

# Healthy Youth Survey 2010

## Changes from 2008 Survey

### Survey Forms A, B, C and new Form NS

To manage the length of the survey with the breadth of information desired by agencies and stakeholders, there is "Form A" and "Form B" for the survey for grades 8, 10, and 12. The 6th grade survey is a single version (Form C), with fewer questions, but includes most of the core items. Form NS is a version of Form B that does not have the sexual behavior questions on the Tearoff. Form NS is 4 questions shorter than Form B, otherwise it is exactly the same.

<b>Form A Changes for 2010</b>
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Form A has 133 questions in the body and 15 questions on the tear-off. (The 2008 Form A had 133 questions in the body and 18 on the tear-off.)

### Questions Rotating On To Form A:

Lifetime use of steroids.

### Questions Rotating Off of Form A:

- Dropped protective factor scale that measures community rewards for pro-social involvement (this was questions 21-23 on 2008 Form A)
  - My neighbors notice when I am doing a good job and let me know.
  - There are people in my neighborhood or community who encourage me to do my best.
  - There are people in my neighborhood or community who are proud of me when I do something well.
- Dropped 3 of the 4 questions in the scale Rewards for Anti-social Involvement. See 46A-D on 2008. Dropped:

What are the chances you would be seen as cool if you:

  - Smoked cigarettes?
  - Smoked marijuana?
  - Carried a handgun?

[Kept “what are the chances you would be seen as cool if you began drinking alcoholic beverages regularly...”, question number 45 on 2010.]
- From the 30-day use questions, dropped
  - Use methamphetamines (meth, crystal meth, crank)? Do not include other types of amphetamines.
  - Use inhalants (things you sniff to get high).
- Dropped “How old were you the first time you smoked a whole cigarette?”
- Dropped one question from Social Skills Protective factor scale asking what they would do if they wanted to go out and their Mom said to stay in. Scale will be recalculated for 2010.

### **New Questions Added to Form A:**

- During the past year in school, how many times did you get information in classes about reasons not to use alcohol or drugs?
- If you had to guess, how many students in your grade at school drank alcohol during the past 30 days? Answer options from “0 (none)” to “10 out of 10”.
- My school will punish students who are caught using alcohol or drugs. (See number 58.)
- Think about the students in your school. If you had to guess, how wrong do most students in your grade think it is to drink alcohol regularly? (See question number 70.)
- Added to Form A, so now part of the core:
  - During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?
  - During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

### **Wording Changes to Form A:**

- Reword the Ritalin question “Some kids take a medicine prescribed by their doctor to help with hyperactivity or focus (ADD). Some names for this medicine are Ritalin, Adderall, or Concerta. In the past 30 days have you taken one of these drugs?” Answer options allow the respondent to say no, yes---prescribed by my doctor, and yes, but NOT prescribed by my doctor. (See item 54 on 2010 form.)
- The lifetime use of inhalants, heroin, methamphetamines, and cocaine were changed from an “age of first use” set-up, to “have you ever, even once in your life...”
- The answer options have been revised on the question about where alcohol is obtained. We dropped the rarely selected options of “internet” and “stole it from a store,” and added “from an older brother or sister” and “at a family celebration, ceremony, or party.”

NOTE: The risk factor scale measuring parental disapproval toward drinking, smoking cigarettes, and smoking marijuana was moved from the tear-off to the body of the survey.

<b>Form B Changes for 2010</b>
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While Form A focuses on substance use and risk and protective factors, Form B has a broader group of stakeholders and a focus which includes substance use and other issues such as nutrition, physical activity, injury, mental health indicators. Because of that, Form B rotates more questions than Form A. Revisions to Form B were made after input from stakeholders including school personnel, local public health, community agency representatives and state agency programs.

Survey Length: In 2010 there are 121 questions (106 on main and 15 on Tearoff). In 2008 there were 127 items (111 in main and 16 on Tearoff).

Below are lists of the question changes to Form B for 2010. Note some of these are abbreviated versions of the actual questions.

### **Questions Rotating On To Form B:**

- Bullying Module (Note: two of the bullying module questions had stayed on the 2008 survey and will continue in the 2010 survey: bullying because of sexual orientation and bullying via computer or cell phone)
  - Past 30 days: bullied or harassed because of race
  - Past 30 days: bullied or harassed because of religion
  - Past 30 days: bullied or harassed because of gender
  - Past 30 days: bullied or harassed because of disability
  - Past 30 days: bullied or harassed for any other reason
- Ever been physically abused by an adult? (*Tearoff*)
- Ever seen an adult physically hurt another adult? (*Tearoff*)
- Past 7 days: In car with someone smoking?
- Not counting chores, ever injured requiring provider visit while working for pay?
- Type of place currently work
- On an average school night, how many hours do you sleep?
- Past 30 days, using Prescription narcotics to get high

### **Questions Rotating On to Form B With a Wording Change:**

- Last year in school, did you hear or see information at your school about the warning signs of suicide and how to get help for yourself or a friend?

### **Questions Rotating Off of Form B:**

- Past 12 months: asthma attack
- Ever been given asthma plan by health professional
- Past 12 months: taken preventive asthma medicines
- Disability Screener (4 questions)
  - Physical disabilities or health problems expected to last 6 months or more
  - Long-term emotional problems, learning disabilities last 6 months or more
  - Other people consider you have disability, health problem
  - Limited in activities because of disability, health problem
- Past 30 days: number days carry a gun
- I try to work out conflicts or disagreements by talking about them
- Fruit and Vegetable Module:
  - Past 7 days: Number of times drank juice
  - Past 7 days: Number of times ate fruit
  - Past 7 days: Number of times ate salad
  - Past 7 days: Number of times ate potatoes
  - Past 7 days: Number of times ate carrots
  - Past 7 days: Number of times ate other vegetables
- Age first time you smoked whole cigarette
- In past year, did you practice ways to say no to tobacco in classes.
- Past 12 months: tried to quit using tobacco?
- Would you use or wear something with tobacco ad?
- Past 30 days: smoked pipe, number of days

- Past 30 days: smoked bidis, number of days
- Past 30 days: smoked clove cigarettes, number of days
- Past 30 days- smoked flavored tobacco in hookah
- Smoked cigarettes every day for 30 days
- Past 30 days: number of cigarettes per day
- During past 30 days, seen or heard ads on dangers of drinking alcohol
- Not including drinking and driving, parents talked to you about not drinking

#### **Questions Dropped from Form B:**

- Do you currently live with your parents
- Past 7 days: number days 20 minutes physical activity, sweat
- Past 7 days: number days 30 minutes physical activity, no sweat

#### **New Questions Added to Form B:**

- During the past 4 weeks, about how many days per week did you have any symptoms of asthma?
- During the past 4 weeks how often have you used a rescue inhaler?
- Not including menthols: During the past 30 days, on how many days did you use tobacco that tastes like candy, fruit or alcohol (tobacco includes: little cigars, bidis, cloves, chew, spit, snus, hookah)?
- During the past 12 months, how many days did you miss some school because of toothache?
- On an average weekend night (Friday and Saturday night), how many hours do you sleep?
- Have you ever had sexual intercourse?- *added to Tearoff*
- How old were you when you had sexual intercourse for the first time? - *added to Tearoff*
- With how many people have you ever had sexual intercourse? - *added to Tearoff*
- The **last time** you had sexual intercourse, did you or your partner use a condom- *added to Tearoff*
- Are rules about drugs and alcohol use at school enforced?

#### **Other Wording Changes to Form B:**

- Last year in school, were you taught about abstinence (not having sex) to prevent sexually transmitted diseases (STDs) and pregnancy?
- Last year in school, were you taught about ways other than abstinence to prevent STDs and pregnancy?
- Has your parent or guardian served in the military (Army; Navy; Air Force; Marines; Coast Guard; National Guard; and Reserves)? Also Not sure added
- Has your military parent or guardian been sent to Iraq, Afghanistan, or other combat zone? Also Not sure added
- Hours currently work: response options combined
- Where do you currently live: response options were shortened and revised

<b>New Form: Form NS</b>
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No changes as this is a new form for 2010.

<b>Form C Changes for 2010</b>
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**Survey Length:** The 2010 Form C will have 82 questions on the main body and 8 on the Teraoff. It will be 8 items shorter than the 2008 survey.

**Questions Rotating On To Form C:**

Past 7 days: number of days in same car with someone smoking cigarettes

**Questions Rotating Off of Form C:**

- When you rollerblade or skateboard, how often wear helmet
- I try to work out problems by talking about them
- What trying to do about your weight?
- Did you buy sodas at school?
- In past year, did you practice ways to say no to tobacco in classes.
- Age first time you smoked whole cigarette
- Would you use or wear something with tobacco ad?

**Questions Dropped From Form C**

- Average school day: number hours watch TV or play video games
- Peer-Individual Protective Factor: Interaction with Prosocial Peers scale:
  - Thinking about 4 best friends: participated in clubs
  - Thinking about 4 best friends: made commitment to stay drug free
  - Thinking about 4 best friends: liked school
  - Thinking about 4 best friends: regularly attended religious services
  - Thinking about 4 best friends: tried to do well in school

**New Questions Added to Form C:**

- Parent or guardian in military
- Miss any school because of a toothache
- Past 30 days Not counting alcohol, tobacco, or marijuana, use another illegal drug?
- During the past year in school, how many times did you get information in classes about reasons not to use alcohol and other drugs?