

# Healthy Youth Survey

## What is it?

A survey administered every two (2) years to Washington students in grades 6 to 12. The survey is voluntary, anonymous, and free for schools to participate in.

## Who takes it?

Students in 6th, 8th, 10th, and 12th grade take the survey. In smaller districts where there are 150 students or fewer in a grade, the survey can be administered to students in 7th, 9th, and 11th grade.

## Who sponsors HYS?

The survey is a joint effort between the Office of Superintendent of Public Instructions (OSPI), the Department of Health (DOH), Health Care Authority (HCA), and the Liquor and Cannabis Board (LCB).

## What does it ask?

The survey asks students their thoughts, feelings, and behaviors pertaining to a variety of health and safety topics, including school climate and community safety, anxiety and depression, substance use and misuse, and healthy eating habits and physical activity.

**72% of 8th grade students stated they have people at school who will help them if they need it<sup>1</sup>**

<sup>1</sup> Results from the 2021 Healthy Youth Survey

## How can I access the results of the survey?

All results can be found on [www.askhys.net](http://www.askhys.net).

Click on the "Survey Results" menu to access:

- [Fact Sheets](#)
- [Frequency Reports](#)
- [QxQ Analysis](#)

Click on the "Resources" menu to access:

- [Survey Questionnaires](#)
- [Training & Tools](#)

## Who comes up with the questions on the survey?

Questions on the survey come from the Youth Risk Behavior Survey (YRBS), which is conducted by the Centers for Disease Control and Prevention (CDC), as well as other surveys and resources.

## Quick Facts

- In 2021, over 200,000 students participated in the survey from 215 school districts in all 39 counties.
- The next survey will be administered in the fall of 2023.
- Educational Service District (ESD), county, and state results are available to everyone on [www.askhys.net](http://www.askhys.net)
- Results can help inform schools, parents, and communities of students, thoughts, feelings and behaviors as well as current health trends and concerns. Data from the survey can be used to apply for grants and inform program planning and development.



## Topics of Questions Asked

Abuse	Marijuana
Attendance	Mental health (depression, anxiety, suicide)
Activities and clubs	Nutrition
Alcohol	Physical activity
Asthma	Safety-related behaviors/Violence
Bullying/Harassment	School climate
Children's Hope Scale	School support
Community connectedness	Screen time (including video games)
Demographics (age, gender, ethnicity)	Sexual health
Drug use and abuse	Sexual orientation
Gambling	Support from friends, family, and adults
Gangs	Texting and driving
Honesty	Vaping/Electronic cigarettes

## Survey Form A, B, and C

In an effort to collect as much information as possible without asking the students too many questions, there are three versions of the survey administered.

- Form A and B are given to students in grades 8 to 12.
- Form C is given to students in grades 6 and 7.
- There are some "core" questions asked on both Form A and B.
- There are also optional questions about sexual behavior and abuse that schools can include as well. Not all schools ask the optional questions.

## Additional Resources

OSPI's Healthy Youth Survey page- <https://www.k12.wa.us/student-success/health-safety/healthy-youth-survey>

- Survey questions broken down by topic
- How to do a Question by Question Analysis
- How to access HYS reports
- Alignment of Association of Washington School Principal (AWS)P Leadership Framework and Healthy Youth Survey