



healthy
youth
SURVEY

HEALTHY YOUTH SURVEY 2025

Presenters



Megan Suter
HYS Principal Investigator



Francesca Matias
Youth Engagement
Program Supervisor



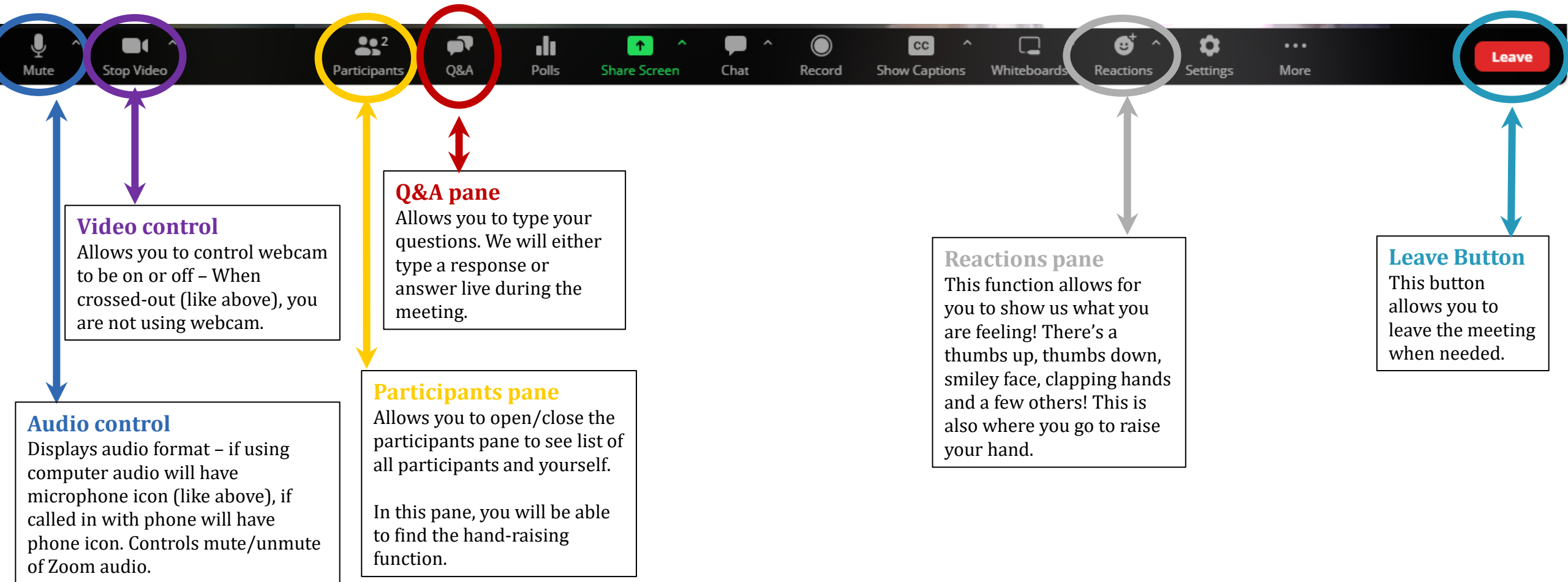
Jaymie Vandagriff
Prevention Research &
Evaluation Manager



Kristen Haley
Public Health
Education Liaison



Overview of Zoom controls



Audio control
Displays audio format – if using computer audio will have microphone icon (like above), if called in with phone will have phone icon. Controls mute/unmute of Zoom audio.

Video control
Allows you to control webcam to be on or off – When crossed-out (like above), you are not using webcam.

Participants pane
Allows you to open/close the participants pane to see list of all participants and yourself.

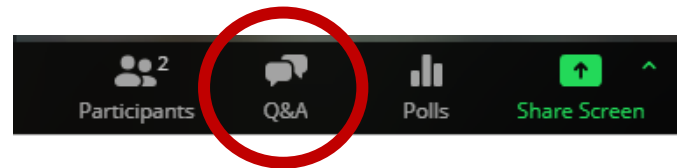
In this pane, you will be able to find the hand-raising function.

Q&A pane
Allows you to type your questions. We will either type a response or answer live during the meeting.

Reactions pane
This function allows for you to show us what you are feeling! There's a thumbs up, thumbs down, smiley face, clapping hands and a few others! This is also where you go to raise your hand.

Leave Button
This button allows you to leave the meeting when needed.

Have a question during the
meeting today?
Ask it using the Q&A function!




We will do our best to either type
a response or answer your
question live.

Please note that the Q&A is public.



Outline

- Background and participation
 - Methods and interpretation
 - Overview of results
 - Accessing results (products)
 - Utilizing results
 - Resources
- 

Statewide Collaboration



- Sarah Mariani
- Rebecca Ruiz
- Jaymie Vandagriff



- Maayan Simckes
- Megan Suter
- Eileen Rillamas-Sun
- Dan Hoffman



- Dixie Grunenfelder
- Matthew Frizzell
- Francesca Matias
- Kelsey Osborne



- Kristen Haley
- Tyler Watson
- Sarah Okey



- Joe Kabel
- Susan Richardson

Statewide Partners

- Schools
- Tribes
- CPWI Coalitions & Schools
- Educational Service Districts
- Local Health Jurisdictions

Communications Team

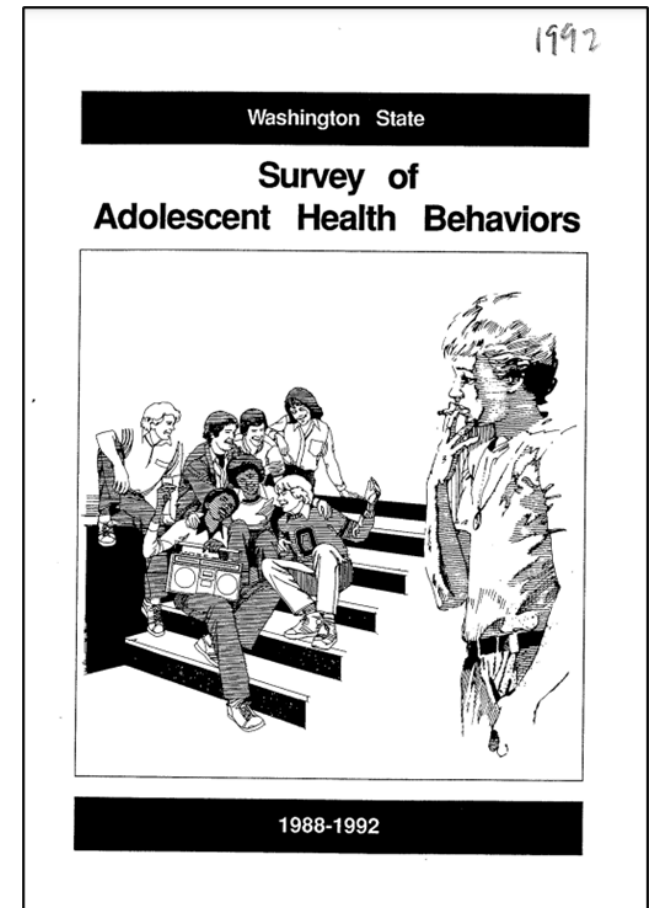
- HCA: Melissa Thoemke and Katie Pope
- DOH: Marisol Mata Somarribas
- OSPI: Katy Payne
- LCB: Kristen Haley

Purpose of the HYS

- ▶ Identify trends and patterns in adolescent health behaviors
- ▶ Identify areas of need to inform policy and practice
- ▶ Evaluate the impact of school and community prevention efforts
- ▶ Provide data for grants and other funding sources

Background

- ▶ Started in 1988, became HYS in 2002
- ▶ Questions from national surveys and partners
- ▶ Autumn of even years 2002-2018; in odd years from 2021 forward
- ▶ Students in 6th-12th grade
- ▶ Administered through school setting



HYS Participation 2018-2025

Participation	2018	2021	2023	2025
All Students	234,694	208,638	217,546	213,515
<i>Percent in eligible public school students</i>	66%	58%	60%	60%
All Schools	970	877	873	874
<i>Public Schools</i>	966	870	864	867
<i>Private/Charter Schools</i>	2	6	5	4
<i>Tribal Schools</i>	2	1	3	3
Districts	228	215	212	203
Counties	39	39	39	39
ESDs	9	9	9	9

Methods

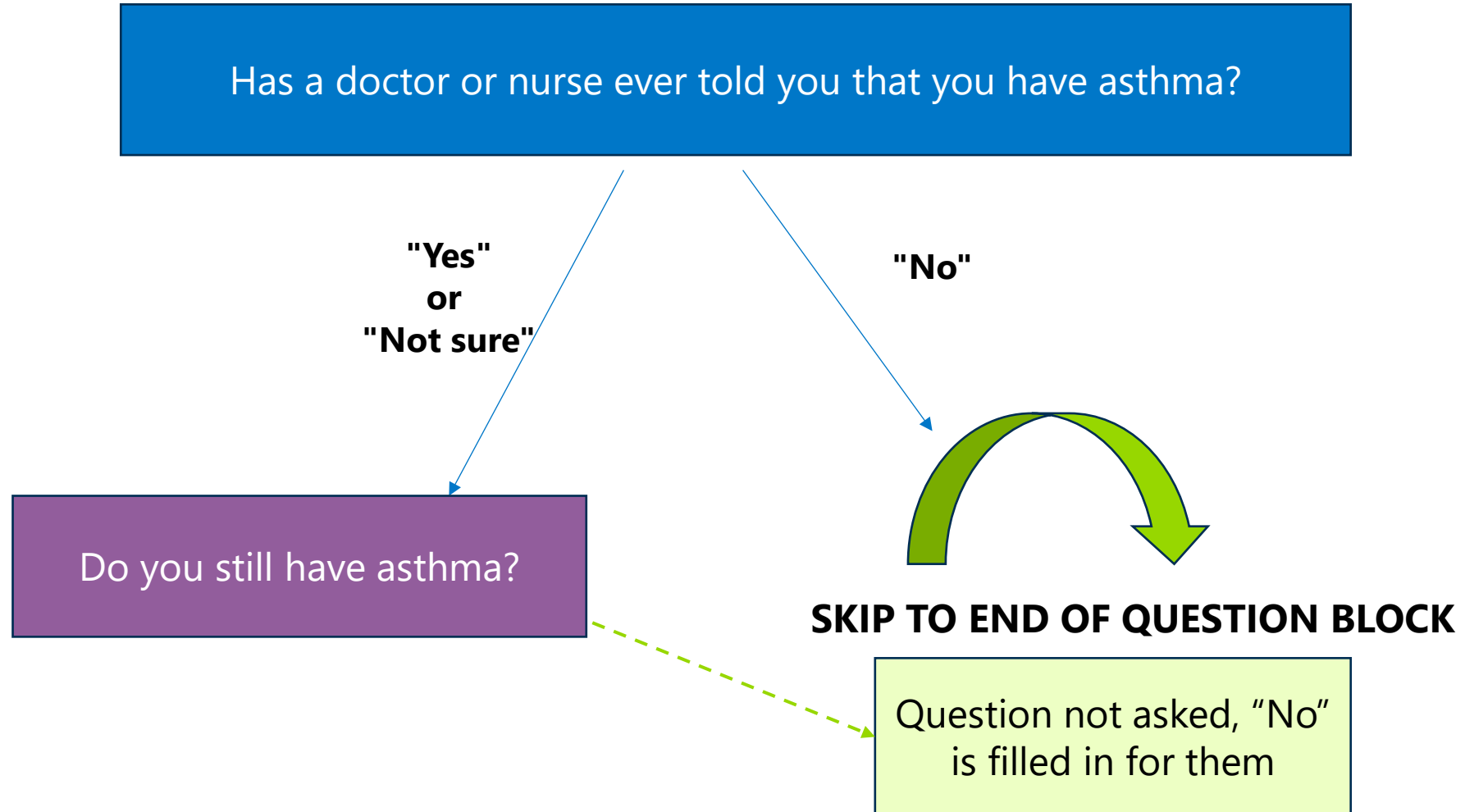
HYS 2025: Survey Methods Overview

- ▶ Same as 2023
- ▶ Fully online, in person
 - ▶ Online schools can request to participate remotely (*test-like conditions*)
- ▶ Skip patterns (*to reduce survey burden*)
- ▶ Elementary version for grades 6-7
 - ▶ Opt-in gender identity question
- ▶ Secondary version for grades 8-12
 - ▶ Core and bank model for grades 8-12 (*to reduce survey burden*)
 - ▶ Core questions given to all
 - ▶ Blocks of bank questions randomized to ~50% of students
 - ▶ Exemptions for sexual behavior and sexual violence questions

HYS 2025: Exemptions and Opt-In

- ▶ Proportion of 8-12th grade participants:
 - ▶ Around **75%** attended schools that **asked sexual behavior or sexual violence questions**
 - ▶ Around **24%** attended schools that had an **exemption for both sexual behavior and sexual violence questions**
 - ▶ Around **1%** attended schools that were **exempt from only sexual behavior questions**
- ▶ Opt-In process for a 6/7th grade modified gender question
 - ▶ **42%** of participating 6th and 7th graders were asked this question

HYS 2025: Skip Logic and Backfill



Validity of Results

- ▶ Validity--Can we trust the HYS results?
 - Measures to encourage honest answers
 - Remove survey with inconsistent, improbable answers
 - Established, regularly followed data cleaning procedures



Representative Results

- ▶ Are our HYS results representative of your school/district/area?
 - ▶ Response Rates within your frequency report
 - ▶ Groups of students that did or did not participate

Survey Participation in this Report

<i>Number of students surveyed:</i>	1,957
<i>Number of valid responses:</i>	1,908
<i>Number of enrolled students*:</i>	3,199
<i>Your survey participation rate**:</i>	60%

* The estimate of enrolled students is based on figures from the 2021-22 school year, provided by OSPI.

** The survey participation rate is the number of valid responses divided by the number of enrolled students.

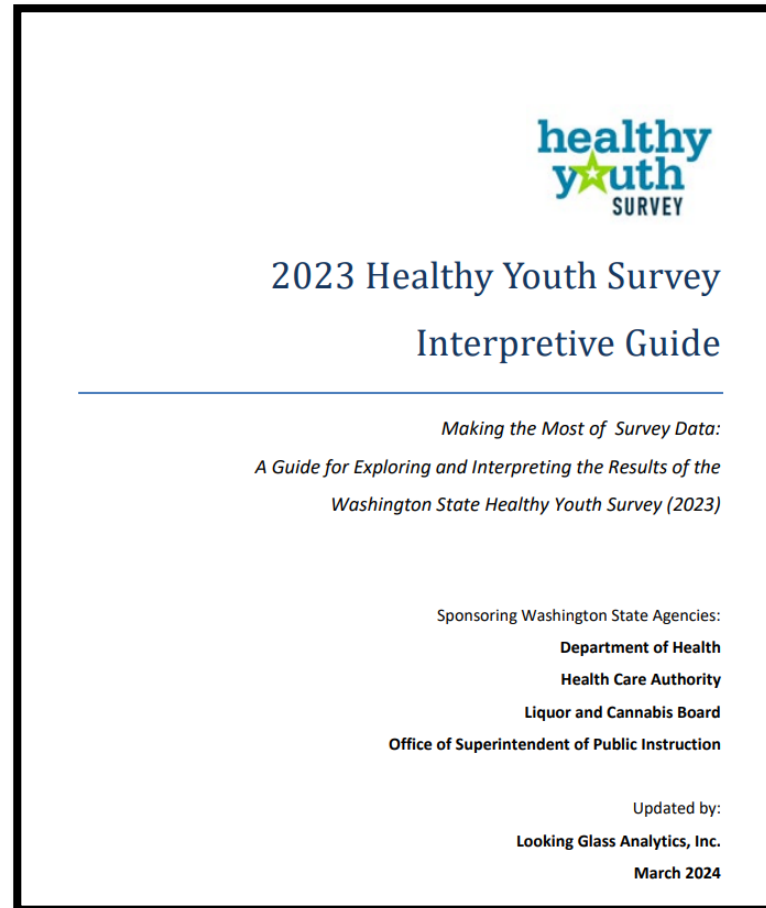
- ▶ What if they are **not** representative?
 - ▶ Use caution when interpreting results and comparing results over time
 - ▶ Work with the school(s) to understand who did (and did not) participate
 - ▶ Explain limitations
 - ▶ *"Students at our school **who took the survey** said..."*



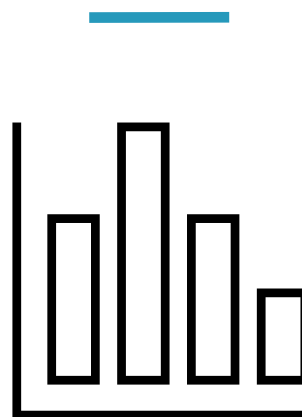
Interpreting Trends

- ▶ Dramatic changes in 2021 compared to pre-pandemic for many indicators; stability or small improvements in 2023
 - ▶ 2025 results show **continued stability** for many indicators
- ▶ Suggestive of a new “normal” range
- ▶ Significant response option changes in 2025 for some questions could impact trends; interpret those with more caution
 - ▶ See the Data Dictionary in the Data Resources of AskHYS.net for details

Interpretive Guide



Results Overview



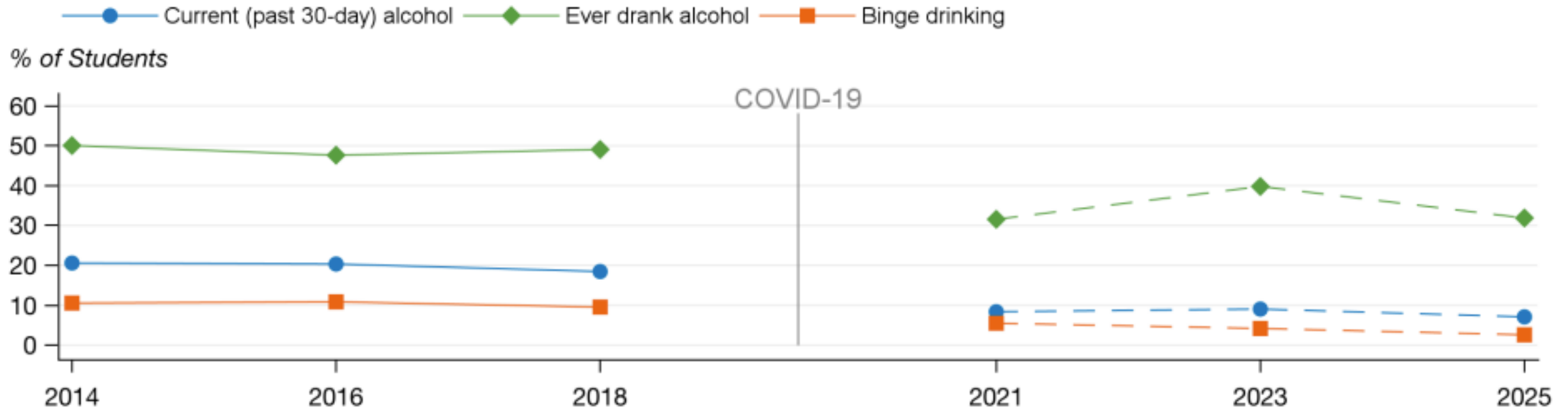
HYS 2025 Substance Use (Grade 10)

- ▶ Substance use remains **low** since 2021.
- ▶ Past 30-day substance use for alcohol, marijuana*, vaping, and cigarettes **significantly decreased** from 2023 to 2025
 - ▶ Alcohol: 7.1%
 - ▶ Marijuana: 5.5%
 - ▶ Vaping: 6.1%
 - ▶ Cigarettes: 1.6%
 - ▶ **Lower** than comparable national results (Monitoring The Future study)

**HYS 2025 used the word "marijuana" based on student input on survey comprehension*

HYS 2025 Substance Use (Grade 10)

Alcohol Use - 2014-2025, Grade 10



HYS 2025 Substance Use (Grade 10)

- ▶ Past 30-day substance use for other illegal drugs, painkillers, and prescription drugs **decreased** from 2023 to 2025
 - ▶ Remains $\leq 1\%$
- ▶ In 2025, **most** 10th grade youth said they **never**, in their lifetime, used:
 - ▶ Alcohol (68.1%)
 - ▶ Marijuana (87%)
 - ▶ E-cigarettes/vapes (83.7%)
 - ▶ Cigarettes (91.2%)

Lifetime Rare Substances (Grade 10)

- ▶ Psilocybin: **1.5%**
- ▶ Hemp-derived marijuana products (Delta-8, Delta-10, etc.): **1.4%**
- ▶ Bath salts: **0.7%**
- ▶ Ecstasy, Molly, MDMA: **0.7%**
- ▶ Methamphetamines: **0.7%**
- ▶ Fentanyl: **0.6%**
- ▶ Synthetic products (K2, spice): **0.4%**
- ▶ Heroin: **0.4%**
- ▶ Kratom: **0.3%**

HYS 2025 Mental Health (Grade 10)

- ▶ Continued **decrease** in mental health concerns from pre-pandemic (2018)
- ▶ Depressive feelings and considering suicide **decreased** from 2023 to 2025
 - ▶ ~One in three (29%) report **anxious** feelings
 - ▶ ~One in four (26%) report **depressive** feelings
 - ▶ 12% considered suicide
 - ▶ 10% planned suicide
 - ▶ 5.5% attempted suicide

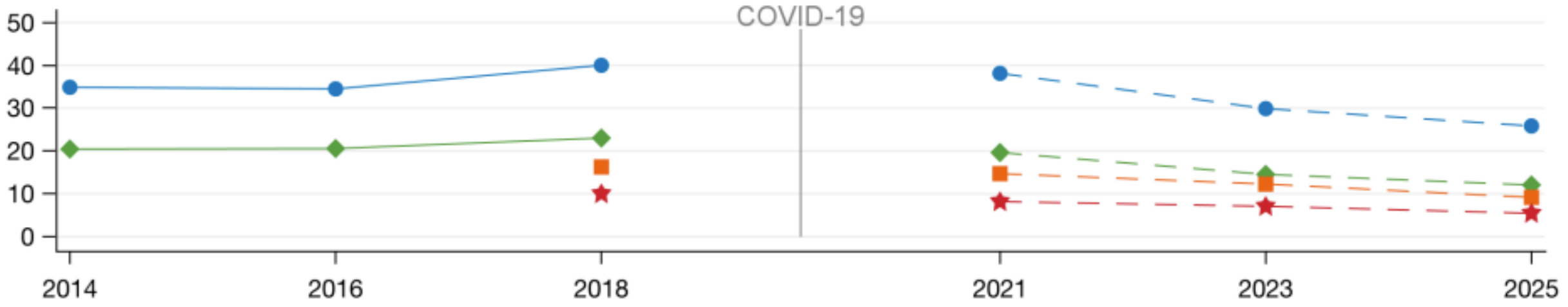


HYS 2025 Mental Health (Grade 10)

Feeling Sad/Hopeless and Suicide - 2014-2025, Grade 10

- Feeling sad/hopeless
- ◆ Considered attempting suicide
- No adults to turn to when sad or hopeless
- ★ Attempted suicide

% of Students



HYS 2025 Gambling (Grade 10)

- ▶ Among 10th graders, about **1 in 8** reported they have gambled in the past year
- ▶ Increasing since 2021
 - ▶ 2021: 9%
 - ▶ 2023: 10%
 - ▶ 2025: **12.7%**
- ▶ Gambling has now surpassed 30-day alcohol, marijuana, and tobacco use among 10th graders

New Gambling/Gaming (Grade 10)

- ▶ In 2025, new question on online activities:
- ▶ In the past 30 days, which of the following actions have you participated in while online?
 - ▶ Paid money to purchase an in-game item **22.2%**
 - ▶ Bet money while playing a mobile game on your device **3.8%**
 - ▶ Bought an in-game item using virtual money or points **28.4%**
 - ▶ Placed one or more bets on sporting events **3.9%**
 - ▶ Won a prize online that you were very excited to receive **9.2%**
 - ▶ Played any online game **63.6%**
 - ▶ None of these **31.7%**
- ▶ *Take -aways:* online gaming is common. This can include simulated gambling, which is a risk factor for later gambling.

HYS 2025 Disordered Eating

- ▶ NEW in 2025 – we now have 2 cycles of results
- ▶ **Burden remains high!**
- ▶ Among 10th graders:
 - ▶ **57%** reported **at least one dangerous weight control behavior** in the past year, such as restricting (e.g., fasting), bingeing, taking diet pills, or vomiting.
 - ▶ **49%** said a friend or family member made them **feel bad about their body or what they were eating.**
 - ▶ Weight control behaviors are **higher** among youth who experience **body or food shaming** compared to youth who do not (74% vs. 40%).
- ▶ National shift to improve surveillance – questions now on National and State YRBS surveys and BRFSS in some states

HYS 2025 Violence and Injury

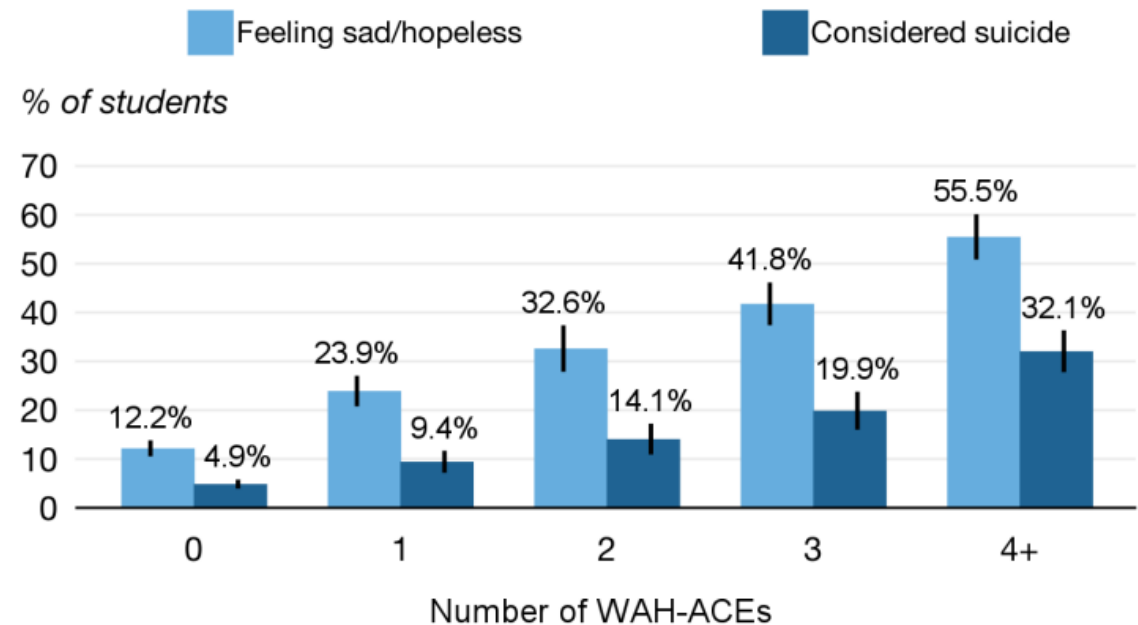
- ▶ **Perceived access to firearms...**among 10th graders:
 - ▶ **14%** said getting a handgun would be “**very**” or “**sort of**” **easy** (19% in 2023)
 - ▶ Of these, **56%** said they could shoot it if they wanted to (new in 2025)
- ▶ **Risky driving...**among 10th graders in the past year:
 - ▶ **9%** rode with a driver who'd been **drinking alcohol** (12% in 2023).
 - ▶ **8%** rode with a driver who'd been **using marijuana** (11% in 2023).
- ▶ **Distracted driving...**among 12th graders who drove in the past 30 days:
 - ▶ **52%** drove while **using their cell phone**

HYS 2025 Adverse Childhood Experiences

▶ Number of ACEs reported by 10th graders **remained steady from 2023.**

- ▶ **43%** reported **no ACEs**
- ▶ **24%** reported **1 ACE**
- ▶ **14%** reported **4 or more ACEs**

▶ Youth who felt **sad/hopeless** in the last 2 weeks or **considered suicide** report higher ACE scores



HYS 2025 Hope Scale

▶ Among 10th graders

▶ No or very little hope: **7%**

▶ Slightly hopeful: **18%**

▶ Moderately hopeful: **25%**

▶ Highly hopeful: **51%**



76% moderately or highly
hopeful about the future

▶ **5% higher** than 2021 and 2023; same as pre-pandemic levels (2018)

▶ Computed from four questions about agency (ability) and pathways (capacity) related to the future

HYS 2025 Screen Time & Social Media

- ▶ Screen time/social media use **remain widespread**
- ▶ Among 10th graders in 2025:
 - ▶ **69%** spent 3+ hours on a school day **on their screens** (70% in 2023)
 - ▶ **80%** used social media at least **one time per day** (79% in 2023)
 - ▶ **30%** used social media at least **one time per hour** (29% in 2023)
- ▶ **Keep in Mind:** Only **time spent** is captured – nothing about content.
 - ▶ Social media use does not necessarily have a negative effect for all youth.

School Trends Remain Stable

- ▶ The majority of 10th grade students reported having social support in school, which is **unchanged from** 2023:
 - ▶ Have adults to turn to when feeling sad or hopeless (59.4% in 2023 vs. 61.3% in 2025)
 - ▶ Have people from school who would help them (77% in 2023 vs. 77% in 2025)
- ▶ Levels of bullying in 10th grade have **remained relatively flat** with 84.7% reporting not being bullied in the past 30 days (83.4% in 2023).
- ▶ Between 2023 and 2025, the percentage of students who did not participate in school activities because they felt unsafe was **stable**.
 - ▶ Nearly all students (92.8% in 2023 and 94.7% in 2025) missed 0 days.
- ▶ The percentage of 10th grade students reporting they were taught about consent and healthy relationships was **consistent** between 2023 (75.5%) and 2025 (79.9%).
- ▶ Commitment to school (48.3% in 2023 and 52.7% in 2025)

Revised Questions Without Trend Comparison

- ▶ In 2025, 10th grade students reported:
 - ▶ They received information from their school about the **warning signs of suicide** (64.1%)
 - ▶ Low risk of **academic failure** (67.1%)
 - ▶ **Opportunities** for prosocial involvement in schools (82.0%)
 - ▶ **Rewards** for prosocial involvement in schools (78.1%)

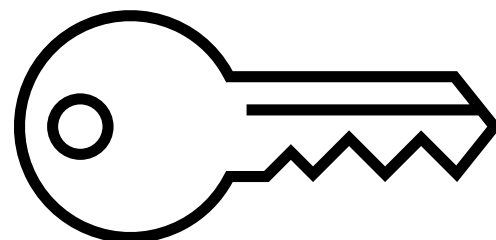
Takeaways

- ▶ Emphasis on student resiliency and finding hope
- ▶ Health indicators trending in **positive directions**
- ▶ Substance use has mostly **remained steady** since 2021
- ▶ Mental health trends **continue in the right direction**
- ▶ Report **more social support** at school and at home

We can't pull back our momentum.

We must continue working together to support youth and make positive change.

Accessing Results



HYS Results

www.AskHYS.net/SurveyResults

- ▶ Public: state, ESD, county
- ▶ Not public: school district, schools
 1. Frequency Reports (by question)
 2. Fact Sheets (by topic)
 3. QxQ Analysis Tool (cross-tabulation)
 4. Other Reports (detailed analysis)
 5. Data Dashboard (NEW!)

Frequency Reports



Healthy Youth Survey 2025

Report of Results

Statewide Results

Grade 10

March 1, 2026

Looking Glass Analytics
Ruston, WA

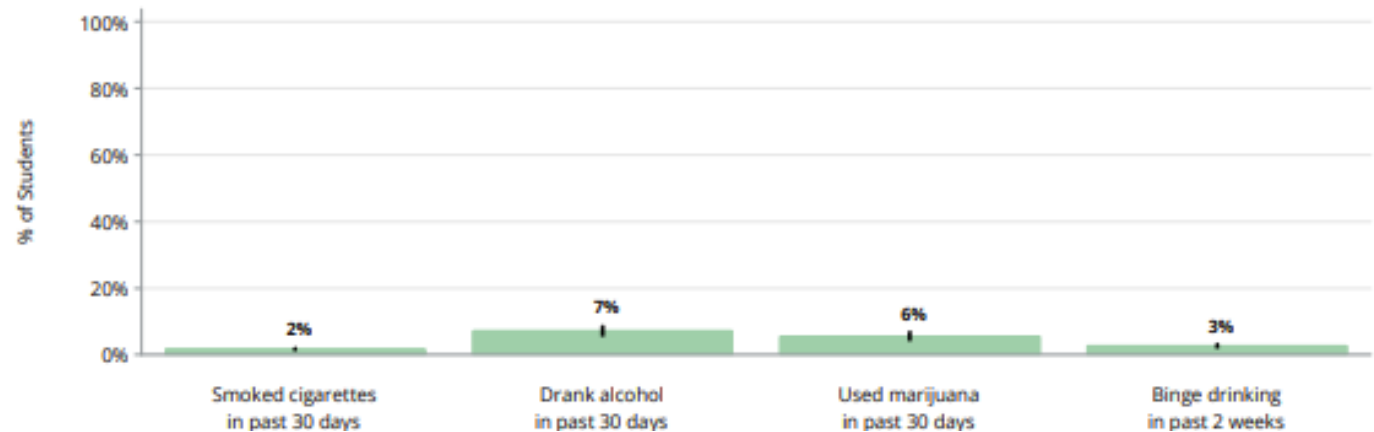
Statewide Results

Grade 10

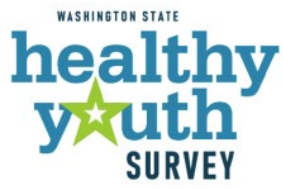
Highlights of the Local Results

Local students and students statewide reported the following behaviors and attitudes:

Substance Use	Statewide % (±CI)
Smoked cigarettes in past 30 days	1.6% (±0.5)
Drank alcohol in past 30 days	7.1% (±1.6)
Used marijuana in past 30 days	5.5% (±1.4)
Binge drinking in past 2 weeks	2.6% (±0.7)



Fact Sheets



Mental Health and Well Being Fact Sheet 2025
 Washington State, Grade 10
 Students surveyed = 7,141

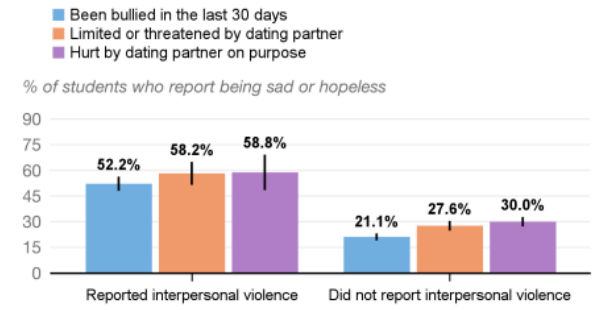
Introduction

- Feeling sad, hopeless, and fearful every so often is normal in adolescent growth and development.
- Adolescents who are feeling sadness, hopelessness, or worry persistently over long stretches of time or when these emotions affect their daily activities or physical health may be suffering from depression or anxiety, which are treatable mental health conditions.
- Trauma, abuse, and bullying can increase the likelihood of depressive feelings and anxiety in adolescents.¹
- Severe depression in adolescents can result in self-harm, suicidal thoughts, and suicidal attempts.
- Having a trusted adult that they can turn to for help and support is important for adolescents with depressive thoughts or with anxiety and can improve the chance for receiving proper medical treatment.

HYS 2025 Mental Health and Well Being Fact Sheet
 Washington State, Grade 10



Statewide Relationship between Feeling Sad/Hopeless and Interpersonal Violence, Grade 10



Statewide, youth who reported interpersonal violence were more likely to report feeling sad or hopeless than those who did not.

The bar chart above shows the statewide relationship between feeling sad/hopeless and interpersonal violence for grade 10 in 2025

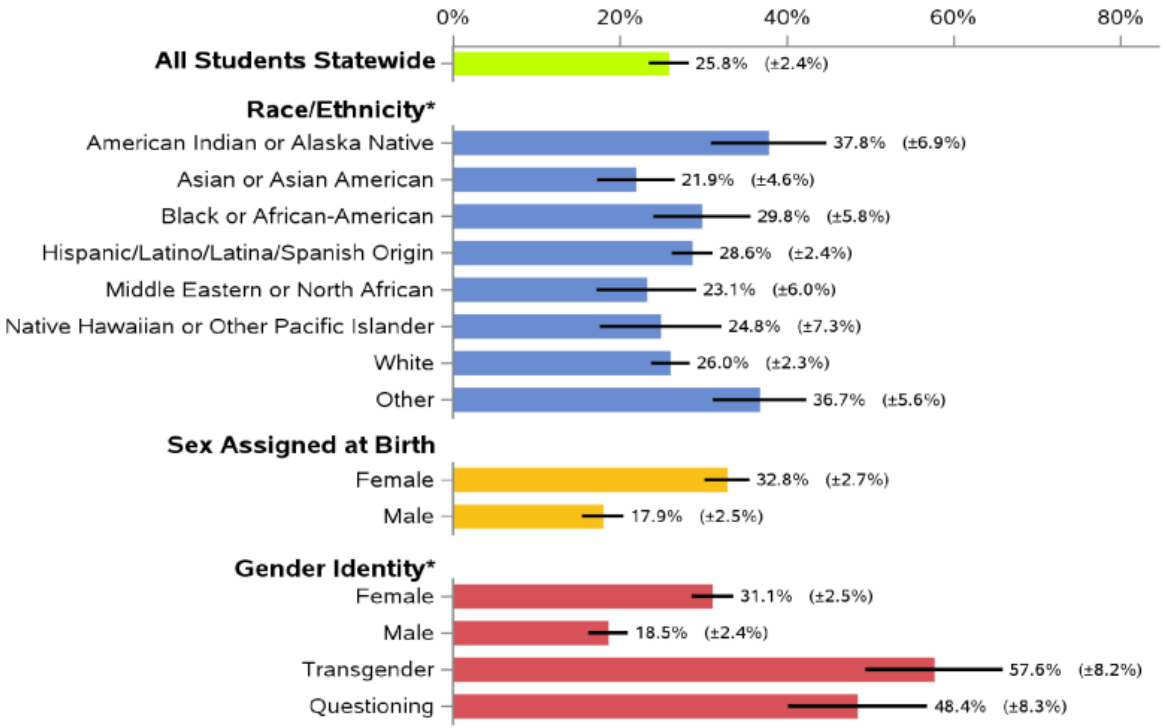
Student group	Results
Been bullied in the last 30 days	52.2% report being sad or hopeless (±4.2%)
Have not been bullied in the last 30 days	21.1% report being sad or hopeless (±2.0%)

Student group	Results
Limited or threatened by dating partner	58.2% report being sad or hopeless (±6.7%)
Have not been limited or threatened by dating partner	27.6% report being sad or hopeless (±2.8%)

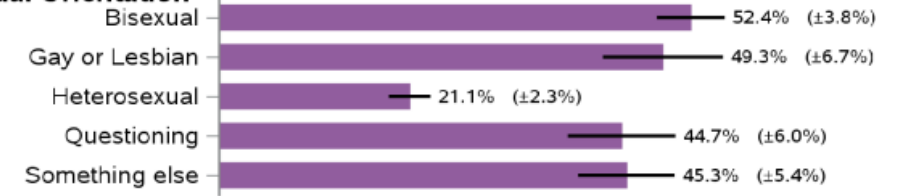
Student group	Results
Hurt by dating partner on purpose	58.8% report being sad or hopeless (±10.4%)
Have not been hurt by dating partner on purpose	30.0% report being sad or hopeless (±2.8%)

Fact Sheets

Statewide Relationship between Feeling Sad/Hopeless and Demographics, Grade 10, 2025



Sexual Orientation*



Sexually or Gender Diverse**



Disability



Migratory Working Family



*Categories in this demographic factor are presented alone or in combination with other categories of the same factor; students who select more than one response are shown under each response.

**Sexually or gender diverse youth are defined as any student selecting “transgender”, “questioning/not sure”, “something else fits better”, or multiple options for gender identity, or any student selecting “gay or lesbian”, “bisexual”, “questioning/not sure”, “something else fits better”, or multiple response options for sexual orientation.

QxQ Analysis Tool (updated!)

Need help using the QxQ online query system? [See the QxQ Instructions \(PDF\)](#)

Having trouble finding a variable in the Available Variables dropdown menu? See the [Crosswalk tab](#) in the HYS Data Dictionary and Crosswalk (XLSX) to find the Category, Subtopic, and QxQ Dropdown Title for each survey question.

The Data Dictionary and Crosswalk is here: [Data Dictionary and Crosswalk.xlsx](#)

1 Select Survey Year

2025

3 Available Variables

Variable Topics: Disabilities

- Any Disability (Disable_25)
- Limited Activities Due to Disability or Health Problem (H2I)
- Individualized Education Plan (IEP) or 504 (H138)
- Disability - Autism (H131_25A)
- Disability - ADHD (H131_25B)
- Disability - Developmental or Intellectual (H131_25C)
- Disability - Learning (H131_25D)
- Disability - Mental Health Condition (H131_25E)
- Disability - Mobility (H131_25F)
- Disability - Sensory (H131_25G)
- Disability - Other Health Condition (H131_25H)
- Disability - None (H131_25I)

A row variable is required.

GET REPORT

2 Filter Variables (required)

Geography

State ESD County

State Sample

4 Row Variable (required)

4 Column Variable (optional)

4 Breakout Variable (optional)

Grade

Grades

LEGEND

- Required variable
- All Grades
- Elementary only
- Secondary only
- Cannot be used with other selected variables

Data Dashboard – Trend View

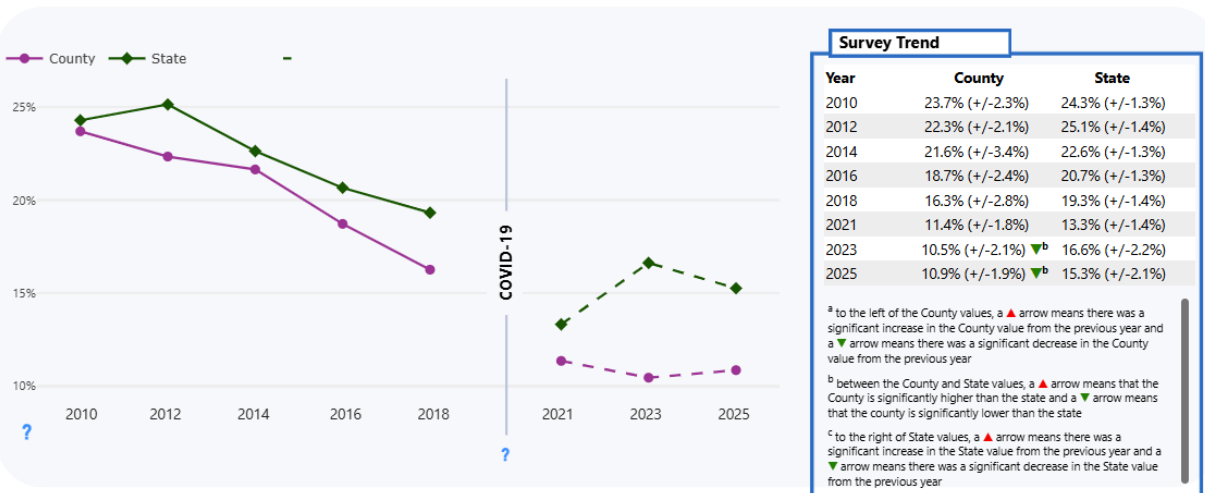
Choose Analysis ? Help

- Select Year**
N/A
- Select Grade**
10th Grade
- Select Location**
County/ESD Statewide
King County
- Select Topic**
Bullying and Harassment
- Select Measure**
 Bullying
 Bullied Due to Perceived Sexual Orientation
 Bullied Due to Race/Ethnicity
 Know How to Report Bullying
 School Tries to Stop Bullying
 Receipt of Sexually Explicit Messages
 Social Media Harassment

Healthy Youth Survey Data Dashboard

Trend View
 Breakout View
 Map View
 Data View

Measure: **Bullying** Location: King County Grade: 10 Survey Years: 2010 - 2025



The Bullying measure is based on the following question: Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way. In the last 30 days, how often have you been bullied?

The percentage of students who "Any times" are reported.

Note: The wording of this question and/or its response options have changed over time. To see how the question was asked in previous years, click on the question in the left sidebar.

Data Dashboard – Breakout View

Choose Analysis Help

1 Select Year
2025

2 Select Grade
10th Grade

3 Select Location
County/ESD Statewide

4 Select Topic
Alcohol

5 Select Measure

- Current Alcohol Drinking**
- Lifetime Alcohol Use
- Binge Drinking
- Access to Alcohol
- Riding with Drinking Driver
- Parental Discussions about Alcohol
- Perceived Risk from Daily Alcohol
- Caught by Police if Drinking Alcohol
- Disapproves of Youth Alcohol Use

State Trend View | **State Breakout View** | State Data View

Measure: Current Alcohol Drinking **Location:** Statewide Sample **Grade:** 10 **Survey Year:** 2025

6 Select Breakout Category

Demographics | Risk Factors | Living Situation

Disability | Rural/Urban

%Current Alcohol Drinking in State Sample:

State

0% 50% 100%

Demographics

by Gender Identity	State
Male	6.6% (± 1.5%)
Female	7.6% (± 2.0%)
Transgender	11.5% (± 5.0%)
Questioning	10.5% (± 5.2%)
Something else	10.2% (± 5.5%)

by Sexual Orientation	State
Heterosexual	6.6% (± 1.5%)
Gay or Lesbian	12.5% (± 4.7%)
Bisexual	13.1% (± 3.7%)
Questioning	5.0% (± 2.9%)
Something else	8.0% (± 4.0%)

by Race/Ethnicity	State
Am Indian/AK Native	12.3% (± 4.1%)
Asian	3.5% (± 1.7%)
Black	7.3% (± 3.3%)
Hispanic	6.6% (± 1.4%)
Pacific Islander	8.3% (± 4.4%)
M East/N African	6.3% (± 5.2%)
White	8.5% (± 1.9%)
Other	6.2% (± 2.6%)

%Current Alcohol Drinking:

...by Gender Identity

Male

Female

Transgender

Questioning

Something else

...by Sexual Orientation

Heterosexual

Gay or Lesbian

Bisexual

Questioning

Something else

...by Race/Ethnicity

Am Indian/AK Native

Asian

Black

Hispanic

Pacific Islander

M East/N African

White

Other

0% 50% 100%

Data Dashboard – Map View

Choose Analysis ? Help

1 Select Year
2025

2 Select Grade
10th Grade

3 Select Location
Counties

4 Select Topic
Alcohol

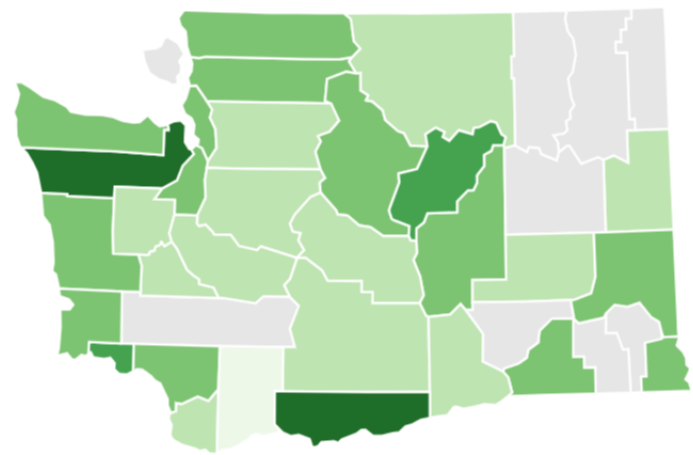
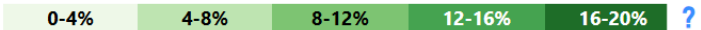
5 Select Measure

- Current Alcohol Drinking
- Lifetime Alcohol Use
- Binge Drinking
- Access to Alcohol
- Riding with Drinking Driver
- Parental Discussions about Alcohol
- Perceived Risk from Daily Alcohol
- Caught by Police if Drinking Alcohol
- Disapproves of Youth Alcohol Use

2025 Healthy Youth Survey Data Dashboard

Trend View Breakout View **Map View** Data View

Measure: **Current Alcohol Drinking** By County Grade: 10 Survey Year: 2025



County	Surveys	% Yes	% +/-
Statewide (sample)	6,121	7.1%	1.6%
Adams	278	6.8%	3.0%
Asotin	170	11.8%	4.9%
Benton	1,588	7.8%	1.3%
Chelan	436	9.4%	2.8%
Clallam	359	11.7%	3.3%
Clark	3,289	7.7%	0.9%
Cowlitz	678	8.3%	2.1%
Douglas	355	12.7%	3.5% ▲
Grant	749	8.4%	2.0%
Grays Harbor	518	9.8%	2.6%
Island	311	9.0%	3.2%
Jefferson	115	17.4%	7.0% ▲
King	3,494	6.4%	2.6%
Kitsap	1,398	8.2%	1.4%
Kittitas	182	6.0%	3.5%
Klickitat	152	19.1%	6.3% ▲
Mason	301	7.6%	3.0%

Current Alcohol Drinking across counties ranged from 2.7% to 19.1%
(Statewide: 7.1%)

▲ ▼ A red arrow pointing up means the County is significantly higher than the state. A green arrow pointing down means the County is significantly lower than the state.

The Current Alcohol Drinking measure is based on the following question: During the past 30 days, on how many days did you have an alcoholic drink? A drink is a glass of wine, a bottle or can of beer, a shot glass of liquor, a mixed drink, etc.

The percentage of students who answered "Any days" are reported.

Note: The wording of this question and/or its response options have changed over time. To see how the question was asked in previous years, please see the HYS Dashboard Dictionary and Crosswalk on the [Data Resources](#) page.

Data Dashboard – Data View

Choose Analysis Help
 2025
Select Grade
 10th Grade
Select Location (County/ESD)
 County/ESD Statewide
 King County
Select Topic
 Alcohol
Select Measure
 Current Alcohol Drinking
 Lifetime Alcohol Use
 Binge Drinking
 Access to Alcohol
 Riding with Drinking Driver
 Parental Discussions about Alcohol
 Perceived Risk from Daily Alcohol
 Caught by Police if Drinking Alcohol
 Disapproves of Youth Alcohol Use

2025 Healthy Youth Survey Data Dashboard

Trend View Breakout View Map View **Data View**

Measure: **Current Alcohol Drinking** Location: King County Grade: 10 Survey Year: 2025

Breakout Data:

Location	Grade	Measure	Breakout	Breakout Value	County %	County +/-	State %	State +/-
King County	10th Grade	Current Alcohol Drinking	Grades in School	Mostly A's	5.2%	2.5%	5.5%	1.7%
King County	10th Grade	Current Alcohol Drinking	Grades in School	Mostly B's	7.2%	3.1%	7.8%	1.8%
King County	10th Grade	Current Alcohol Drinking	Grades in School	Mostly C's	7.3%	3.2%	7.1%	2.2%
King County	10th Grade	Current Alcohol Drinking	Grades in School	Mostly D's/F's	11.2%	9.7%	12.1%	4.2%
King County	10th Grade	Current Alcohol Drinking	Gender Identity	Male	6.4%	2.4%	6.6%	1.5%
King County	10th Grade	Current Alcohol Drinking	Gender Identity	Female	6.4%	3.3%	7.6%	2.0%
King County	10th Grade	Current Alcohol Drinking	Gender Identity	Transgender	15.5%	7.6%	11.5%	5.0%
King County	10th Grade	Current Alcohol Drinking	Sexual Orientation	Heterosexual	6.1%	2.5%	6.6%	1.5%
King County	10th Grade	Current Alcohol Drinking	Sexual Orientation	Gay or Lesbian	13.5%	6.6%	12.5%	4.7%
King County	10th Grade	Current Alcohol Drinking	Sexual Orientation	Bisexual	10.0%	3.8%	13.1%	3.7%
King County	10th Grade	Current Alcohol Drinking	Sexual Orientation	Questioning	5.6%	3.4%	5.0%	2.9%
King County	10th Grade	Current Alcohol Drinking	Race/Ethnicity	Am Indian/AK ...	13.3%	9.8%	12.3%	4.1%

Note: Some of the grades in the data download are suppressed. Click [here](#) to download the 2025 Alcohol topic data for King County as a spreadsheet and all measures in the topic)

Trend Data:

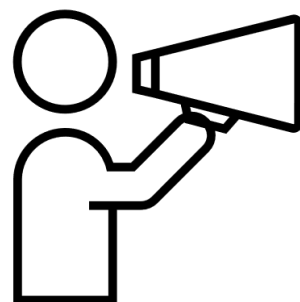
Location	Grade	Year	Measure	County %	County +/-	State %	State +/-
King County	10th Grade	2025	Current Alcohol Drinking	6.4%	2.6%	7.1%	1.6%
King County	10th Grade	2023	Current Alcohol Drinking	7.8%	3.7%	9.1%	1.5%
King County	10th Grade	2021	Current Alcohol Drinking	9.8%	4.0%	8.4%	1.6%
King County	10th Grade	2018	Current Alcohol Drinking	16.5%	2.2%	18.5%	1.7%
King County	10th Grade	2016	Current Alcohol Drinking	18.1%	3.0%	20.3%	1.4%
King County	10th Grade	2014	Current Alcohol Drinking	19.5%	3.3%	20.6%	1.6%

The Current Alcohol Drinking measure is based on the following question: During the past 30 days, on how many days did you have an alcohol drink? A drink is a glass of wine, a bottle or can of beer, a shot glass of liquor, a mixed drink, etc.

The percentage of students who answered "Any days" are reported.


Note: The wording of this question and/or its response options have changed over time. To see how the question was asked in previous years, visit the HYS Dashboard Dictionary and Crosswalk on the [Data Resources](#) page.

Utilizing Results



*How do you plan to
use HYS results?*

Talking Tips!

- ▶ Keep it simple
 - ▶ Double check your numbers and note that HYS results are estimates
 - ▶ Include the confidence interval
 - ▶ Acknowledge participation rates
 - ▶ Say “About”
 - ▶ Ask others to review your work before you share it
 - ▶ Don’t speculate – acknowledge your limitations
 - ▶ It’s ok to say “I don’t know, I’ll get back to you”
 - ▶ Be compassionate – there are youth behind all HYS numbers
 - ▶ Include a call-to-action for your audience
- 

How does DOH use the results?

A NEEDS ASSESSMENT OF RURAL YOUTH SUBSTANCE USE IN WASHINGTON

February 2021

This report is the second part of a two-part [needs assessment](#) of rural youth substance use in Washington. In this report, we utilized data from the Washington State Healthy Youth Survey to compare substance use rates, trends, risk and protective factors in rural and non-rural communities in Washington. The purpose of this analysis is to identify factors influencing substance use in rural Washington communities and examine how that is different from non-rural Washington communities. Below are six key findings from this analysis.



Maternal and
Child Health
Block Grant

2024 Application and 2022
Report



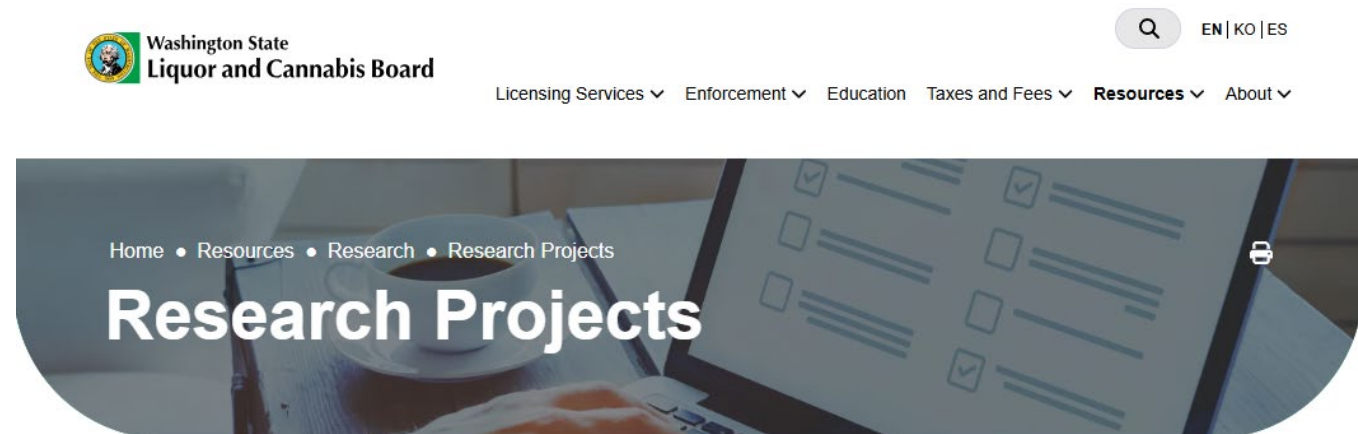
How does OSPI use results?

- Raise awareness of youth thoughts, feelings and behaviors; provide insight on current health trends
- Make evidence-based decisions; provides information to identify conditions that impact student learning
 - [Title IV, Part A – Stronger Connections Grant](#)
- Apply for grants, and inform programming and planning
 - [LifeSkills Grants](#)



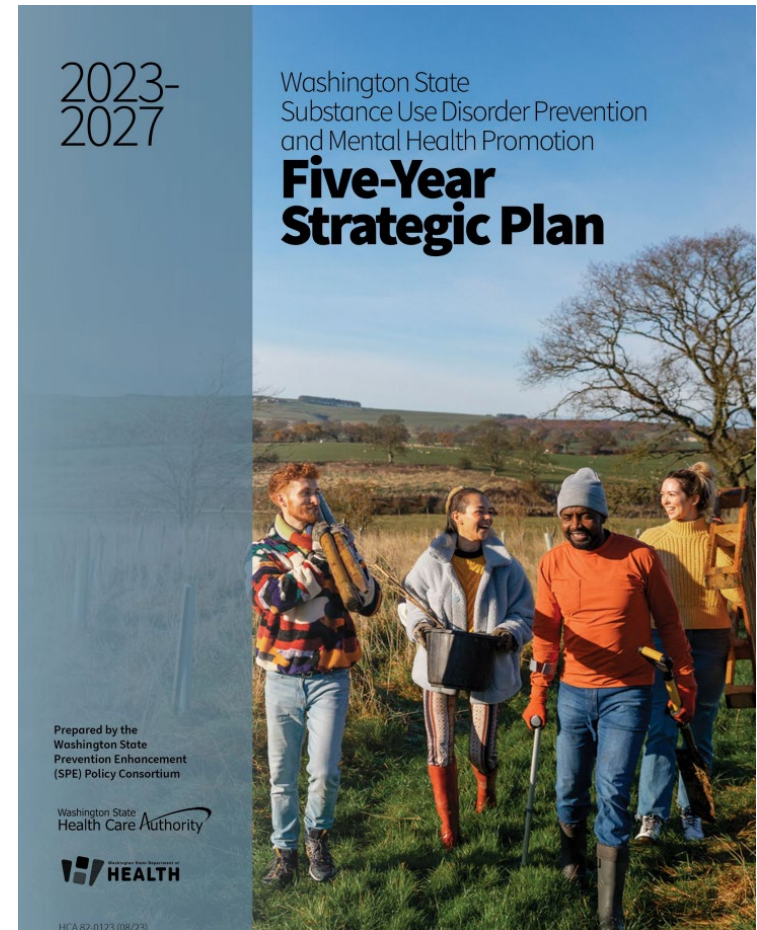
How does LCB use results?

- Educating Board Members and the public
 - 2026 LCB Board Caucus meeting June 2
 - Articles in Topics and Trends quarterly newsletter
 - Measuring progress (e.g. youth access)
- Informing research



How does HCA use the results?

- Prioritizing funding for areas with highest need
- Evaluating outcomes over time
- [Statewide Strategic Prevention Enhancement \(SPE\) Policy Consortium Strategic Plan](#)
- [Community-Based Organization \(CBO\)](#) grants for substance use disorder prevention and mental health promotion/suicide prevention
- [Community Prevention and Wellness Initiative \(CPWI\)](#) in nearly 100 communities
- Leveraging additional funding and resources
 - DBHR P25 Section: Systems of Care and Healthy Transitions grants



Training & Resources

▶ www.AskHYS.net/Resources/Data

Data Resources

HYS Interpretive Guide

Information to help those involved in local program planning make the most of their survey results. Includes an overview of statistical considerations, local reports, and ways to use local data.

[HYS Interpretive Guide \(PDF\)](#)

Using your Healthy Youth Survey Results

Training on accessing, understanding, interpreting, and communicating HYS results from Spring 2022.

[Training Presentation \(PDF\)](#)
[Recorded Training Webinar \(MP4\)](#)

HYS Data Dictionary and Crosswalk

An Excel file with a tab for each survey administration year that includes details about the survey questions, variables, and locations of questions on survey forms and reports.

[Data Dictionary and Crosswalk \(XLSX\)](#)

Testing Significant Difference

A tool to determine if two survey results are different from another. Enter the percentage and confidence interval for two results to test for statistical significance.

[Tool for Determining HYS \(XLS\)](#)

HYS Chart Template

A template to create standardized HYS charts. Users can enter data, titles, location and more into sheet to create localized data charts.

[HYS Chart Template \(XLSX\)](#)

Data Analysis & Technical Assistance Manual

A manual for users with an individual record dataset that establishes standard methods for simple frequency and crosstab analysis of Healthy Youth Survey data. Supports STATA programming of HYS analysis.

HYS 2027 Revision Process

- ▶ External revision process is paused for the 2027 cycle while the Planning Committee focuses on minor adjustments and quality assurance
 - ▶ We are still accepting comments and questions on an ongoing basis:

Submit HYS questions and
comments directly to:

https://lgan.qualtrics.com/jfe/form/SV_5dUI6jnnaNgM30a

Thank YOU for making this survey possible!

Questions?

- ▶ Megan Suter, DOH
 - ▶ healthy.youth@doh.wa.gov
- ▶ Francesca Matias, OSPI
 - ▶ francesca.matias@k12.wa.gov
- ▶ Jaymie (Bockelman) Vandagriff, HCA DBHR
 - ▶ hcahealthyyouthsurvey@hca.wa.gov
- ▶ Kristen Haley, LCB
 - ▶ Kristen.haley@lcb.wa.gov
- ▶ Susan Richardson, Looking Glass Analytics (Contractor)
 - ▶ surveyadmin@askhys.net

Submit HYS questions and comments directly to:

https://lgan.qualtrics.com/jfe/form/SV_5dUI6jnnaNgM30a