

Healthy Youth Survey 2014 - Changes from the 2012 Survey

October 16, 2014

Summary

Survey Forms A, A Enhanced (AE), B, B Enhanced (BE), and C

To manage the length of the survey with the breadth of information desired by stakeholders, there are two basic forms for grades 8, 10, and 12: Forms A and B. The 6th grade survey is a single version (Form C), with fewer questions. “Core items” are those that are on Forms A, AE, B and BE. Most of the core items are also on Form C.

In 2014, schools will have the option of choosing whether to register for the regular or enhanced versions of Forms A and B. AE is identical to the regular version of Form A except that it contains one question on sexual orientation. BE is identical to the regular version of Form B except that it contains two questions on sexual abuse and four questions on sexual behavior. Form B replaces Form NS used in 2010 and 2012.

For Form B, the format of offering two forms—one with questions related to sexual behavior and one without those questions—is the same as in 2010 and 2012 when the forms were labeled B and NS. With the addition of a question on sexual orientation, Form A has moved to this approach.

In 2012 about 2% of schools tore off the last page of Forms A, B or NS, and C. Beginning in 2014, the “tear-off” option is not available.

Form A and A Enhanced

Forms A and AE are identical except that Form AE contains one question on sexual orientation, as described in the Form A Enhanced Changes section below. Revisions to Form A were made after input from school personnel, community and academic stakeholders, and state agency programs. The sexual orientation question is question 6 on Form AE. Question 6 on Form A is identical to question 7 on Form AE; the difference in question numbering continues for the remainder of the survey. The 2014 Form A has 138 total questions; AE has 139 total questions. The 2012 Form A had 127 questions in the body and 15 on the tear-off, for a total of 142 questions.

Form B and B Enhanced

Forms B and B Enhanced (BE) are identical except that Form BE contains two questions on sexual abuse and four questions on sexual behavior, as described in the Form B Enhanced Changes section below. Revisions to Form B were made after input from stakeholders including school personnel, local public health, community agency representatives and state agency programs. The sexual abuse questions are numbers 84 and 85. Question 84 on Form B corresponds to question 86 on Form BE. This pattern continues to the end of Form B. The 4 sexual behavior questions are the final 4 questions on Form BE. The 2014 Form B has 116 total questions and the 2014 Form B Enhanced has 122 total questions. The 2012 Form B had 105 questions in the body and 14 on the tear-off, for a total of 119 questions.

Form C

The 2014 Form C has a total of 94 questions. The 2012 Form C had 82 questions on the body and 8 on the tear-off, for a total of 90 questions.

Demographics and General Information

At the request of DSHS, a sexual orientation demographic question was added to AE. . The question is one of two optional Youth Risk Behavior Survey (YRBS) questions on this topic. Form AE added this question because unlike the other question, it allows students to identify their sexual preference without ever having sex. The other optional question is on Form BE. (See Sexual Behavior.) Both questions have strengths and weaknesses. Gathering data on sexual orientation is required by DSHS funders to help identify behavioral health issues unique to this population. At the request of DSHS, Forms A, AE, B and BE adopted a common set of questions to define homelessness by adding the 2012 Form A questions to the other forms. Forms A, AE, B and BE also added a question about affording housing. Form B dropped the 2012 question that got at similar issues.

Added

- Which of the following best describes you? [Heterosexual (straight); Gay or lesbian; Bisexual; Not sure.] New: AE. Variable g20.
- Are your current living arrangements the result of losing your home because your family cannot afford housing? [Yes; No; Not sure]. New: A, AE, B and BE. Variable f36.

Changed

- Who did you live with most of the time in the last 30 days? [Parent(s) and/or step-parents; Relatives—like a grandparent, an aunt, an older brother—but NOT your parent(s); Foster care parent(s); An adult friend(s) of your family; Friends of yours with no adults present; On your own; Other]. The response option “An adult friend(s) of your family” was “The family of one of your friends” in 2010. Previously on A, now on A, AE, B and BE. Variable f34_14.
- Where did you live most of the time in the last 30 days? [In a house, apartment or mobile home; In a motel or hotel; In a group home; In a shelter; In a car, park, or campground; On the street; Moved from place to place; Other]. Previously on A, now on A, AE, B and BE.

Dropped/Rotated Off

- Which of the following best describes where you currently live? (Choose only one answer.) [My parent's or guardian's home; With friends or other families because lost home or cannot afford housing; On your own because lost home or cannot afford housing; Motel or hotel; Shelter (shelter or emergency/transitional housing); Car; Park; Campground or other public place; Another place]. Dropped from B and BE.

Alcohol, Tobacco and Other Drug Use - Lifetime Use

At the request of DSHS and DOH, all references to “smoking marijuana” were changed to “using marijuana,” because marijuana is consumed by methods other than smoking.

Changed

- Have you ever, even once in your lifetime: Used marijuana? [Yes; No]. Form C: the word “Smoked” was changed to “Used”. Variable d06_14 and p18_14.

Alcohol, Tobacco and Other Drug Use - 30-Day Use

At the request of DSHS, a new current prescription drug use question was added as required by the Drug-free Communities Grant (DFC). After hearing multiple complaints that students know that derbisol is a fake drug, we changed the name of the drug. The question on hyperactivity/focus drugs was rotated off to make room for the new prescription drug question.

Added

- During the past 30 days, on how many days did you: Use prescription drugs not prescribed to you? [None; 1–2 days; 3–5 days; 6–9 days; 10 or more days]. New A and AE. Variable d92.

Changed

- During the past 30 days, on how many days did you: Use an electronic cigarette, also called e-cigs, or vape pens? [None; 1–2 days; 3–5 days; 6–9 days; 10 or more days]. Changed question to say “also called e-cigs, or vape pens” on Forms B and BE. Variable d90_14i.
- During the past 30 days, on how many days did you: Use loziderb? [None; 1–2 days; 3–5 days; 6–9 days; 10-29 days, All 30 days].
- Changed from different fake drug on all Forms A, AE, B, BE and C. Variable lozi.
- During the past 30 days, on how many days did you: use chewing tobacco, snuff, or dip? [None; 1-2 days; 3-9 days; 6-9 days; 10-29 days; All 30 days]. No longer core, dropped from A and AE, but still on B, BE and C.
- During the past 30 days, on how many days did you: Use marijuana or hashish (weed, hash, pot)? [None; 1–2 days; 3–5 days; 6–9 days; 10 or more days]. Forms A, AE, B, BE and C: the word “grass” was changed to “weed”.

Dropped/Rotated Off

- Some kids take a medicine prescribed by their doctor to help with hyperactivity or focus (ADD). Some names for this medicine are Ritalin, Adderall, or Concerta. In the past 30 days have you taken one of these drugs? [None; 1-2 days; 3-5 days; 6-9 days; 10 or more days]. Rotated off A and AE.
- During the past 30 days, on how many days did you: Use dissolvable tobacco products (such as orbs, sticks, or strips)? [0 days; 1-2 days; 3-9 days; 10-29 days; All 30 days]. Dropped from B and BE.

Other Tobacco-Related Questions

At the request of DSHS, the question about friends’ feelings about tobacco use was added to meet DFC grant requirements. At the request of DOH, twelve tobacco questions were rotated off the survey to make room for questions in other topic areas.

Added

- How wrong do your friends feel it would be for you to: Use tobacco? [Very wrong; Wrong; A little bit wrong; Not at all wrong]. New: A and AE. Variable p66.

Dropped/Rotated Off:

- If one of your best friends offered you a cigarette, would you smoke it? [Definitely no; Probably no; Probably yes; Definitely yes]. Rotated off A, AE, B, BE, and C.
- Do you think that you will smoke a cigarette anytime in the next year? [Definitely no; Probably no; Probably yes; Definitely yes]. Rotated off A, AE, B, BE, and C.
- During the past year in school, how many times did you get information in classes about the dangers of tobacco? [None; Once; 2 or 3 times; 4 or more times]. Rotated off B, BE and C.
- Do you think the smoke from other people’s cigarettes (secondhand smoke) is harmful to you? [Definitely no; Probably no; Probably yes; Definitely yes]. Rotated off B, BE and C.
- How old were you the first time you smoked a whole cigarette? [Never have; 10 or younger; 11; 12; 13; 14; 15; 16; 17 or older]. Rotated off B and BE
- During the past 12 months, have you ever tried to quit using tobacco (cigarettes, cigars, chew/dip)? [I did not use tobacco during the past 12 months; Yes; No]. Rotated off B and BE.

- Do you think that rules about not using tobacco at your school are usually enforced? [Definitely no; Probably no; Probably yes; Definitely yes]. Rotated off B and BE.
- Some tobacco companies make t-shirts, lighters or other items that people can buy or receive for free. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it? [No; Yes]. Dropped from B and BE.
- During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking? [Not in the past 30 days; 1-3 times in the past 30 days; 1-3 times per week; Daily or almost daily; More than once a day]. Rotated off B and BE.
- During the past 30 days, how did you usually get your own tobacco? (Choose only one answer.) [I did not use tobacco during the past 30 days, I bought it in a store such as a convenience store, supermarket, discount store or gas station; I bought it from a vending machine; I gave someone else money to buy them for me; I borrowed (or bummed) them from someone else; a person 18 years old or older gave them to me; I took them from a store or family member; I got them some other way]. Rotated off B and BE.

Other Alcohol-Related Questions

At the request of DSHS, six alcohol questions were added to the survey. The questions on usual type of alcohol and drinking on school property were added to provide additional information about student's alcohol use habits. The questions on parents, friends and personal feelings about alcohol use, and the question about perceived risk from heaving drinking were added to meet DFC grant requirements. A response option about stealing alcohol as a usual source was rotated back on to the survey, due to reported increases in alcohol theft. Three questions were rotated off to make room for the new alcohol questions.

Added

- During the past 30 days, what type of alcohol did you usually drink? [I did not drink alcohol during the past 30 days; I do not have a usual type; Beer; Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade; Wine coolers, such as Bartles & Jaymes or Seagrams; Wine; Liquor, such as vodka, rum, scotch, bourbon or whiskey; Some other type]. New: A and AE. Variable d94.
- During the past 30 days, on how many days did you have at least one drink of alcohol on school property? [0 days; 1-2 days; 3-9 days; 10-29 days; All 30 days]. New A and AE. Variable d93.
- How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day? [Very wrong; Wrong; A little bit wrong; Not at all wrong]. New: A and AE. Variable f37.
- How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day? [Very wrong; Wrong; A little bit wrong; Not at all wrong]. New: A and AE. Variable p65.
- How much do you think people risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage once or twice a week? [No risk; Slight risk; Moderate risk; Great risk; Not sure]. New: A and AE. Variable p63.
- How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day? [Neither approve nor disapprove; Somewhat disapprove; Strongly disapprove; Don't know or can't say]. New: A and AE. Variable p69.

Changed

- During the past 30 days, how did you usually get alcohol (beer, wine, or hard liquor)? Choose all that apply. [I did not get alcohol in the past 30 days; I bought it from a store; I stole it from a store; I got it from friends; I got it at a party; I got it from an older brother or sister; I gave money to someone to get it for me; I took it from home without my parent's permission; I took it from home with my parent's permission; I got it some other way]. Form A and AE: response option "I stole it from a store" rotated back on from 2008.

Dropped/Rotated Off

- During the past 30 days, have you seen or heard advertisements on TV, the Internet, the radio, or magazines about the dangers of kids drinking alcohol? [Not in the past 30 days; 1-3 times in the past 30 days; 1-3 times per week; Daily or almost daily; More than once a day]. Rotated off A and AE.
- What are the chances you would be seen as cool if you: Began drinking alcoholic beverages regularly, that is, at least once or twice a month? [No or very little chance; Little chance; Some chance; Pretty good chance; Very good chance]. Dropped from A and AE.
- If you had to guess, how many students in your grade at school drank alcohol during the past 30 days? [0 out of 10 (none); 1 out of 10; 2 out of 10; 3 out of 10; 4 out of 10; 5 out of 10; 6 out of 10; 7 out of 10; 8 out of 10; 9 out of 10; 10 out of 10 (all)]. Dropped from A and AE.

Other Marijuana-Related Questions

At the request of DSHS, five marijuana questions were added to the survey. The questions on usual type of marijuana, source of marijuana, parents talking about marijuana, living with marijuana user, and use at school were added to provide additional information about student's marijuana use and environmental changes possibly due to marijuana legalization. The question on friends' feelings about marijuana use was added to meet DFC grant requirements. At the request of DSHS and DOH, all references to "smoking marijuana" were changed to "using marijuana," because marijuana is consumed by methods other than smoking. The question on perception of harm from occasional marijuana use was dropped because it is not part of a risk and protective factor scale, and to make room for the additional marijuana questions.

Added

- During the past 30 days, if you used marijuana, how did you usually use it? [I did not use marijuana during the past 30 days; Smoked it (in a joint, bong, pipe, blunt); Ate it (in brownies, cakes, cookies, candy); Drank it (tea, cola, alcohol); Vaporized it; Used it some other way]. New: A and AE. Variable d98.
- During the past 30 days, how did you usually get marijuana? Choose all that apply. [I did not get marijuana in the past 30 days; I bought it from a store; I stole it from a store; I got it from friends; I got it at a party; I got it from an older brother or sister; I gave money to someone to get it for me; I took it from home without my parent's permission; I took it from home with my parent's permission; I got it some other way.]. New: A and AE. Variable d97a – d97j.
- In the past year have your parents or guardians talked to you about why you should not use marijuana? [Yes, a number of times; Yes, once; No; I don't remember.]. New A and AE. Variable d95.
- Does anyone who lives with you now use marijuana? [No; Yes]. New A and AE. Variable d99.

- During the past 30 days, on how many days did you use marijuana on school property? [0 days; 1-2 days; 3-9 days; 10-29 days; All 30 days]. New: A and AE. Variable d96
- How wrong do your friends feel it would be for you to: Use marijuana? [Very wrong; Wrong; A little bit wrong; Not at all wrong]. New: A and AE. Variable p67.

Dropped

- How much do you think people risk harming themselves if they smoke marijuana occasionally? [No risk; Slight risk; Moderate risk; Great risk; Not sure]. Dropped from A and AE.

Other Alcohol and Drug-Related Questions

At the request of DSHS, four questions were added to the survey. The question about consequences from alcohol and drug use was added to provide additional information about perceived issues associated with use. The questions on parents and friends feelings about prescription drug use, and the risk of harm from prescription drugs were added to meet DFC grant requirements. The question on perception of harm from occasional marijuana use was dropped because it is not part of a risk and protective factor scale, and to make room for the additional marijuana questions.

Added

- In the past year, which of the following happened because you drank alcohol or used drugs? Choose all that apply: [I did not use alcohol or drugs in the past year.; I did not have any problems from drinking alcohol or using drugs in the past year.; I missed classes or school.; I failed classes or dropped out of school.; I got sick (vomited) or had a hangover.; I felt depressed, anxious, scared, or had other emotional problems.; I got hurt or injured.; I hurt or injured someone else.; I got in trouble with my parents or family.; I did things I didn't want to do or regretted afterward.]. New: A and AE. Variable d100a – d100j.
- How wrong do your parents feel it would be for you to: Use prescription drugs not prescribed to you? [Very wrong; Wrong; A little bit wrong; Not at all wrong]. New: A and AE. Variable f38.
- How wrong do your friends feel it would be for you to: Use prescription drugs not prescribed to you? [Very wrong; Wrong; A little bit wrong; Not at all wrong]. New: A and AE. Variable p68.
- How much do you think people risk harming themselves if they: Use prescription drugs that are not prescribed to them? [No risk; Slight risk; Moderate risk; Great risk; Not sure]. New: A and AE. Variable p64.

Changed

- How many times in the past year (12 months) have you been drunk or high at school? [Never; 1-2 times; 3-5 times; 6-9 times; 10 or more times]. No longer core, dropped from B and BE, but still on A and AE.

Dropped/Rotated Off

- During the last year, have you felt that you needed help (such as counseling or treatment) for your alcohol, tobacco, or other drug use? [I have not used alcohol or other drugs; I have used alcohol and/or drugs, but I haven't needed help; Yes, I felt I have needed help; Not sure]. Dropped from A and AE.
- My school will punish students who are caught using alcohol or drugs. [NO!; no; yes; YES!]. Dropped from A and AE.
- If you have used pain killers TO GET HIGH, where did you usually get them? [I did not use pain killers to get high; I used my own prescription (from a doctor or dentist); A family

member gave them to me; I took them from my home or someone else's home without permission; I got them from a friend; I got them from an acquaintance; I got them from a drug dealer; I got them from the internet; I got them some other way.]. Dropped from A and AE.

Nutrition and Fitness

Nutrition. The nutrition module includes two questions that were asked in 2006 about chips and similar snack items. Form B replaced the question on drinking soda yesterday with a more general question about drinking sweetened beverages over the past week. The Form C question that asked about drinking soda yesterday now includes all sweetened beverages. Form C asks about buying sweetened beverages in school.

Fitness: For consistency with the 2008 Physical Activity Guidelines for Americans, the physical activity module added a question on muscle strengthening that was last asked in 2004. We also changed the two Form B/BE questions about screen time, because they were dated due to new technology. The new questions are the same as those on the national Youth Risk Behavior Survey.

Added

- During the past 7 days, how many times did you drink regular soda, sports drinks (such as Gatorade) and other flavored sweetened drinks (such as Snapple or SoBe)? Do not include diet drinks. [0 times; 1 – 3 times; 4 – 6 times; 7–9 times; 10 times or more]. New: B and BE. Except for the time frame, this is the same question that asks about drinking sweetened beverages in school. Variable h118.
- How many sodas, sports drinks (such as Gatorade) and other flavored sweetened drinks (such as Snapple or Sobe) did you drink yesterday? [None; 1; 2; 3; 4 or more]. Form C: now “sweetened drinks” instead of just “soda”. Variable h119.
- Did you buy sodas, sports drinks, or other flavored sweetened drinks at school yesterday? [I did not drink sodas, sports drinks or other flavored sweetened drinks yesterday.; Yes; No]. Form C: now “sweetened drinks” instead of just “soda”. Variable h120.
- On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent on such things as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.) [I do not play video or computer games or use a computer for something that is not school work; Less than 1 hour per day; 1 hour per day; 2 hours per day; 3 hours per day; 4 hours per day; 5 or more hours per day]. Changed on B and BE from previous question “On an average school day, how many hours do you play video games or use a computer for fun? (Include activities such as Nintendo, Game Boy, Play Station, computer games, and the Internet.)”. Also added to Form C. Variable h122.

Rotated On

- During the past 7 days, how many times did you eat any potato chips or similar snack foods such as corn chips or cheese puffs at school (including any after-school and weekend activities)? Do not include reduced fat or fat-free items. [0 times; 1-3 times; 4-6 times; 7-9 times; 10 times or more]. Rotated on B and BE from 2006.
- During the past 7 days, where did you usually get the chips and similar snack items you ate at school? (Choose only one answer) [I did not eat potato chips or similar snack foods at school.; I brought them from a store; I got them from friends; I bought them at school; Other]. Rotated on B and BE from 2006.

- On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting? [0 days; 1 day; 2 days; 3 days; 4 days; 5 days; 6 days; 7 days]. Rotated on B and BE from 2004.

Changed

- Obesity – New coding and response option for Normal Weight and Underweight. Variable h01_14.
- How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food? [Never; Rarely; Sometimes; Most of the time; Always]. Previously on B, now on A, AE, B and BE.
- On an average school day, how many hours do you watch TV? [I do not watch TV on an average school day; Less than 1 hour per day; 1 hour per day; 2 hours per day; 3 hours per day; 4 hours per day; 5 or more hours per day]. Changed on B and BE from previous question that included "...watch TV, including videos and DVDs". Also added to Form C. Variable h13_14.

Dropped

- How many sodas or pops did you drink yesterday? (Do not count diet soda.) [None; 1; 2; 3; 4 or more]. Dropped from B.
- Yesterday, how much time did you spend watching TV or playing video games? [None, I didn't watch TV yesterday; Less than 1 hour; About 1 hour; About 2 hours; 3 or more hours]. Dropped from C.

Health Conditions and Health Care

Forms B and BE rotated on 5 questions that were asked in 2010 related to asthma, diabetes, oral health, medical check-up, and sleep. To accommodate these questions, 4 questions on disabilities and one on asthma were rotated off. The disability questions have been asked every 4 years since 2004. The asthma question has been asked every 4 years since 2008.

Rotated On

- During the past 12 months, how many days did you stay out of school or stay away from your usual activities because of your asthma? [I do not have asthma.; None; 1 to 2 days; 3 to 4 days; 5 to 10 days; More than 10 days; Not sure]. Last asked in 2010: B and BE. Response option "I don't know" changed to "Not sure".
- When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured? [During the past 12 months; Between 12 and 24 months ago; More than 24 months ago; Never; Not sure]. Last asked in 2010: B and BE.
- During the past 12 months, how many days did you miss some school because of toothache? (Do not include toothache due to braces or injury.) [None; 1 -4 days; 5 days or more; Not sure]. Last asked in 2010: B and BE.
- Have you ever been told by a doctor or other health professional that you have diabetes? [No; Yes; Not sure]. Last asked in 2010: B and BE. Response option "I don't know" changed to "Not sure"
- On an average school night, how many hours do you sleep? [5 hours or less; About 6 hours; About 7 hours; About 8 hours; 9 hours or more]. Last asked in 2010: B and BE.

Changed

- Symptoms of asthma include coughing, wheezing, shortness of breath, and chest tightness when you don't have a cold or the flu. During the past 4 weeks, about how many days per week on average did you have any symptoms of asthma? [Never; 1 or 2 days per week; 3 to

6 days per week; Every day, but not throughout the day; Every day, throughout the day; Not sure]. Response option “I’m not sure” changed to “Not sure”.

- RESCUE inhalers are asthma medicine that you breath in through your mouth that gives you QUICK relief from asthma symptoms. They are PRESCRIBED by a doctor. During the past 4 weeks, about how many days per week on average did you use a rescue inhaler? [Never; 1 or 2 days per week; 3 to 6 days per week; Every day, but not throughout the day; Every day, throughout the day; Not sure]. Response option “I’m not sure” changed to “Not sure”.
- During the past 12 months, how many times did you visit an emergency room or urgent care center because of your asthma? [I do not have asthma.; None; 1 to 3 times; 4 to 9 times; 10 to 12 times; More than 12 times; Not sure]. Response option “I don’t know” changed to “Not sure”.

Dropped/Rotated Off

- Do you have any physical disabilities or long-term health problems lasting or expected to last 6 months or more? [Yes; No; Not sure]. Rotated off B and BE.
- Do you have any long-term emotional problems or learning disabilities lasting or expected to last 6 months or more? [Yes; No; Not sure]. Rotated off B and BE.
- Would other people consider you to have a disability or long-term health problem including physical health, emotional, or learning problems? [Yes; No; Not Sure]. Rotated off B and BE.
- Are you limited in any activities because of a disability or long-term health problem including physical health, emotional, or learning problems expected to last 6 months or more? [Yes; No; Not sure]. Rotated off B and BE.
- During past 12 months, have you had an asthma attack? [Yes; No; I don't know]. Dropped from B and BE.

Sexual Behavior

At the request of numerous stakeholders, Form BE added a question that can be used to estimate sexual orientation among students who have had sexual contact. The question is one of two optional Youth Risk Behavior Survey (YRBS) questions on this topic. Form BE added this question based on feedback from local health jurisdictions that had discussed options with school districts. The other optional question is on Form AE. (See Demographics.) Both questions have strengths and weaknesses. To make space for this question, Form BE dropped the question on ever having had sexual intercourse. That information can be obtained from a question on age at first intercourse.

Added

- During your life, with whom have you had sexual contact? [I have not had sexual contact; Males; Females; Males and females]. New: BE. Variable h103.

Dropped/Rotated Off

- Have you ever had sexual intercourse? [Yes; No]. Dropped from BE. Note: This variable will now be calculated from the question “How old were you when you had sexual intercourse for the first time?” Variable h96_14.

Unintentional Injury

To gather data on several new topics related to unintentional injury: Forms B, BE and C added two questions related to drowning prevention, all forms contain at least one question on driving and texting, Forms A and AE added two questions on driving and marijuana use. To make room for the new questions or as part of a 4-year cycle: Forms B, BE and C do not include questions on bicycle helmets,

Forms B and BE dropped core questions about driving and alcohol use, these will continue on Forms A, AE and C.

Added

- Have you ever taken formal swimming lessons? [Yes; No; Not sure]. New: B, BE and C. Variable h107.
- I am comfortable playing and swimming in water over my head. [Strongly agree; Agree; Disagree; Strongly disagree]. New: B, BE and C. Variable h108.
- During the past 30 days, on how many days did you ride in a car or other vehicle driven by someone who was texting or emailing? [0 days; 1 or 2 days; 3 to 5 days; 6 to 9 days; 10 to 19 days; 20 to 29 days; All 30 days]. New: B and BE. Variable h109.
- During the past 30 days, did you ride in a car or other vehicle driven by someone who was texting or emailing? [Yes; No; Not sure]. New: C. Variable h110.
- During the past 30 days, how many days did you text or email while driving a car or other vehicle? [I did not drive a car or other vehicle during the past 30 days.; 0 days; 1 or 2 days; 3 to 5 days; 6 to 9 days; 10 to 19 days; 20 to 29 days; All 30 days]. New: A, AE, B and BE. Variable h111.
- During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana? [0 times; 1 time; 2–3 times; 4–5 times; 6 or more times]. New: A and AE. Variable h112.
- During the past 30 days, how many times did you drive a car or other vehicle within three hour after using marijuana? [0 times; 1 time; 2–3 times; 4–5 times; 6 or more times]. New: A and AE. Variable h113.

Changed

- During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol? [0 times; 1 time; 2-3 times; 4-5 times; 6 or more times]. No longer core, dropped from B and BE, but still on A and AE.
- During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol? [0 times; 1 time; 2-3 times; 4-5 times; 6 or more times]. No longer core, dropped from B and BE, but still on A and AE.
- In the last 30 days, have you ridden in a car driven by someone who had been drinking alcohol? [Yes; No; Not sure]. Form C: time frame changed from “ever” to “In the last 30 days. Variable h121.

Dropped/Rotated Off

- When you rode a bicycle in the last 12 months, how often did you wear a helmet? [I did not ride a bicycle in the past 12 months; Never; Rarely; Sometimes; Most of the time; Always]. Rotated off B and BE.
- When you ride a bicycle, how often do you wear a helmet? [I do not ride a bicycle; Never wear a helmet; Rarely wear a helmet; Sometimes wear a helmet; Most of the time wear a helmet; Always wear a helmet]. Rotated off C.

Intentional Injuries

At the request of OSPI, Forms A, AE, B and BE added a question about gangs in school. Several stakeholders also asked that we define “gang.” The definition might create a discontinuity in the data for gang membership. To make room for questions in Social and Emotional Learning and Anxiety, Forms B and BE dropped the question on weapon carrying in general, but kept the question on weapon carrying in school. These forms also dropped the question about physical fighting at school. Forms B, BE and C

dropped questions on conflict resolution. Questions in the new Social and Emotional Learning section might provide similar content.

Added

- Are there gangs at your school? [No; Yes; Don't know]. New: A, AE, B and BE. Variable h114.

Changed

- A gang is a group of people with a leader who act together often for violent or illegal activities. During the past 12 months, have you been a member of a gang? [No; Yes]. New introduction added: A, AE, B and BE. Variable h42_14.

Dropped

- During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club for self-protection or because you thought you might need it in a fight? (DO NOT include carrying a weapon for hunting, fishing, or camping.) [0 days; 1 day; 2-3 days; 4-5 days; 6 or more days]. Dropped B and BE.
- During the past 12 months, how often were you in a physical fight on school property? [0 times; 1 time; 2-3 times; 4-5 times; 6 or more times]. Dropped from B and BE.
- I try to work out conflicts or disagreements by talking about them. [Almost always; Often; Sometimes; Seldom; Never]. Dropped from B and BE.
- Do you try to work out your problems by talking about them? [No, never; Yes, some of the time; Yes, most of the time; Yes, all of the time]. Dropped from C.

Physical, Emotional and Sexual Abuse

Due to changing or replacing previously asked questions, data collected by the two 2014 dating violence questions and one question on physical abuse by adults will not be comparable to data on these topics from prior surveys. The changes are consistent with recommendation by the Washington State Department of Health Sexual Violence Prevention Program and other stakeholders. After discussion with local health jurisdictions that also received input from school districts, Form BE added two questions on sexual abuse. It is the same question asked for two different time periods: ever and past 12 months.

Added

- During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.) [I did not date or go out with anyone during the past 12 months; 0 times; 1 time; 2 or 3 times; 4 or 5 times; 6 or more times]. New: B and BE. Variable h115.
- Has any adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury? [No; Yes]. New: B and BE. Variable h104.
- Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to?" [No; Yes]. New: BE. Variable h105.
- In the past 12 months, have you been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to? [No; Yes]. New: BE. Variable h106.

Changed

- During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way? [I did not date or go out with anyone during the past 12 months.; No; Yes]. Form B and BE: "boyfriend/girlfriend" changed to "someone you were dating or going out with". Variable h49_14.

Dropped/Rotated Off

- During the past 12 months, have you had any injuries such as bruises, cuts, black eyes, or broken bones as a result of being hurt by a boyfriend or girlfriend? [No; Yes]. Replaced with new question on B and BE.
- Have you ever been physically abused by an adult? [Yes; No]. Replaced with new question on B and BE.

Mental Health

At the request of the Department of Social and Health Services, we added two core questions to measure anxiety. At the request of OSPI, Forms B and BE added a question about getting information on suicide at school. The 2014 question is a slightly modified version of a 2010 question and the two question are likely comparable. To make room for the questions on anxiety, two questions related to getting help for depression or suicide were rotated off Form B and BE.

Added

- How often over the last 2 weeks were you bothered by: Feeling nervous, anxious or on edge? [Not at all; Several days; More than half the days; Nearly every day]. New: A, AE, B and BE. Variable h116.
- How often over the last 2 weeks were you bothered by: Not being able to stop or control worrying? [Not at all; Several days; More than half the days; Nearly every day]. New: A, AE, B and BE. Variable h117.

Rotated On (modified)

- Last year, did you hear or see information at your school about the warning signs of suicide and how to get help for yourself or a friend? [Yes; No; Not sure]. Rotated on B and BE from 2010 with small change from “Last year in school” to “Last year.” The bolding was also added in 2014.

Dropped/Rotated Off

- How likely would you be to seek help if you were feeling depressed or suicidal? [I never feel depressed or suicidal; Very likely; Somewhat likely; Somewhat unlikely; Very unlikely]. Rotated off B and BE.
- How likely would you be to seek help for a friend who you thought might be depressed or suicidal? [Very likely; Somewhat likely; Somewhat unlikely; Very unlikely]. Rotated off B and BE.

Social and Emotional Learning

At the request of OSPI, Forms B, BE and C added five questions related to social and emotional learning.

Added

- I know how to disagree without starting a fight or argument. [Strongly agree; Agree; Disagree; Strongly disagree]. New: B, BE and C. Variable c26.
- When I have problems at school, I am good at finding ways to solve them. [Strongly agree; Agree; Disagree; Strongly disagree]. New: B, BE and C. Variable c27.
- When I make a decision, I think about what might happen afterward. [Strongly agree; Agree; Disagree; Strongly disagree]. New: B, BE and C. Variable c28.
- I get along well with students who are different from me. [Strongly agree; Agree; Disagree; Strongly disagree]. New: B, BE and C. Variable c29.
- I try to understand how other people feel and think. [Strongly agree; Agree; Disagree; Strongly disagree]. New: B, BE and C. Variable c30.

Gambling

At the request of DSHS, the question about problems cause by gambling was rotated off to make room for new survey questions. The question about past year gambling remains on the survey.

Dropped/Rotated Off

- Has YOUR gambling ever caused you problems at home, school or with your friends? [I have not gambled; Yes; No]. Rotated off A and AE.

School Climate

At the request of OSPI, Forms B and BE added two questions related to bullying at school, two questions about counselors at school and one general question related to social support. To make room for these questions, Forms B and BE dropped what had been a core question on counselors for problems with alcohol, tobacco or other drugs.

Added

- When a student is being bullied at school, how often do teachers or other adults at school try to put a stop to it? [Almost always; Often; Sometimes; Once in a while; Almost never]. New: B and BE. Variable c21.
- If you see bullying or have been bullied at school do you know how to report it? [Yes; No; Not sure]. New: B and BE. Variable c22.
- Does your school have a counselor? [Yes; No; Not sure]. New: B and BE. Variable c23.
- In the last year, did you have any contact with the counselor? [Yes; No]. New: B and BE. Variable c24.
- There are people in this school who will help me if I need it. [Yes; No]. New: B and BE. Variable c25.

Changed

- Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs? [No; Yes; I'm not sure]. No longer core question, dropped from B and BE, still on A and AE. REspo0nse option "I don't know" changed to "Not sure".
- In the past 30 days, has someone used the computer or a cell phone to bully, harass or intimidate you? [Yes; No; Not sure]. Response option "I'm not sure" changed to "Not sure".
- Last year in school, were you taught about AIDS or HIV infection? [Yes; No; Not sure]. Response option "I'm not sure" changed to "Not sure".
- Last year in school, were you taught about abstinence (not having sex) to prevent sexually transmitted diseases (STDs) and pregnancy? [Yes; No; Not sure]. Response option "I'm not sure: changed to "Not sure".
- Last year in school, were you taught about ways other than abstinence to prevent sexually transmitted diseases (STDs) and pregnancy? [Yes; No; Not sure]. Response option "I don't know" changed" to "Not sure".

Perceived Availability of Handguns

The question about the availability of handguns was rotated off to make room for new survey questions.

Dropped/Rotated Off

- If you wanted to get a handgun, how easy would it be for you to get one? [Very hard; Sort of hard; Sort of easy; Very easy]. Rotated of A and AE.

Laws and Norms Favorable to Drug Use

At the request of DSHS and DOH, all references to “smoking marijuana” were changed to “using marijuana”, since marijuana is consumed in methods other than smoking.

Changed

- If a kid used marijuana in your neighborhood, would he or she be caught by the police? [NO!; no; yes; YES!]. Form A, AE and C: the word “smoked” was changed to “used”. Variable m09_14.

Rewards for Prosocial Family Involvement

The questions about prosocial family involvement were rotated off Forms A and AE to make room for new survey questions. The questions are still asked on Form C.

Changed

- My parents notice when I am doing a good job and let me know about it. [NO!; no; yes; YES!]. Rotated off A and AE, still on C.
- How often do your parents tell you they’re proud of you for something you’ve done? [NO!; no; yes; YES!]. Rotated off A and AE, still on C.
- Do you enjoy spending time with your mom? [NO!; no; yes; YES!]. Rotated off A and AE, still on C.
- Do you enjoy spending time with your dad? [NO!; no; yes; YES!]. Rotated off A and AE, still on C.

Parental Attitudes Favorable Towards Drug Use

At the request of DSHS and DOH, all references to “smoking marijuana” were changed to “using marijuana”, since marijuana is consumed in methods other than smoking.

Changed

- How wrong do your parents feel it would be for you to: Use marijuana? [Very wrong; Wrong; A little bit wrong; Not at all wrong]. A and AE: changed the word “smoke” to “use”. Variable f26_14.

Perceived Risk of Drug Use

At the request of DSHS and DOH, all references to “smoking marijuana” were changed to “using marijuana”, since marijuana is consumed in methods other than smoking.

Changed

- How much do you think people risk harming themselves if they: Use marijuana regularly (at least once or twice a week)? [No risk; Slight risk; Moderate risk; Great risk; Not sure]. Form A, AE and C: the word “smoke” was changed to “use”. Variable p03_14.
- How much do you think people risk harming themselves if they: Use marijuana regularly? [No risk; Slight risk; Moderate risk; Great risk; Not sure]. Form C: the definition of regularly “at least once or twice a week) was added to match Form A. The definition was added to Form A from 2008 forward, but was only included on Form C in 2010.

Early Initiation of Drug Use

At the request of DSHS and DOH, all references to “smoking marijuana” were changed to “using marijuana”, since marijuana is consumed in methods other than smoking.

Changed

- How old were you when you first: Used marijuana? [Never have; 10 or younger; 11; 12; 13; 14; 15; 16; 17 or older]. Form A, AE, B and BE: the word “Smoked” was changed to “Used”. Variable p17_14.

Early Initiation of Antisocial Behavior

The questions about early initiation of antisocial behavior were rotated off Forms A and AE to make room for new survey questions.

Dropped/Rotated Off

- How old were you when you first: Got suspended from school? [Never have; 10 or younger; 11; 12; 13; 14; 15; 16; 17 or older]. Rotated off A and AE.
- How old were you when you first: Got arrested? [Never have; 10 or younger; 11; 12; 13; 14; 15; 16; 17 or older]. Rotated off A and AE.
- How old were you when you first: Carried a handgun? [Never have; 10 or younger; 11; 12; 13; 14; 15; 16; 17 or older]. Rotated off A and AE.
- How old were you when you first: Attacked someone with the idea of seriously hurting them? [Never have; 10 or younger; 11; 12; 13; 14; 15; 16; 17 or older]. Rotated off A and AE.

Favorable Attitudes Toward Drug Use

At the request of DSHS and DOH, all references to “smoking marijuana” were changed to “using marijuana”, since marijuana is consumed in methods other than smoking.

Changed

- How wrong do you think it is for someone your age to: Use marijuana? [Very wrong; Wrong; A little bit wrong; Not wrong at all.]. Form A, AE and C: the word “Smoke” was changed to “Use”. Variable p35_14.

Interaction with Antisocial Peers

The questions about interaction with antisocial peers were rotated off Forms A and AE to make room for new survey questions.

Dropped/Rotated Off

- Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have: been suspended from school? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends]. Rotated off A and AE.
- In the past year (12 months), how many of your best friends have: Carried a handgun [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friend]. Rotated off A and AE.
- In the past year (12 months), how many of your best friends have: Sold illegal drugs? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends]. Rotated off A and AE.
- In the past year (12 months), how many of your best friends have: Stolen or tried to steal a motor vehicle such as a car or motorcycle? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends]. Rotated off A and AE.
- In the past year (12 months), how many of your best friends have: Been arrested? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends]. Rotated off A and AE.

- In the past year (12 months), how many of your best friends have: Have dropped out of school? [None of my friends; 1 of my friends; 2 of my friends; 3 of my friends; 4 of my friends]. Rotated off A and AE.

Intentions to Use

The questions about intentions to use were rotated off Forms A and AE to make room for new survey questions.

Dropped/Rotated Off

- When I am an adult I will smoke cigarettes. [NO!; no; yes; YES!]. Rotated off A and AE.
- When I am an adult I will drink beer, wine, or liquor. [NO!; no; yes; YES!]. Rotated off A and AE.
- When I am an adult I will smoke marijuana. [NO!; no; yes; YES!]. Rotated off A and AE.