form.)
- How wrong do you think it is for someone your age to: Attack someone with the idea of seriously hurting them? [Very wrong; Wrong; A little bit wrong; Not wrong at all] (Question 69D on 2010 form.)
- How wrong do you think it is for someone your age to: Stay away from school all day when their parents think they are at school? [Very wrong; Wrong; A little bit wrong; Not wrong at all] (Question 69E on 2010 form.)

### Questions Moved Within Form A

- Three questions, one regarding bullying and two regarding mental health/suicide, were moved closer to the front of Form A to improve completion by younger students.
  - A student is being bullied when another student, or group of students, say or do nasty or unpleasant things to him or her. It is also bullying when a student is teased repeatedly in a way he or she doesn't like. It is NOT bullying when two students of about the same strength argue or fight. In the last 30 days, how often have you been bullied? [I have not been bullied; Once; 2-3 times; About once a week; Several times a week.] (Question 26 on the 2012 form/Question 68 on the 2010 form.)
  - During the past 12 months, did you ever feel so sad and hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities? [Yes; No.] (Question 51 on the 2012 form/Question 78 on the 2010 form.)
  - During the past 12 months, did you ever **seriously** consider attempting suicide? [Yes; No.] (Question 52 on the 2012 form/Question 79 on the 2010 form.)
- Seven questions, one regarding carrying a weapon on school property and six regarding interaction with Anti-Social Peers, were moved closer to the end of Form A as they were more relevant to older students.
  - During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club **on school property**? [0 days; 1-5 days; 6 or more days.] (Question 68 on the 2012 form/Question 40 on the 2010 form.)
  - Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have:
    - Been suspended from school? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends.] (Question 83A on the 2012 Form/Question 52A on the 2010 form.)
    - Carried a handgun? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends.] (Question 83B on the 2012 Form/Question 52B on the 2010 form.)
    - Sold illegal drugs? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends.] (Question 83C on the 2012 Form/Question 52C on the 2010 form.)
    - Stolen or tried to steal a motor vehicle such as a car or motorcycle? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my

friends.] (Question 83D on the 2012 Form/Question 52D on the 2010 form.)

- Been arrested? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends.] (Question 83E on the 2012 Form/Question 52E on the 2010 form.)
- Dropped out of school? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends.] (Question 83F on the 2012 Form/Question 52F on the 2010 form.)

### **Text Added to Form A**

- The following text was added before the two mental health/suicide questions referenced above (questions 51 and 52 on the 2012 form); this text was not on the 2010 Form A though it was on the 2010 Forms B, NS and C preceding the mental health/suicide questions, and it is on the 2012 Forms B, NS and C.
  - “The next questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.”

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| <b>Form B Changes for 2012</b> |
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While Form A focuses on substance use and risk and protective factors, Form B has a broader group of stakeholders and a focus which includes substance use and other issues such as nutrition, physical activity, injury, mental health indicators. Because of that, Form B rotates more questions than Form A. Revisions to Form B were made after input from stakeholders including school personnel, local public health, community agency representatives and state agency programs.

Form B has 105 questions in the body and 14 questions on the tear-off. The 2010 Form B had 106 questions in the body and 15 on the tear-off.

### **New Questions Added to Form B**

- Two new questions were added to Form B.
  - During the past 30 days, on how many days did you: Use electronic cigarettes or e-cigs? [0 days; 1-2 days; 3-9 days; 10-29 days; all 30 days.] (Question 20D on the 2012 form.)
  - During the past 30 days, on how many days did you: Use a dissolvable tobacco product (such as orbs, sticks, or strips)? [0 days; 1-2 days; 3-9 days; 10-29 days; all 30 days.] (Question 20E on the 2012 form.)

### **Questions Rotating onto Form B**

- Sixteen questions were rotated onto Form B.
  - How old were you the first time you smoked a whole cigarette? [Never have; 10 or younger; 11; 12; 13; 14; 15; 16; 17 or older.] (Question 84 on the 2012 form.)
  - During the past 30 days, on how many days did you: Smoke tobacco or flavored tobacco in a hookah, even just a puff? [0 days; 1-2 days; 3-9 days; 10-29; All 30 days.] (Question 20 F on the 2012 form.)

- During the past 12 months, have you ever tried **to quit** using tobacco (cigarettes, cigars, chew/dip)? [I did not use tobacco during the past 12 months; Yes; No.] (Question 85 on the 2012 form.)
- Are the cigarettes that you usually smoke usually menthol cigarettes? [I do not smoke cigarettes; Yes; No.] (Question 21 on the 2012 form.)
- Do you have any physical disabilities or long-term health problems lasting or expected to last 6 months or more? [Yes; No; Not sure.] (Question 49 on the 2012 form.)
- Do you have any long-term emotional problems or learning disabilities lasting or expected to last 6 months or more? [Yes; No; Not sure.] (Question 50 on the 2012 form.)
- Would other people consider you to have a disability or long-term health problem including physical health, emotional, or learning problems? [Yes; No; Not Sure.] (Question 51 on the 2012 form.)
- Are you limited in any activities because of a disability or long-term health problem including physical health, emotional, or learning problems expected to last 6 months or more? [Yes; No; Not sure.] (Question 52 on the 2012 form.)
- I try to work out conflicts or disagreements by talking about them. [Almost always; Often; Sometimes; Seldom; Never.] (Question 12 on the 2012 form.)
- During the past 7 days, how many times did you: Drink **100% fruit juice** such as orange juice, apple juice or grape juice? (Do **not** count punch, Kool-Aid, sports drinks, and other fruit-flavored drinks.) [I did not drink fruit juice during the past 7 days; 1-3 times during the past 7 days; 4-6 times during the past 7 days; 1 time per day; 2 times per day; 3 times per day; 4 or more times per day.] (Question 36A on the 2012 form.)
- During the past 7 days, how many times did you: Eat **fruit**? (Do **not** count fruit juice.) [I did not eat fruit during the past 7 days; 1-3 times during the past 7 days; 4-6 times during the past 7 days; 1 time per day; 2 times per day; 3 times per day; 4 or more times per day.] (Question 36B on the 2012 form.)
- During the past 7 days, how many times did you: Eat **green salad**? [I did not eat green salad during the past 7 days; 1-3 times during the past 7 days; 4-6 times during the past 7 days; 1 time per day; 2 times per day; 3 times per day; 4 or more times per day.] (Question 36C on the 2012 form.)
- During the past 7 days, how many times did you: Eat **potatoes**? (Do **not** count French fries, fried potatoes, or potato chips.) [I did not eat potatoes during the past 7 days; 1-3 times per day; 4-6 times per day; 1 time per day; 2 times per day; 3 times per day; 4 or more times per day.] (Question 36D on the 2012 form.)
- During the past 7 days, how many times did you: Eat **carrots**? [I did not eat carrots during the past 7 days; 1-3 times during the past 7 days; 4-6 times during the past 7 days; 1 time per day; 2 times per day; 3 times per day; 4 or more times per day.] (Question 38E on the 2012 form.)
- During the past 7 days, how many times did you: **Eat other vegetables**? (Do **not** count green salad, potatoes, or carrots.) [I did not eat vegetables during the past 7 days; 1-3 times during the past 7 days; 4-6 times during the past 7 days; 1 time per day; 2 times per day; 3 times per day; 4 or more times per day.] (Question 36F on the 2012 form.)

- During the past 30 days, on how many days did you: Carry a gun? (Do not include carrying a gun while hunting.) [0 days; 1 day; 2-3 days; 4-5 days; 6 or more days.] (Question 9C on the 2012 form.)

### **Questions Rotated off Form B**

- Seventeen questions were rotated off Form B.
  - Do you think young people risk harming themselves if they smoke 1-5 cigarettes a day? [Definitely no; Probably no; Probably yes; Definitely yes.] (Question 26 on the 2010 form.)
  - Has either of your parents (or guardians) discussed the dangers of tobacco use with you? [Mother (or female guardian) only; Father (or male guardian) only; Both; Neither.] (Question 92 on the 2010 form.)
  - How many hours per week are you currently working for pay, NOT counting chores around your home, yard work, or babysitting? [None – not currently working; 10 hours a week or less; 11-30 hours per week; 31-40 hours per week; More than 40 hours per week.] (Question 73 on the 2010 form.)
  - NOT counting chores around your home, while working for pay, have you ever been injured badly enough that you needed to go to a nurse, doctor, or hospital? [Never worked for pay; Have worked, but never been injured enough to see nurse or doctor; Yes, I was injured at work and needed to go to a nurse, doctor or hospital.] (Question 74 on the 2010 form.)
  - How would you describe the place that you currently work? (Pick your main job. Choose one.) [Not currently working; Restaurant (including fast food); Store (including grocery, convenience, clothing, music, or gift stores, gas station); Hospital, clinic, or nursing home; Construction; Farm or dairy; Factory; Packing or food processing; Babysitting; Yard work; Other.] (Question 75 on the 2010 form.)
  - On an average school night how many hours do you sleep? [5 hours or less; About 6 hours; About 7 hours; About 8 hours; 9 hours or more.] (Question 76 on the 2010 form.)
  - On an average weekend night (Friday and Saturday night) how many hours do you sleep? [5 hours or less; About 6 hours; About 7 hours; About 8 hours; 9 hours or more.] (Question 77 on the 2010 form.)
  - When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured? [During the past 12 months; Between 12 and 24 months ago; More than 24 months ago; Never; Not sure.] (Question 53 on the 2010 form.)
  - Last year in school, did you see or hear information at your school about the warning signs of suicide and how to get help for yourself or a friend? [Yes; No; Not sure.] (Question 68 on the 2010 form.)
  - Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time? [No; Yes.] (Question 100 on the 2010 form, and appeared on the tear-off.)

- How often do you wear a seat belt when **riding in** a car driven by someone else? [Never; Rarely; Sometimes; Most of the time; Always.] (Question 7 on the 2010 form.)
- In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school: Because of your religion or what someone thought it was? [0 times; 1 time; 2-3 times; About once a week; Several times a week or more.] (Question 58B on the 2010 form.)
- In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school: Because of your gender (being male or female)? This includes sexual jokes, gestures, or comments that make you feel uncomfortable. [0 times; 1 time; 2-3 times; About once a week; Several times a week or more.] (Question 58D on the 2010 form.)
- In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school: Because you have a health problem or physical or mental disability, or someone thought you did? [0 times; 1 time; 2-3 times; About once a week; Several times a week or more.] (Question 58E on the 2010 form.)
- In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school: Because of any other reason? [0 times; 1 time; 2-3 times; About once a week; Several times a week or more.] (Question 58F on the 2010 form.)
- During the past 12 months, how many days did you miss some school because of a toothache (do not include toothache due to braces or an injury)? [None; 1-4 days; 5 days or more; Not sure.] (Question 55 on the 2010 form.)
- During the past 12 months, how many days did you stay out of school or stay away from your usual activities because of your asthma? [I do not have asthma; None; 1 to 2 days; 3 to 4 days; 5 to 10 days; More than 10 days; I don't know.] (Question 105 on the 2010 form, and appeared on the tear-off.)

### **Questions Dropped from Form B**

- Four questions were dropped from Form B.
  - How wrong do you think it is for someone your age to smoke cigarettes? [Very wrong; wrong; a little bit wrong; not at all wrong.] (This was question 91 on the 2010 form.)
  - Do you think that rules about not drinking alcohol or using drugs at your school are usually enforced? [Definitely no; Probably no; Probably yes; Definitely yes.] (This was question 35 on the 2010 form.)
  - Have you ever been told by a doctor or other health professional that you have diabetes? [No; Yes; I don't know.] (Question 94 on the 2010 form.)
  - Compared with others my age, my life is [0 much worse than others; 1; 2; 3; 4; 5; 6; 7; 8; 9; 10 much better than others]. (Question 83 on the 2010 form.)

### **Change in Form B Directions**

- On the tear-off, under the first sexual behavior question, the following wording was removed from the 2012 form:

- “If you answered **No** to the last question, stop now.” This text appeared on the 2010 form after the first sexual behavior question, but was removed from the 2012 form.

### Form NS Changes for 2012

The 2012 Form NS is exactly the same as the 2012 Form B except that it does not include the sexual behavior questions. The changes regarding Form B above thus also apply to Form NS, with the exception of the last change, that in the directions for the sexual behavior questions.

### Form C Changes for 2012

Form C has 82 questions in the body and 8 questions on the tear-off. The 2010 Form C also had 82 questions in the body and 8 on the tear-off.

#### **New Questions Added to Form C**

- One question was added to the 2012 Form C.
  - Yesterday, how much time did you spend watching TV or playing video games? [None, I didn’t watch TV yesterday; Less than 1 hour; About 1 hour; About 2 hours; 3 or more hours.] (Question 11 on the 2012 form.)

#### **Questions Rotating onto Form C**

- Two questions were rotated onto the 2012 Form C. The first is about sodas or pop, and is in reference to the question preceding it in the survey.
  - Did you buy any of these at school? [I did not drink sodas or pop yesterday; Yes; No.] (Question 61 on the 2012 form.)
  - Do you try to work out your problems by talking about them? [No, never; Yes, some of the time; Yes, most of the time; Yes, all of the time.] (Question 46 on the 2012 form.)

#### **Questions Rotating Off Form C**

- Three questions were rotated off the 2012 Form C.
  - Has either of your parents (or guardians) discussed the dangers of tobacco use with you? [Mother (or female guardian) only; Father (or male guardian only); Both; Neither.] (Question 56 on the 2010 form.)
  - Do you think young people risk harming themselves if they smoke 1–5 cigarettes a day? [Definitely no; Probably no; Probably yes; Definitely yes.] (Question 53 on the 2010 form.)
  - How often do you wear a seat belt when riding in a car? [Never; Rarely; Sometimes; Most of the time; Always.] (Question 8 on the 2010 form.)