



## Listen to what Washington youth say!

### Washington State Healthy Youth Survey

School districts • Communities • Counties • State

*In 2018, over 230,000 youth in 6<sup>th</sup> - 12<sup>th</sup> grade participated in the Healthy Youth Survey. They answered a wide variety of questions about their health and health behaviors. All responses were voluntary and anonymous.*

**school climate** • school safety • bullying • substance use • school attendance • **risk and protective factors** • school • community • family • individual/peer • **unintentional injury behaviors** • motor vehicle safety • bicycle safety • water safety • **intentional injury behaviors** • suicide • weapon carrying • fighting • gangs • **alcohol, tobacco, and other drug use** • alcohol use • tobacco use • marijuana use • other drug use • **health status and health care** • asthma • disability • access to care • HIV/AIDS education • pregnancy and STD prevention education • depression • **physical activity and dietary behavior** • obesity • exercise • physical education classes • TV watching • video game playing • healthy eating • drinking sodas • **and more . . . .**

*Survey results are used by schools, communities, parent groups, youth, public health agencies, and others, for . . .*

- Program planning
- School and community policy development
- Town hall meetings
- Parent/youth forums
- Evaluating health promotion efforts
- Directing resources
- Public education
- Research to understand health links
- And more

*Access Healthy Youth Survey results at our website [www.askHYS.net](http://www.askHYS.net)*

See the “Survey Results” menu to access:

- **Fact Sheets:** Pre-formatted fact sheets on important HYS topics at the state, county, and local level.
- **Q x Q Analysis:** An interactive data query system to analyze **state** and **local** results for a single HYS question or to analyze two questions together—that is crossing one Question by another Question (Q x Q).
- **Frequency Reports:** Full survey results at the state, ESD, county, and local levels, as well as for selected demographic groups and special geographic regions.
- **Additional Reports:** Statewide analytic reports with survey details and trend results, as well as technical reports.

**In 2018, the Healthy Youth Survey was completed by 234,610 students . . . in all 39 counties, in 238 school districts, in 970 schools.**

► For background and information go to [www.HYS.wa.gov](http://www.HYS.wa.gov).

State and county reports are available to the public at [askHYS.net](http://askHYS.net).

Request school district reports from your district superintendent. See [askHYS.net/Home/GetAccess](http://askHYS.net/Home/GetAccess).

*The Healthy Youth Survey is a collaborative effort between school districts, communities, and the state.*

*State agencies involved in the Healthy Youth Survey Planning Committee include the following*



Washington State  
Liquor and Cannabis Board