



Healthy Youth Survey 2021

Report of Results

Statewide Results

Grade 12

March 1, 2022

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More information about the Healthy Youth Survey is available at www.AskHYS.net

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For a detailed list of all of the survey questions by topic - please use the Questions by Topic section in the back of this report.

Statewide Results

Grade 12

Introduction and Overview

This report presents results from the fall 2021 Healthy Youth Survey in Washington State. This survey was sponsored by the Health Care Authority, the Department of Health, the Office of Superintendent of Public Instruction, and the Liquor and Cannabis Board in cooperation with schools throughout the state of Washington.

Survey questions covering the same topics are grouped together when possible but be sure to consult the Questions by Topic index for related questions when searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The dot points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site under Training and Tools: <http://www.askhys.net/Reports/Additional>.

Survey Participation in this Report

Number of students surveyed:	5,848
Number of valid responses:	5,672
Number of enrolled students*:	12,992
Your survey participation rate**:	44%

* The estimate of enrolled students is based on figures from the 2021-22 school year, provided by OSPI.

** The survey participation rate is the number of valid responses divided by the number of enrolled students.

Caution about Participation and Bias

Please use the following guidance when reviewing your results:

- 70% or greater participation—Results are probably representative of students in this grade.
- 40–69% participation—Results may be representative of students in this grade.
- Less than 40% participation—Results are likely not representative of students in this grade but do reflect students who completed the survey.

There may be limitations to your results even if you have a high participation rate. For instance, a particular group of students (say, the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or School District level, you should also consider whether the schools that participated represent all students in that area.

Comparing Results

This report includes a new feature that shows if the local results are different from the statewide results. If local results are significantly different from the state (the confidence intervals do not overlap), there will be an “*” between the two results to note the difference.

In the example below, lifetime marijuana use is significantly lower for local students (9%) compared to students statewide (16%).

19. Have you ever, even once in your life: Used marijuana?	Your Students (n = 400)		Statewide (n = 8,500)
a. Yes	9.0% (± 3.0)	*	16.0% (± 1.0)
b. No	91.0% (± 3.0)	*	85.0% (± 1.0)

Special Considerations for HYS 2021 and the COVID-19 Pandemic

The COVID-19 pandemic led to several important changes in the usual HYS process and structure that may have an impact on the results. Due to the unexpected shift to primarily remote learning, the HYS was not administered in fall 2020 as it was originally intended. Instead, the HYS Planning Committee determined it would be best to delay the survey to fall 2021. This ensured a process could be created for students who needed to take the survey remotely and it allowed the Planning Committee to add a small number of COVID-19-related questions to support future preparedness and response in schools and communities. In addition, the decision was made to expand e-survey/online survey administration across the state. All of this led to a number of factors that may or may not have had an impact on the results:

- 1) Delaying the survey by a year means a change in the cohort of students being surveyed. HYS has historically been offered in Fall of even years to students in grades 6, 8, 10 and 12. So, roughly the same cohort of students were ultimately being surveyed every two years as they advanced.
- 2) The Planning Committee chose to halt plans for a more extensive evaluation of the e-survey mode compared to paper that was scheduled for HYS 2020. Instead, the shift to an e-survey mode without the in-depth comparison makes it more difficult to determine whether the survey mode (paper vs e-survey) has an effect on how students answer questions. Only a very small number of schools elected to do the survey on paper in 2021.
- 3) Schools were allowed to administer the e-survey remotely in Fall 2021 to accommodate students who may be doing hybrid or fully distanced learning. The vast majority of students took the survey in-person at school, though a small number did take the survey remotely. The potential impact of having students complete the survey remotely is still being assessed.
- 4) Finally, the pandemic itself has led to massive changes in the lives of Washington youth. Increases and decreases in HYS 2021 data may be more a reflection of the pandemic and its affect on our lives than a change that would have happened if the pandemic had not occurred. This means that **trend data from before the pandemic and during/after the pandemic should be interpreted with tremendous caution.** For example, a large decrease in one particular risk behavior on school property may be explained by a new school education campaign or program or it may be explained by the fact that students are doing more remote learning.

Small Numbers: Caution about Number of Students Participating

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval might be too narrow. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

For example, if 20 students answered a question and of those 20 only 3 students answered "Yes", the estimate is unreliable.

See the Understanding Your Report section later in this report for a discussion of "confidence intervals" to help guide your interpretation of the results.

Key to the Notes

Three versions of the survey were used in the administration of the 2021 HYS. Forms A and B were given to secondary students grades 8, 10, and 12 (and in grades 9 and 11 in some small school districts). Eight questions on sexual orientation, gender identity, sexual behavior, and sexual abuse were asked at the discretion of the school; schools that did not administer the sexual orientation and gender identity questions were required to seek an exemption from the HYS Planning Committee. Form C was given to elementary students in grade 6 (and in grade 7 in some small school districts).

A list of the topics asked and their location in the report are provided in the Questions by Topic section at the end of this report. "Core" questions are asked on both Forms A and B. A list of Core Questions is also found at the end of this report.

The following notes are used throughout this report to document the differences between the questions on different versions and indicate the removable questions on potentially sensitive topics that schools could choose not to administer:

A = wording on Form A; B = wording on Form B; C = wording on Form C

† = removable questions

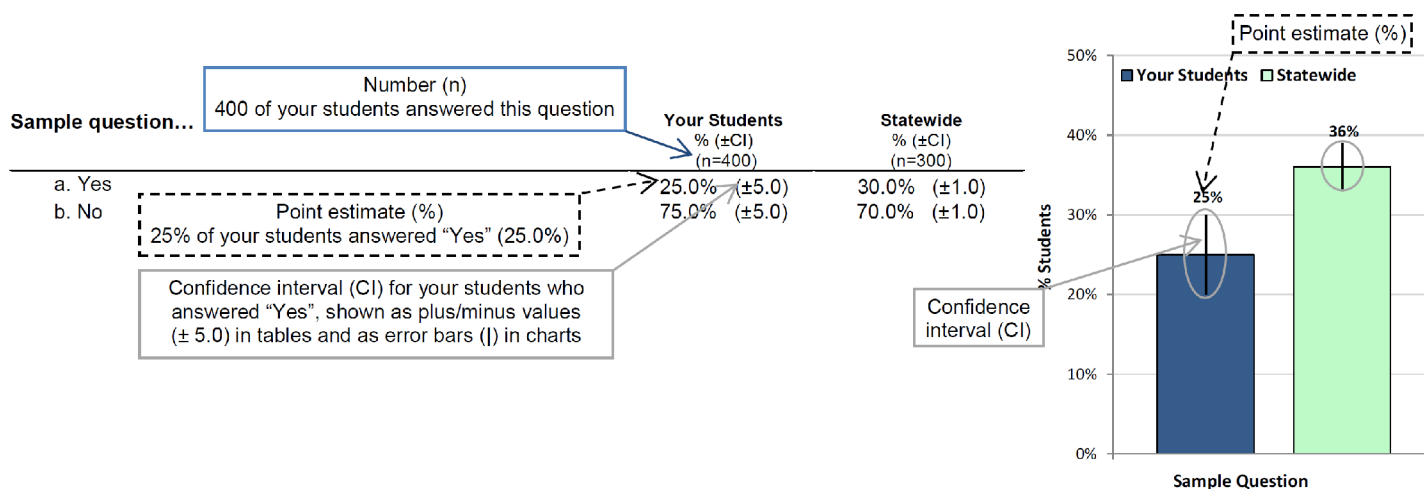
Legal requirements: Federal and Washington state regulations prohibit discrimination against LEP individuals who are Deaf, DeafBlind, Hard of Hearing, or visually impaired. Read [HCA Policy 01-27 "Language Access Services"](#) and [Policy 01-30 "Equal Access to Services for Individuals with Disabilities"](#) for more information. If you have a question about an accommodation, please contact the Healthy Youth Survey study Principal Investigator, at Healthy.Youth@doh.wa.gov or call toll free (877-HYS-7111).

Understanding Your Results

N's

In this report “n” is shorthand for “number”---the number of students who took this survey or who answered a survey question. N's are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.



How many students took this survey?

Look on page 2, under Survey Participation. The “number of students surveyed” is the number of surveys that we received. We have careful procedures for “cleaning” to remove surveys with many inconsistent or false answers – the “clean” surveys are the “number of valid surveys”. Only valid surveys are presented in this report.

How many students answered each survey question?

The n's for each question vary. Why? There are several reasons:

- There are two versions of the grades 8, 10, and 12 survey – Form A and B. Core questions are on all versions, so the n's for those questions are about the same as the number of valid surveys. For non-Core questions the n's will be about half, or less.
- Some schools chose to administer the questions about sexual orientation, gender identity, sexual behavior, and sexual abuse. Schools that chose to not ask those additional questions will have no responses for those questions. [District and county reports may include some schools that DID ask those questions and some that DID NOT.]
- Not all students finish the survey, so questions near the end have smaller n's. [NOTE: the order of the questions in the report is not the same as on the survey itself.] Also, some students may decide to skip certain questions.

Here are examples from a district with 400 valid surveys --- notice how the n's change with each question type.

25. Have you ever, even once in your life: Used marijuana?

	(n=398)	(n=4,000)
a. Yes	49.0% (±3.0)	46.0% (±1.0)
b. No	51.0% (±3.0)	54.0% (±1.0)

N for a core question
(almost all students)

23. Have you ever, even once in your life: Smoked a cigarette, even just a puff?

	(n=200)	(n=2,000)
a. Yes	11.0% (±4.0)	12.0% (±2.0)
b. No	89.0% (±4.0)	88.0% (±2.0)

N for a question on only one
version (about half the
students)

135. Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to?¹

	(n=100)	(n=1,500)
a. Yes	10.0% (±8.0)	8.0% (±4.0)
b. No	90.0% (±2.0)	92.0% (±1.0)

N for an optional sexual
behavior question (about
half, or less if some schools
chose not to ask those
questions)

How many students are we talking about?

N's are only provided for the total number of students who answered a question, not the individual answer options. Some people find it useful to translate their point estimates (%) into the number of students.

For example, in a district if 10% of students reported that "Yes" they used inhalants in their lifetime and 200 students answered the questions, then 20 students in the district used inhalants (200×0.10).

Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is exactly the same as the "true" value for all your students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is no bias in the data, then there is a 95% chance that the CI will include the true value. So for example, if the point estimate and CI are 51.5% ($\pm 1.5\%$), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of your CIs depend in part on the n for each question – as more students answer a question, your point estimate is likely to be closer to the "true" value. If the group of students you're looking at is small, then your CIs will be large. The confidence interval does not take into account the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

How can you "use" confidence intervals?

CIs help you to decide if the differences between your students and the state are statistically significant.

*For an example, let's say your students report 25% $\pm 5\%$. That means that the CI is between 20% and 30% Here is the math:
 $25\% - 5\% = 20\%$, and $25\% + 5\% = 30\%$*

Using CIs, you can decide if the difference between your students and the state results are statistically significant:

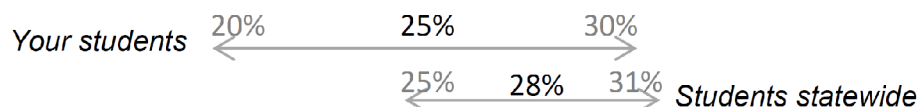
1. A significant difference:

- Your students report 25% $\pm 5\%$, so the point estimate is 25% and the CI is 20% to 30%
- Students statewide report 36% $\pm 3\%$, so the point estimate is 36% and the CI is 33% to 39%
- The CIs don't overlap, so the difference is significant



2. Not a significant difference:

- Your students report 25% $\pm 5\%$, so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 28% $\pm 3\%$, so the point estimate is 28% and the CI is 25% to 31%
- The CI for your students overlaps the point estimate for students statewide, so the difference is not significant



3. Not sure if there is a difference:

- Your students report 25% $\pm 5\%$, so the point estimate is 25% and the CI is 20% to 30%
- Statewide students report 32% $\pm 3\%$, so the point estimate is 32% and the CI is 29% to 35%
- The CIs overlap, but don't include the other point estimates, so you don't know for sure if they are really different without using the significance testing tool described in the next paragraph



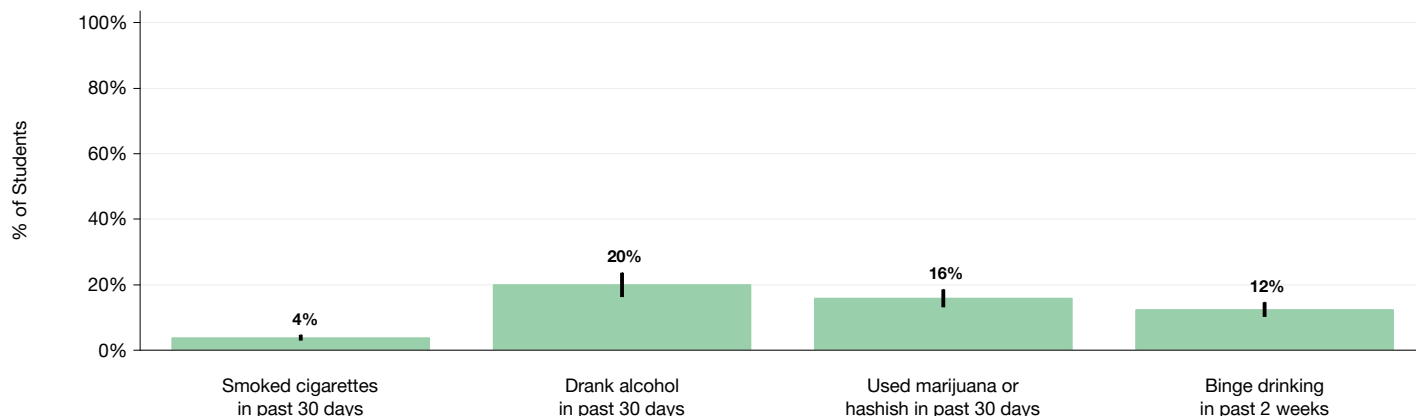
More information about interpreting CIs is available on the HYS Training web page at www.AskHYS.net/Training. The Training web page includes past HYS training materials and a "Tool for Determining HYS Statistical Significance". Use the "tool" to find out if your results are significantly different.

Highlights of the Local Results

Your students and students statewide reported the following behaviors and attitudes:

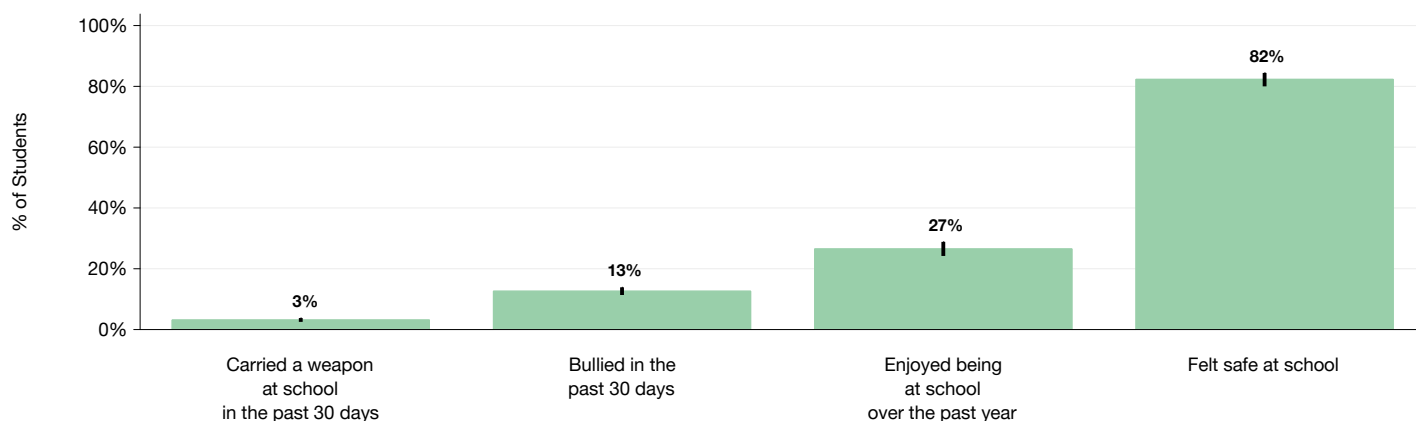
Substance Use

	Statewide % (\pm CI)
Smoked cigarettes in past 30 days	3.8% (\pm 0.9)
Drank alcohol in past 30 days	20.0% (\pm 3.7)
Used marijuana or hashish in past 30 days	15.9% (\pm 2.8)
Binge drinking in past 2 weeks	12.4% (\pm 2.2)



Bullying and School Climate

	Statewide % (\pm CI)
Carried a weapon at school in the past 30 days	3.2% (\pm 0.7)
Bullied in the past 30 days	12.7% (\pm 1.3)
Enjoyed being at school over the past year	26.6% (\pm 2.3)
Felt safe at school	82.4% (\pm 2.2)



For more information on specific HYS topics, see the Fact Sheets at www.AskHYS.net, under HYS Results – Fact Sheets

Selected Results by Sex

Selected survey questions are presented by sex to highlight any differences between females and males.

The p-values reported after each question, calculated from a chi-square test, can be used to examine whether differences between females and males are statistically significant.

A p-value of less than 0.05 means there is a significant difference between females and males (that is, if there really is no difference between females and males, the probability of observing a difference at least this large is less than 5%).

To ensure student anonymity, we do not report results by sex for any question unless a minimum of students answer each response option. These results are “suppressed”.

For your student results by sex, a minimum of 10 students need to answer each response option:

For example, to report smoking cigarettes in the past 30 days for your students by sex – surveys are needed for at least 10 females who smoke, 10 females who don’t smoke, 10 males who smoke, and 10 males who don’t smoke.

For state results by sex, a minimum of 5 students need to answer each response option.

Results that are suppressed are marked with asterisks “*”. Many small counties, districts and schools may not have enough students to report results by sex for all or some questions.

				Statewide		
				Female %	Male %	p-value
Smoked cigarettes in past 30 days				(n=5,050)		
				4.5%	2.9%	0.0031
Drank alcohol in past 30 days				(n=5,041)		
				21.8%	18.3%	0.0020
Used marijuana or hashish in past 30 days				(n=5,050)		
				17.2%	14.6%	0.0109
Binge drinking in past 2 weeks				(n=5,075)		
				14.1%	10.6%	0.0002
Carried a weapon at school in the past 30 days				(n=5,075)		
				2.1%	4.3%	<.0001
Bullied in the past 30 days				(n=5,098)		
				15.1%	10.2%	<.0001
Enjoyed being at school over the past year				(n=5,094)		
				25.7%	27.6%	0.1370
Felt safe at school				(n=5,055)		
				80.7%	84.1%	0.0014

Frequency Results

Demographics and General Information

	Statewide	
	% (±CI)	
	(n=5,672)	
1. Where are you taking this survey?		
a. On school property	97.7%	(±0.7)
b. Not on school property	2.3%	(±0.7)
2. How old are you?		
	(n=5,653)	
a. 12 or younger	0.1%	(±0.1)
b. 13	0.0%	(±0.0)
c. 14	0.0%	(±0.0)
d. 15	0.1%	(±0.1)
e. 16	1.1%	(±0.3)
f. 17	75.9%	(±1.6)
g. 18	21.4%	(±1.3)
h. 19 or older	1.2%	(±0.4)

[Question 3 appears only on the elementary version of the survey.]

4. What sex/gender were you at birth, even if you are not that gender today?		
	(n=5,581)	
a. Female	49.5%	(±1.8)
b. Male	50.5%	(±1.8)
5. How do you currently identify yourself? Choose all that apply.		
	(n=5,363)	
a. Male	47.5%	(±1.8)
b. Female	43.4%	(±2.0)
c. Transgender	0.8%	(±0.2)
d. Questioning/not sure of my gender identity	1.3%	(±0.3)
e. Something else fits better	1.8%	(±0.4)
f. I do not know what this question is asking	0.4%	(±0.1)
More than one response selected	4.8%	(±0.9)

Some students may select multiple answers to this question so that their response is consistent with how they identify. For example, a student who identifies as a transgender woman may select both female and transgender. This type response is represented in the 'selected multiple responses' category.

6. Which of the following best describes you?		
	(n=5,299)	
a. Heterosexual (straight)	71.7%	(±2.0)
b. Gay or lesbian	3.4%	(±0.6)
c. Bisexual	13.2%	(±1.5)
d. Questioning/not sure	4.8%	(±0.6)
e. Something else fits better	4.9%	(±0.7)
f. I don't know what this question is asking	2.1%	(±0.5)

The next two tables display data on race and ethnicity of participating students. There are different ways to look at these data. Table 7 shows mutually exclusive categories. This means that every student is counted only one time. If a student indicated more than one race or ethnicity, they are included in the bottom row (more than one race/ethnicity marked). Table 7 has been reported in prior HYS reports. Table 8 is new this year and shows the data in non-mutually exclusive categories. This means that each student is counted for every race or ethnicity they indicated. Each category displays the number of youth who indicated they are of that particular race or ethnicity, either alone or in combination with another. Because these are not mutually exclusive categories the total will be more than 100%. The HYS continues to evolve, as do our reporting practices, to focus more on highlighting student identity and limiting erasure of students with multiple identities.

7. How do you describe yourself? Choose all that apply. *These are mutually exclusive categories. Those who selected more than one are captured in the bottom row of the table.*

Statewide
% (±CI)
(n=5,590)

a. American Indian or Alaskan Native	1.2%	(±0.5)
b. Asian or Asian American	7.5%	(±3.4)
c. Black or African-American	2.7%	(±0.8)
d. Hispanic or Latino/Latina	18.0%	(±9.4)
e. Native Hawaiian or other Pacific Islander	1.3%	(±0.6)
f. White or Caucasian	51.2%	(±7.4)
g. Other	2.0%	(±0.4)
More than one race/ethnicity marked	16.1%	(±2.0)

8. How do you describe yourself? *These are not mutually exclusive categories. Each row shows the number of students who indicate that race/ethnicity alone or in combination with other race/ethnicities.*

(n=5,590)

American Indian or Alaskan Native AOIC*	4.5%	(±1.1)
Asian or Asian American AOIC*	12.6%	(±3.9)
Black or African-American AOIC*	6.2%	(±1.6)
Hispanic or Latino/Latina AOIC*	24.8%	(±9.9)
Native Hawaiian or other Pacific Islander AOIC*	3.4%	(±1.0)
White or Caucasian AOIC*	64.0%	(±8.2)
Other AOIC*	4.0%	(±0.6)

*AOIC = Alone or in combination with other race/ethnicities.

9. If you are of Asian or Pacific Islander background, which groups best describe you? Choose all that apply.

(n=4,190)

a. Not Asian or Pacific Islander	78.7%	(±4.3)
b. Asian Indian	3.2%	(±3.0)
c. Cambodian/Khmer	0.4%	(±0.3)
d. Chinese	2.5%	(±1.1)
e. Filipino	3.9%	(±1.3)
f. Japanese	1.3%	(±0.4)
g. Korean	1.6%	(±0.6)
h. Vietnamese	1.4%	(±0.8)
i. Other Asian	1.5%	(±0.5)
j. Native Hawaiian or other Pacific Islander	2.5%	(±0.9)
Mutliracial Asian, more than one response indicated	1.8%	(±0.6)
Mutliracial Asian and Pacific Islander, more than one response indicated	1.1%	(±0.5)

10. What language is usually spoken at home?	Statewide	
	% (±CI)	(n=5,594)
a. English	80.5%	(±6.2)
b. Spanish	13.0%	(±6.6)
c. Russian	0.7%	(±0.3)
d. Ukrainian	0.3%	(±0.2)
e. Vietnamese	0.6%	(±0.4)
f. Chinese	0.6%	(±0.4)
g. Korean	0.3%	(±0.2)
h. Japanese	0.1%	(±0.1)
i. Other	3.9%	(±1.4)

[Question 11 appears only on the elementary version of the survey.]

12. How far did your mother get in school?	(n=5,093)	
	% (±CI)	
a. Did not finish high school	11.0%	(±3.9)
b. Graduated from high school or GED	20.0%	(±3.9)
c. Had some college or technical training after high school	17.8%	(±2.7)
d. Graduated from a 4-year college	25.5%	(±5.6)
e. Earned an advanced graduate degree	14.3%	(±4.3)
f. Don't know	9.7%	(±2.0)
g. Does not apply	1.6%	(±0.5)

13. Who did you live with most of the time in the last 30 days?	(n=5,126)	
	% (±CI)	
a. Parent(s), step-parent(s), or legal guardian	95.0%	(±1.1)
b. Relatives like a grandparent, an aunt, an older brother - but NOT your parents	2.6%	(±0.7)
c. Foster care parent(s)	0.3%	(±0.2)
d. Adults who are not your parents, relatives, or foster parents	0.6%	(±0.3)
e. Friends of yours with no adults present	0.2%	(±0.1)
f. On your own	0.5%	(±0.2)
g. Other	0.7%	(±0.3)

14. Where did you live most of the time in the last 30 days?	(n=5,120)	
	% (±CI)	
a. In a own house or apartment that my family rents or owns	94.4%	(±1.0)
b. In a house or apartment that a relative rents or owns	3.0%	(±0.6)
c. In a house or apartment with someone who is not a relative	1.1%	(±0.3)
d. In a shelter	0.1%	(±0.1)
e. In a car or RV, park, or campground	0.3%	(±0.2)
f. In a motel/hotel	0.1%	(±0.1)
g. On the street	0.1%	(±0.1)
h. Moved from place to place	0.2%	(±0.1)
i. Other	0.6%	(±0.2)

15. Are your current living arrangements the result of losing your home because your family cannot afford housing?	Statewide % (±CI) (n=5,095)
a. No	92.0% (±1.3)
b. Yes	3.0% (±0.6)
c. Not sure	5.0% (±1.0)
16. Do you receive free or reduced price lunches at school?	(n=2,580)
a. No	46.5% (±8.7)
b. Yes	43.1% (±7.9)
c. Not sure	10.5% (±1.6)
17. Has your parent(s) or guardian(s) served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, or Reserves)?	(n=2,590)
a. No	77.5% (±7.1)
b. Yes	20.1% (±7.0)
c. Not sure	2.4% (±0.8)
18. Have you or your family moved in the past 3 years to another school district or city for temporary or seasonal work in agriculture, dairy, or fishing?	(n=5,591)
a. No	90.9% (±1.3)
b. Yes	6.2% (±0.9)
c. I do not know.	3.0% (±0.6)
19. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.	(n=5,108)
a. 0 days	30.5% (±2.1)
b. 1 or 2 days	36.4% (±1.6)
c. 3 or more days	33.1% (±2.7)
20. During your last school year, how many times did you change schools for reasons other than moving up a grade?	(n=2,581)
a. I did not change schools	89.8% (±1.7)
b. Once	8.5% (±1.5)
c. Twice	1.0% (±0.4)
d. Three or more times	0.7% (±0.4)
21. How many hours per week are you currently working for pay, NOT counting chores around your home, yard work, or babysitting?	(n=2,616)
a. None, not currently working	58.2% (±2.5)
b. 10 hours a week or less	15.5% (±2.2)
c. 11-20 hours a week	17.2% (±2.0)
d. 21-30 hours a week	6.8% (±1.3)
e. 31-40 hours a week	1.6% (±0.6)
f. More than 40 hours a week	0.7% (±0.3)

Statewide
% (±CI)
 (n=4,786)

22. How honest were you in filling out this survey?

a. I was very honest.	78.1%	(±1.9)
b. I was honest most of the time.	18.9%	(±1.7)
c. I was honest some of the time	3.0%	(±0.6)
d. I was honest once in a while.	surveys pulled	
e. I was not honest at all.	surveys pulled	

Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug (ATOD) use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

Lifetime Use

Have you ever, even once in your life:

23. Smoked a cigarette, even just a puff? (Computed from question 236)

(n=2,544)

a. No	80.1%	(±2.3)
b. Yes	19.9%	(±2.3)

24. Used an electronic cigarette, also called e-cigs, JUUL, or vape pens? (Computed from question 53)

(n=2,567)

a. No	68.3%	(±3.1)
b. Yes	31.7%	(±3.1)

25. Drank more than a sip or two of beer, wine, or hard liquor? (Computed from question 25 or 237)

(n=5,061)

a. No	50.3%	(±3.2)
b. Yes	49.7%	(±3.2)

26. Used marijuana? (Computed from question 26 or 235)

(n=5,085)

a. No	66.3%	(±3.6)
b. Yes	33.7%	(±3.6)

27. Used heroin? Choose all that apply.

(n=2,560)

a. No, I've never used it	99.2%	(±0.4)
b. Yes, within the past year	0.5%	(±0.3)
c. Yes, over a year ago	0.4%	(±0.3)

28. Used methamphetamines (speed, meth, crystal meth, ice, crank)? Do not include other types of amphetamines. Choose all that apply.

(n=2,562)

a. No, I've never used it	98.8%	(±0.4)
b. Yes, within the past year	0.7%	(±0.3)
c. Yes, over a year ago	0.6%	(±0.3)

[Question 29 appears only on the elementary version of the survey.]

30-Day Use (Use in the Past 30 Days)

During the past 30 days, on how many days did you:

	Statewide % (±CI) (n=5,089)	
30. Smoke cigarettes?		
a. None	96.2%	(±0.9)
b. 1-2 days	1.8%	(±0.5)
c. 3-5 days	0.8%	(±0.3)
d. 6-9 days	0.4%	(±0.2)
e. 10-29 days	0.4%	(±0.2)
f. All 30 days	0.4%	(±0.2)
<i>Any use in past 30 days</i>	3.8%	(±0.9)
31. Use chewing tobacco, snuff, or dip?	(n=2,559)	
a. None	99.1%	(±0.4)
b. 1-2 days	0.5%	(±0.3)
c. 3-5 days	0.2%	(±0.2)
d. 6-9 days	0.1%	(±0.1)
e. 10-29 days	0.0%	(±0.1)
f. All 30 days	0.1%	(±0.1)
<i>Any use in past 30 days</i>	0.9%	(±0.4)
32. Smoke cigars, cigarillos, or little cigars?	(n=2,585)	
a. None	98.0%	(±0.6)
b. 1-2 days	1.3%	(±0.5)
c. 3-9 days	0.3%	(±0.2)
d. 10-29 days	0.2%	(±0.2)
e. All 30 days	0.2%	(±0.2)
<i>Any use in past 30 days</i>	2.0%	(±0.6)
33. Use an electronic cigarette, also called e-cigs, JUUL, or vape pens?	(n=5,089)	
a. None	84.9%	(±2.0)
b. 1-2 days	3.9%	(±0.8)
c. 3-5 days	1.8%	(±0.4)
d. 6-9 days	1.5%	(±0.3)
e. 10-19 days	2.1%	(±0.6)
f. 20-29 days	1.6%	(±0.5)
g. All 30 days	4.1%	(±0.9)
<i>Any use in past 30 days</i>	15.1%	(±2.0)

Statewide
% (±CI)
 (n=2,572)

34. Smoke tobacco or flavored tobacco in a hookah, even just a puff?

a. None	97.2%	(±0.7)
b. 1-2 days	1.3%	(±0.5)
c. 3-9 days	0.5%	(±0.3)
d. 10-29 days	0.4%	(±0.3)
e. All 30 days	0.5%	(±0.3)
<i>Any use in past 30 days</i>	2.8%	(±0.7)

35. During the past 30 days, did you use a heated tobacco product? (Heated tobacco products are different from e-cigarettes, which heat a liquid to produce vapor. Some brands of heated tobacco products include iQOS, glo and Eclipse.)

(n=2,585)

a. Yes	5.1%	(±0.9)
b. No	79.3%	(±2.0)
c. I don't know what this is.	15.6%	(±1.6)

36. During the past 30 days, which of the following tobacco or marijuana products that you used were flavored to taste like menthol (mint), candy, fruit, or any other flavors? Choose all that apply.

(n=2,504)

a. I did not use any flavored tobacco or marijuana products in the past 30 days.	85.3%	(±2.0)
b. Cigars, little cigars, hookah, or other smoked tobacco	1.2%	(±0.6)
c. Chewing tobacco, dissolvables, snus or other smokeless tobacco	0.4%	(±0.2)
d. Joints, bongs, pipes, blunt, or other smoked marijuana products	6.7%	(±1.3)
e. I do not know.	7.2%	(±1.2)

During the past 30 days, on how many days did you:

37. Drink a glass, can or bottle of alcohol?

(n=5,080)

a. None	80.0%	(±3.7)
b. 1-2 days	12.6%	(±2.1)
c. 3-5 days	4.8%	(±1.4)
d. 6-9 days	1.4%	(±0.4)
e. 10 or more days	1.2%	(±0.4)
<i>Any use in past 30 days</i>	20.0%	(±3.7)

38. Use marijuana or hashish?

(n=5,089)

a. None	84.1%	(±2.8)
b. 1-2 days	5.4%	(±1.1)
c. 3-5 days	2.6%	(±0.7)
d. 6-9 days	1.6%	(±0.4)
e. 10-19 days	2.2%	(±0.6)
f. 20-29 days	1.6%	(±0.4)
g. All 30 days	2.5%	(±0.5)
<i>Any use in past 30 days</i>	15.9%	(±2.8)

Statewide
% (±CI)
 (n=2,542)

39. Not counting alcohol, tobacco, or marijuana, use another illegal drug?

a. None	97.2%	(±0.8)
b. 1-2 days	1.8%	(±0.7)
c. 3-5 days	0.3%	(±0.2)
d. 6-9 days	0.2%	(±0.2)
e. 10 or more days	0.4%	(±0.2)
<i>Any use in past 30 days</i>	2.8%	(±0.8)

40. Use any illegal drug, including marijuana? (Computed from questions 38 and 39)

(n=2,529)

None	82.2%	(±3.2)
1 or more days	17.8%	(±3.2)

41. Use a pain killer TO GET HIGH, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)?

(n=5,091)

a. None	98.7%	(±0.3)
b. 1-2 days	0.6%	(±0.2)
c. 3-5 days	0.4%	(±0.2)
d. 6-9 days	0.2%	(±0.1)
e. 10 or more days	0.1%	(±0.1)
<i>Any use in past 30 days</i>	1.3%	(±0.3)

42. Use prescription drugs not prescribed to you?

(n=2,532)

a. None	98.1%	(±0.5)
b. 1-2 days	1.1%	(±0.5)
c. 3-5 days	0.4%	(±0.3)
d. 6-9 days	0.2%	(±0.2)
e. 10 or more days	0.2%	(±0.2)
<i>Any use in past 30 days</i>	1.9%	(±0.5)

43. During the past 30 days, which of the following have you used for non-medical reasons? Choose all that apply.

(n=2,930)

a. I did not take any of these for non-medical reasons.	96.2%	(±0.8)
b. I used a stimulant, like Adderall or Ritalin.	1.0%	(±0.5)
c. I used a painkiller, like Vicodin, OxyContin, or Percocet.	0.8%	(±0.3)
d. I used a tranquilizer, like Valium or Xanax.	0.3%	(±0.2)
e. I used another kind of prescription drug.	1.1%	(±0.4)
f. I used an over-the-counter drug, like cough syrup or cold medicine.	2.5%	(±0.7)
g. I took something, but I don't know what it was.	0.5%	(±0.3)

Other Tobacco-Related Questions**44. Are the cigarettes that you usually smoke menthol cigarettes?**

(n=2,578)

a. I do not smoke cigarettes.	83.4%	(±1.6)
b. Yes	2.4%	(±0.6)
c. No	14.2%	(±1.4)

45. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?	Statewide % (±CI) (n=2,593)	
a. 0 days	82.0%	(±3.0)
b. 1-2 days	10.8%	(±1.9)
c. 3-4 days	3.1%	(±0.9)
d. 5-6 days	1.0%	(±0.4)
e. 7 days	3.1%	(±1.0)
46. During the past 30 days, how did you usually get your own tobacco? Choose only one answer.	(n=2,558)	
a. I did not use tobacco during the past 30 days	90.0%	(±1.8)
b. I bought it in a store such as a convenience store, supermarket, discount store or gas station	1.6%	(±0.4)
c. I bought it from a vending machine	0.2%	(±0.1)
d. I gave someone else money to buy them for me	2.3%	(±0.7)
e. I borrowed (or bummed) them from someone else	2.1%	(±0.7)
f. A person 18 years old or older gave them to me	1.1%	(±0.4)
g. I took them from a store or a family member	0.3%	(±0.3)
h. I got them some other way	2.5%	(±0.7)
47. How wrong do your friends feel it would be for you to: Use tobacco?	(n=2,539)	
a. Very wrong	51.4%	(±3.7)
b. Wrong	26.0%	(±2.3)
c. A little bit wrong	13.8%	(±2.2)
d. Not at all wrong	8.8%	(±1.5)
48. If one of your best friends offered you a cigarette, would you smoke it?	(n=2,593)	
a. Definitely no	78.4%	(±2.8)
b. Probably no	13.5%	(±1.7)
c. Probably yes	5.4%	(±1.5)
d. Definitely yes	2.7%	(±0.7)
49. Do you think that you will smoke a cigarette anytime in the next year?	(n=2,595)	
a. Definitely no	78.3%	(±2.9)
b. Probably no	14.5%	(±1.7)
c. Probably yes	4.7%	(±1.3)
d. Definitely yes	2.4%	(±0.7)
50. Have made a firm commitment to not smoke cigarettes; i.e., not susceptible to smoking. (Computed from questions 48 and 49)	(n=2,590)	
a. Yes, not susceptible	73.7%	(±3.1)
b. No, susceptible	26.3%	(±3.1)
51. During the past 12 months, did you ever try to quit using all products that contain nicotine, including cigarettes, e-cigarettes (e-cigs, vape pens, JUUL), cigars, smokeless tobacco, shisha and hookah tobacco?	(n=2,583)	
a. I did not use any products that contain nicotine during the past 12 months.	76.4%	(±2.1)
b. Yes	9.8%	(±1.7)
c. No	13.8%	(±1.4)

52. How soon after you wake up do you want to use products with nicotine (cigarettes, JUUL, vapes, etc.)?	Statewide % (±CI) (n=2,587)	
a. Within 5 minutes	2.5%	(±0.7)
b. From 6 to 30 minutes	1.8%	(±0.5)
c. From more than 30 minutes to 1 hour	1.5%	(±0.4)
d. After more than 1 hour but less than 24 hours.	2.6%	(±0.7)
e. I rarely use tobacco products or e-cigarettes.	8.9%	(±1.6)
f. I do not use tobacco products or e-cigarettes.	82.8%	(±2.1)

Other Electronic Cigarette- and Vaping-Related Questions

53. How old were you the first time you used an electronic cigarette, also called e-cigs, JUUL, or vape pens?	(n=2,567)	
a. Never have	68.3%	(±3.1)
b. 10 or younger	0.8%	(±0.3)
c. 11	0.5%	(±0.2)
d. 12	1.9%	(±0.6)
e. 13	3.9%	(±0.7)
f. 14	6.7%	(±1.4)
g. 15	8.8%	(±1.2)
h. 16	5.9%	(±0.9)
i. 17 or older	3.2%	(±0.7)

54. During the past 30 days, which of the following e-cig or vaping products did you use? Choose all that apply.	(n=4,941)	
a. I did not use any e-cig or vaping products in the past 30 days.	82.2%	(±2.4)
b. Liquid with nicotine in it	11.8%	(±1.9)
c. Liquid with THC (marijuana) in it	7.5%	(±1.5)
d. Liquid with nicotine and THC (marijuana) in it	1.1%	(±0.3)
e. Liquid with neither nicotine nor THC	0.7%	(±0.2)
f. Don't know	2.9%	(±0.5)

55. During the past 30 days, which of the following e-cig or vaping products that you used were flavored? Choose all that apply.	(n=2,521)	
a. I did not use any flavored e-cig or vaping products in the past 30 days	82.6%	(±2.2)
b. Flavored liquid with nicotine	11.3%	(±1.9)
c. Flavored liquid with THC (marijuana)	3.7%	(±0.8)
d. Flavored liquid with nicotine and THC (marijuana)	0.6%	(±0.3)
e. Flavored liquid with neither nicotine nor THC	0.9%	(±0.3)
f. Don't know	4.1%	(±1.0)

56. During the past 30 days, how did you usually get your own e-cig or vaping products? Choose only one answer.	Statewide % (±CI) (n=2,538)	
a. I did not use electronic vapor products during the past 30 days.	84.6%	(±2.2)
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station.	1.5%	(±0.4)
c. I bought them in a vape shop.	1.3%	(±0.5)
d. I got them on the Internet.	0.4%	(±0.3)
e. I gave someone else money to buy them for me.	3.5%	(±0.8)
f. I borrowed (or bummed) them from someone else.	4.2%	(±1.3)
g. A person 18 years old or older gave them to me.	1.1%	(±0.4)
h. I took them from a store or family member.	0.4%	(±0.2)
i. I got them some other way.	3.2%	(±0.8)

57. How much do you think people risk harming themselves if they use electronic cigarettes, also called e-cigs, JUUL, or vape pens regularly (almost daily)?	(n=2,573)	
a. No risk	6.6%	(±1.4)
b. Slight risk	9.1%	(±1.1)
c. Moderate risk	29.1%	(±2.0)
d. Great risk	46.5%	(±2.3)
e. Not sure	8.7%	(±1.7)

Other Alcohol-Related Questions

58. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)	(n=5,116)	
a. None	87.6%	(±2.2)
b. Once	5.9%	(±1.3)
c. Twice	3.1%	(±0.7)
d. 3-5 times	2.2%	(±0.5)
e. 6-9 times	0.6%	(±0.2)
f. 10 or more times	0.6%	(±0.2)

59. Drinking Categories Variable (Computed from questions 37 and 58)	(n=4,966)	
None, no drinking past 30 days and no binge past 2 weeks	77.9%	(±3.6)
Experimental, 1-2 days drinking past 30 days and no binge past 2 weeks	7.7%	(±1.4)
Heavy, 3-5 days drinking past 30 days and/or 1 binge past 2 weeks	7.0%	(±1.5)
Problem, 6+ days drinking past 30 days and/or 2+ binge past 2 weeks	7.5%	(±1.4)

60. During the past 30 days, if you used alcohol, what type of alcohol did you usually drink?	Statewide % (±CI) (n=2,510)	
a. I did not drink alcohol during the past 30 days.	74.5%	(±3.2)
b. I do not have a usual type.	6.1%	(±1.0)
c. Beer	3.3%	(±1.0)
d. Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	5.4%	(±1.5)
e. Wine coolers, such as Bartles & Jaymes or Seagrams	0.3%	(±0.2)
f. Wine	1.4%	(±0.4)
g. Liquor, such as vodka, rum, scotch, bourbon or whiskey	7.9%	(±1.3)
h. Some other type	1.1%	(±0.3)
61. During the past 30 days, if you used alcohol, how did you get it? Choose all that apply.		
	(n=2,464)	
a. I did not get alcohol in the past 30 days.	78.1%	(±3.6)
b. I bought it from a store.	2.6%	(±1.0)
c. I stole it from a store.	0.7%	(±0.5)
d. I got it from friends.	9.7%	(±2.3)
e. I got it at a party.	7.4%	(±2.0)
f. I got it from an older brother or sister.	2.1%	(±0.6)
g. I gave money to someone to get it for me.	3.7%	(±0.9)
h. I took it from home without my parents' permission.	3.7%	(±0.9)
i. I got it at home with my parents' permission.	5.9%	(±1.0)
j. I got it some other way.	3.4%	(±0.7)
62. NOT including talks on drinking and driving, in the past year have your parent(s) or guardian(s) talked to you about why you should not drink alcohol?		
	(n=2,539)	
a. Yes, a number of times	35.6%	(±2.6)
b. Yes, once	19.3%	(±2.0)
c. No	34.0%	(±2.9)
d. I don't remember.	11.1%	(±1.2)
63. How wrong do your parent(s) feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?		
	(n=2,535)	
a. Very wrong	78.9%	(±1.6)
b. Wrong	16.7%	(±1.4)
c. A little bit wrong	3.2%	(±0.7)
d. Not wrong at all	1.2%	(±0.5)
64. How wrong do your friends feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?		
	(n=2,548)	
a. Very wrong	48.7%	(±3.3)
b. Wrong	28.5%	(±2.3)
c. A little bit wrong	13.7%	(±1.5)
d. Not at all wrong	9.0%	(±1.1)

65. How much do you think people risk harming themselves if they: Have 5 or more drinks of an alcoholic beverage once or twice a week?	Statewide % (±CI) (n=2,520)	
a. No risk	3.8%	(±0.8)
b. Slight risk	9.1%	(±1.3)
c. Moderate risk	29.6%	(±2.3)
d. Great risk	54.0%	(±2.8)
e. Not sure	3.6%	(±0.8)

66. How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	(n=2,551)	
a. Neither approve nor disapprove	17.5%	(±2.7)
b. Somewhat disapprove	21.9%	(±2.5)
c. Strongly disapprove	53.0%	(±3.3)
d. Don't know or can't say	7.6%	(±1.5)

Other Marijuana-Related Questions

67. Does anyone who lives with you now use marijuana?	(n=2,533)	
a. No	78.3%	(±2.8)
b. Yes	21.7%	(±2.8)

68. During the past 30 days, if you used marijuana, how did you use it? Choose all that apply.	(n=2,468)	
a. I did not use marijuana during the past 30 days.	82.6%	(±3.4)
b. Smoked it (in a joint, bong, pipe, blunt).	11.7%	(±2.6)
c. Ate it (in brownies, cakes, cookies, candy).	5.6%	(±1.2)
d. Drank it (tea, cola, alcohol).	0.9%	(±0.4)
e. Vaporized it (e-cig, JUUL, or vape pen).	8.9%	(±1.9)
f. Dabbed it.	5.7%	(±1.4)
g. Used it some other way.	1.0%	(±0.4)

69. If you use marijuana or hashish how long do you usually stay high?	(n=2,511)	
a. I don't use marijuana.	75.9%	(±3.5)
b. I usually don't get high.	3.0%	(±0.7)
c. 1 to 2 hours	10.4%	(±1.7)
d. 3 to 4 hours	7.6%	(±2.1)
e. 5 to 6 hours	2.0%	(±0.5)
f. 7 to 8 hours	0.2%	(±0.2)
g. 9 or more hours	0.9%	(±0.3)

70. During the past 30 days, if you used marijuana, how did you get it? Choose all that apply.	Statewide % (±CI) (n=2,459)	
a. I did not get marijuana in the past 30 days.	83.0%	(±3.2)
b. I bought it from a store.	2.1%	(±0.6)
c. I stole it from a store.	0.2%	(±0.2)
d. I got it from friends.	9.9%	(±2.4)
e. I got it at a party.	2.9%	(±1.0)
f. I got it from an older brother or sister.	1.7%	(±0.6)
g. I gave money to someone to get it for me.	4.6%	(±1.3)
h. I took it from home without my parents' permission.	0.4%	(±0.3)
i. I got it at home with my parents' permission.	2.2%	(±0.7)
j. I got it some other way.	3.4%	(±0.8)

71. In the past year, have your parent(s) or guardian(s) talked to you about why you should not use marijuana?	(n=2,536)	
a. Yes, a number of times	33.6%	(±3.1)
b. Yes, once	18.7%	(±1.7)
c. No	39.1%	(±3.4)
d. I don't remember.	8.7%	(±1.2)

72. How wrong do your friends feel it would be for you to: Use marijuana?	(n=2,531)	
a. Very wrong	35.5%	(±3.9)
b. Wrong	17.7%	(±1.9)
c. A little bit wrong	20.0%	(±1.8)
d. Not at all wrong	26.7%	(±3.8)

Other Alcohol- and Drug-Related Questions

73. How many times in the past year (12 months) have you been drunk or high while participating in school?	(n=2,556)	
a. Never	88.6%	(±2.0)
b. 1 - 2 times	4.8%	(±1.0)
c. 3 - 5 times	2.5%	(±0.6)
d. 6 - 9 times	1.1%	(±0.4)
e. 10 or more times	3.0%	(±0.8)

74. During the past 30 days, which of the following did you use on school property? Choose all that apply.	(n=5,012)	
a. I have not been on school property in the past 30 days.	87.4%	(±1.2)
b. I didn't use any of these on school property.	0.7%	(±0.2)
c. Tobacco (cigarettes, cigars, or chew/dip)	6.5%	(±1.2)
d. Electronic cigarette, also called e-cigs, JUUL, or vape pens	3.9%	(±0.9)
e. Marijuana	1.5%	(±0.4)
f. Alcohol (at least one drink)	5.6%	(±0.8)

75. When you used marijuana during the past 30 days, did you ever drink alcohol at the same time?	Statewide % (±CI) (n=2,507)	
a. I have not used marijuana in the past 30 days	57.4%	(±3.2)
b. Yes, most of the time	1.8%	(±0.5)
c. Yes, some of the time	3.2%	(±1.0)
d. Yes, rarely	5.1%	(±1.1)
e. No	32.5%	(±2.5)
76. During the past year in school, how many times did you get information in classes about reasons not to use alcohol or drugs?	(n=2,534)	
a. Never	52.2%	(±2.5)
b. Once	25.9%	(±1.9)
c. 2-3 times	15.9%	(±1.5)
d. 4 or more times	6.0%	(±1.2)
77. How wrong do your parent(s) feel it would be for you to: Use prescription drugs not prescribed to you?	(n=2,531)	
a. Very wrong	87.1%	(±1.5)
b. Wrong	10.0%	(±1.3)
c. A little bit wrong	1.7%	(±0.5)
d. Not at all wrong	1.3%	(±0.6)
78. How wrong do your friends feel it would be for you to: Use prescription drugs not prescribed to you?	(n=2,536)	
a. Very wrong	68.5%	(±2.0)
b. Wrong	21.0%	(±1.4)
c. A little bit wrong	7.5%	(±1.2)
d. Not at all wrong	3.0%	(±0.8)
79. How much do you think people risk harming themselves if they: Use prescription drugs that are not prescribed to them?	(n=2,521)	
a. No risk	3.1%	(±0.8)
b. Slight risk	2.9%	(±0.8)
c. Moderate risk	14.4%	(±1.7)
d. Great risk	75.0%	(±2.0)
e. Not sure	4.6%	(±0.9)

Other Health Concerns

Nutrition and Fitness

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, and depression. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

Obese: "Obese" includes students who are in the top 5% for body mass index by age and gender based on growth charts developed by the Centers for Disease Control and Prevention (2000). "Overweight" includes students who are in the top 15% but not the top 5%.

80. Obese or overweight? (Computed from numeric responses to "How tall are you without your shoes on?" and "How much do you weigh without your shoes on?")	Statewide % (±CI) (n=2,375)	
Obese	15.2%	(±2.7)
Overweight	14.8%	(±1.6)
Normal weight	64.3%	(±3.8)
Underweight	5.8%	(±0.8)
81. How often do you eat dinner with your family?		
(n=2,599)		
a. Never	7.3%	(±1.5)
b. Rarely	16.5%	(±1.9)
c. Sometimes	26.2%	(±1.9)
d. Most of the time	31.2%	(±3.1)
e. Always	18.8%	(±1.6)
82. How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food?		
(n=5,102)		
a. Almost every month	1.6%	(±0.5)
b. Some months but not every month	3.4%	(±0.7)
c. Only 1-2 months	2.7%	(±0.6)
d. Did not have to skip or cut the size of meals.	92.4%	(±1.4)
83. Did you eat breakfast today?		
(n=2,598)		
a. Yes	49.5%	(±3.6)
b. No	50.5%	(±3.6)
84. Number of servings of fruits and vegetables eaten per day (Computed from FV1 - FV6)		
(n=2,442)		
a. Less than 1	13.8%	(±2.3)
b. 1 to less than 3	42.7%	(±2.3)
c. 3 to less than 5	22.9%	(±2.3)
d. 5 or more	20.5%	(±2.0)
85. During the past 7 days, how many times did you drink sugar-sweetened drinks like soda, sports drinks, energy drinks, coffee drinks, tea drinks, or other flavored sugar-sweetened drinks? Do not include diet, sugar-free or drinks with artificial sweetener.		
(n=2,593)		
a. 0 times	16.5%	(±2.1)
b. 1 - 3 times	42.4%	(±2.1)
c. 4 - 6 times	17.4%	(±1.4)
d. 1 time per day	11.6%	(±1.3)
e. 2 times per day	6.8%	(±1.0)
f. 3 times per day	2.5%	(±0.9)
g. 4 or more times per day	2.8%	(±0.7)

86. During the past 7 days, how many times did you drink sugar-sweetened drinks like soda, sports drinks, energy drinks, coffee drinks, tea drinks, or other flavored sugar-sweetened drinks at school (including any after-school and weekend activities)? Do not include diet, sugar-free or drinks with artificial sweetener.

**Statewide
% (±CI)
(n=2,591)**

a. 0 times	52.5%	(±3.9)
b. 1 - 3 times	34.8%	(±2.8)
c. 4 - 6 times	8.3%	(±1.3)
d. 7 - 9 times	2.3%	(±0.6)
e. 10 times or more	1.5%	(±0.5)
f. I have not been on school property in the past 7 days.	0.7%	(±0.4)

87. During the past 7 days, where did you usually get the soda or other sugar-sweetened drinks that you drank at school? Choose only one answer.

(n=2,580)

a. I did not drink sodas, sports drinks, or other flavored drinks at school.	49.8%	(±3.6)
b. I brought them from home.	25.4%	(±2.8)
c. I got them from friends.	2.4%	(±0.7)
d. I bought them at school.	8.7%	(±1.7)
e. Other	12.6%	(±1.9)
f. I have not been on school property in the past 7 days.	1.0%	(±0.4)

[Questions 88-89 appear only on the elementary version of the survey.]

90. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)

(n=2,594)

a. 0 days	14.0%	(±1.6)
b. 1 day	7.1%	(±1.2)
c. 2 days	9.4%	(±1.2)
d. 3 days	13.0%	(±1.5)
e. 4 days	9.8%	(±1.1)
f. 5 days	16.9%	(±2.0)
g. 6 days	11.8%	(±1.1)
h. 7 days	18.1%	(±1.4)

91. On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?

(n=2,538)

a. 0 days	34.9%	(±2.3)
b. 1 day	8.6%	(±1.4)
c. 2 days	10.1%	(±1.3)
d. 3 days	10.1%	(±1.4)
e. 4 days	8.0%	(±1.1)
f. 5 days	12.3%	(±1.5)
g. 6 days	6.5%	(±0.9)
h. 7 days	9.4%	(±1.1)

Statewide
% (±CI)
 (n=2,586)

92. On average, how many days a week do you walk to or from school?

a. In an average week, I don't normally travel to school.	8.8%	(±1.1)
b. Never	71.3%	(±4.2)
c. 1 - 2 days	6.6%	(±1.8)
d. 3 - 4 days	2.8%	(±0.9)
e. I walk every day.	10.6%	(±2.6)

93. On average, how many days a week do you ride a bicycle to or from school?

(n=2,565)

a. In an average week, I don't normally travel to school.	10.4%	(±1.0)
b. Never	86.9%	(±1.4)
c. 1 - 2 days	1.2%	(±0.4)
d. 3 - 4 days	0.3%	(±0.2)
e. I bike every day.	1.2%	(±0.4)

94. On an average school day, how many hours do you watch TV shows or movies or stream videos (such as YouTube, Netflix, Hulu) on any electronic device (Computer, TV set, tablets or smartphone)?

(n=2,595)

a. I do not watch TV or movies on an average school day.	8.6%	(±1.2)
b. Less than 1 hour per day	11.1%	(±1.2)
c. 1 hour per day	14.8%	(±2.1)
d. 2 hours per day	23.8%	(±1.6)
e. 3 hours per day	18.0%	(±1.4)
f. 4 hours per day	9.0%	(±1.2)
g. 5 or more hours per day	14.6%	(±2.3)

95. On an average school day, how many hours do you play video or computer games, or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, tablet or smartphone, social media).

(n=2,593)

a. I do not play video games or use a computer for something that is not school work.	22.9%	(±2.3)
b. Less than 1 hour per day	16.0%	(±1.6)
c. 1 hour per day	13.5%	(±1.7)
d. 2 hours per day	15.2%	(±1.4)
e. 3 hours per day	12.7%	(±1.4)
f. 4 hours per day	6.7%	(±1.1)
g. 5 or more hours per day	13.0%	(±1.7)

96. During the average week, on how many days do you participate in supervised after-school activities either at school or away from school? Include activities such as sports, art, music, dance, drama, or community service, religious, or club activities.

(n=5,131)

a. 0 days	46.2%	(±4.6)
b. 1-2 days	21.6%	(±2.1)
c. 3 or more days	32.3%	(±3.4)

Statewide
% (±CI)
 (n=2,548)

97. Did you participate in team sports or athletics in the past 12 months?

a. Yes	47.3%	(±4.6)
b. No	52.7%	(±4.6)

Health Conditions and Health Care**98. When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured?**

(n=2,602)

a. During the past 12 months	63.5%	(±2.2)
b. Between 12 and 24 months ago	17.6%	(±1.5)
c. More than 24 months ago	8.5%	(±1.5)
d. Never	2.0%	(±0.5)
e. Not sure	8.5%	(±1.6)

99. Has a doctor or nurse ever told you that you have asthma?

(n=2,616)

a. Yes	18.6%	(±1.5)
b. No	76.7%	(±1.7)
c. Not sure	4.7%	(±0.8)

100. Do you still have asthma?

(n=2,607)

a. I have never had asthma.	52.6%	(±2.3)
b. Yes	8.9%	(±1.2)
c. No	29.6%	(±1.9)
d. Not sure	8.9%	(±1.3)

101. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

(n=2,538)

a. During the past 12 months	73.8%	(±2.8)
b. Between 12 and 24 months ago	12.2%	(±1.2)
c. More than 24 months ago	7.3%	(±1.3)
d. Never	1.1%	(±0.4)
e. Not sure	5.7%	(±1.3)

102. During the past 12 months, how many days did you miss some school because of toothache? (Do not include toothache due to braces or injury.)

(n=2,609)

a. None	93.7%	(±1.4)
b. 1-4 days	3.5%	(±0.8)
c. 5 days or more	0.9%	(±0.4)
d. Not sure	1.9%	(±0.7)

[Question 103 appears only on the elementary version of the survey.]

Statewide
% (±CI)
 (n=2,610)

104. On an average school night how many hours do you sleep?

a. 5 hours or less	22.3%	(±2.6)
b. About 6 hours	30.9%	(±2.1)
c. About 7 hours	28.6%	(±2.6)
d. About 8 hours	15.8%	(±2.0)
e. 9 hours or more	2.4%	(±0.7)

105. Do you have any physical disabilities or long-term health problems lasting or expected to last 6 months or more?

(n=2,599)

a. Yes	10.9%	(±1.6)
b. No	80.6%	(±1.7)
c. Not sure	8.5%	(±1.2)

106. Do you have any long-term emotional problems or learning disabilities lasting or expected to last 6 months or more?

(n=2,595)

a. Yes	21.2%	(±2.5)
b. No	65.9%	(±2.7)
c. Not sure	12.8%	(±1.5)

107. Would other people consider you to have a disability or long-term health problem including physical health, emotional, or learning problems?

(n=2,596)

a. Yes	16.7%	(±2.1)
b. No	69.6%	(±2.6)
c. Not sure	13.7%	(±1.9)

108. Are you limited in any activities because of a disability or long-term health problem including physical health, emotional, or learning problems expected to last 6 months or more?

(n=2,595)

a. Yes	10.7%	(±1.9)
b. No	80.6%	(±2.0)
c. Not sure	8.7%	(±1.1)

Sexual Behavior**109. Have you ever had sex? †**

(n=1,549)

a. Yes	37.1%	(±4.1)
b. No	62.9%	(±4.1)

110. How old were you when you had sex for the first time? †

(n=1,549)

a. I have never had sex.	62.9%	(±4.1)
b. 11 years old or younger	1.2%	(±0.6)
c. 12 years old	1.4%	(±0.8)
d. 13 years old	2.5%	(±1.0)
e. 14 years old	4.4%	(±1.7)
f. 15 years old	8.8%	(±1.8)
g. 16 years old	10.9%	(±1.4)
h. 17 years old or older	8.0%	(±1.6)

Statewide
% (±CI)
 (n=1,539)

111. With how many people have you ever had sex? †

a. I have never had sex.	62.6%	(±4.0)
b. 1 person	16.1%	(±2.0)
c. 2 people	7.6%	(±1.9)
d. 3 people	4.2%	(±0.9)
e. 4 people	2.9%	(±0.9)
f. 5 people	1.8%	(±0.8)
g. 6 or more people	4.9%	(±1.3)

112. During your life, with whom have you had sexual contact? Choose all that apply. †

(n=1,533)

a. I have never had sexual contact	53.2%	(±4.0)
b. Females	29.4%	(±3.0)
c. Males	22.9%	(±3.3)
d. Other	1.8%	(±0.7)

113. The last time you had sex, what method(s) did you or your partner use to prevent pregnancy and/or sexually transmitted diseases? Choose all that you used. †

(n=1,529)

a. I have never had sex	62.5%	(±4.1)
b. No method was used	6.5%	(±1.3)
c. Birth control pills	13.3%	(±1.6)
d. Condoms	20.7%	(±3.2)
e. An IUD or implant (such as Mirena or ParaGard; Implanon or Nexplanon)	6.5%	(±1.6)
f. A shot (such as Depo-Provera)	1.1%	(±0.7)
g. Patch or birth control ring (such as Xulane; NuvaRing)	0.6%	(±0.3)
h. Withdrawal or some other method	5.4%	(±1.1)
i. Not sure	1.0%	(±0.7)

Behaviors Related to Unintentional Injury

[Question 114 appears only on the elementary version of the survey.]

115. How good a swimmer do you think you are?

(n=2,628)

a. Good	48.4%	(±3.6)
b. So-so	34.8%	(±2.0)
c. Not good	8.9%	(±1.3)
d. Can't swim	7.9%	(±2.3)

116. Have you ever taken formal swimming lessons?

(n=2,628)

a. Yes	59.1%	(±8.6)
b. No	38.1%	(±8.4)
c. Not sure	2.8%	(±0.6)

117. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?	Statewide % (±CI) (n=2,559)	
a. 0 times	91.7%	(±1.2)
b. 1 time	4.5%	(±0.8)
c. 2-3 times	2.3%	(±0.6)
d. 4-5 times	0.9%	(±0.4)
e. 6 or more times	0.6%	(±0.3)

[Question 118 appears only on the elementary version of the survey.]

119. During the past 30 days, how many times did you: Drive a car or other vehicle when you had been drinking alcohol?	(n=2,554)	
a. I did not drive a car or other vehicle during the past 30 days.	35.8%	(±2.5)
b. 0 times	61.7%	(±2.2)
c. 1 time	1.4%	(±0.5)
d. 2 - 3 times	0.7%	(±0.3)
e. 4 - 5 times	0.2%	(±0.2)
f. 6 or more times	0.0%	(±0.1)

120. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana?	(n=2,539)	
a. 0 times	84.6%	(±2.2)
b. 1 time	5.0%	(±0.9)
c. 2-3 times	4.3%	(±0.9)
d. 4-5 times	2.0%	(±0.8)
e. 6 or more times	4.1%	(±1.2)

121. During the past 30 days, how many times did you: Drive a car or other vehicle within three hours after using marijuana?	(n=2,547)	
a. I did not drive a car or other vehicle during the past 30 days.	35.1%	(±2.6)
b. 0 times	58.7%	(±2.3)
c. 1 time	2.3%	(±0.7)
d. 2 - 3 times	1.5%	(±0.5)
e. 4 - 5 times	0.7%	(±0.4)
f. 6 or more times	1.6%	(±0.5)

122. During the past 30 days, how many days did you: Drive a car or other vehicle when you had been drinking alcohol and using marijuana at the same time?	(n=5,104)	
a. I did not drive a car or other vehicle during the past 30 days.	32.0%	(±2.2)
b. 0 times	65.2%	(±2.2)
c. 1 time	1.3%	(±0.3)
d. 2 - 3 times	0.8%	(±0.3)
e. 4 - 5 times	0.2%	(±0.1)
f. 6 or more times	0.5%	(±0.2)

[Question 123 appears only on the elementary version of the survey.]

124. During the past 30 days, how many times did you: Text or email while driving a car or other vehicle?	Statewide % (±CI) (n=5,118)	
a. I did not drive a car or other vehicle during the past 30 days.	27.4%	(±2.5)
b. 0 times	37.9%	(±1.7)
c. 1 time	8.1%	(±0.8)
d. 2 - 3 times	10.4%	(±1.2)
e. 4 - 5 times	4.2%	(±0.8)
f. 6 or more times	12.0%	(±1.6)

Behaviors Related to Intentional Injury

125. During the past 30 days, on how many days did you: Carry a weapon such as a gun, knife, or club on school property?	(n=5,143)	
a. 0 days	96.3%	(±0.8)
b. 1 - 5 days	1.9%	(±0.4)
c. 6 or more days	1.3%	(±0.4)
d. I have not been on school property in the past 30 days.	0.5%	(±0.2)

126. During the past 12 months, how many times were you in a physical fight?	(n=5,149)	
a. 0 times	91.7%	(±1.3)
b. 1 time	4.3%	(±0.6)
c. 2-3 times	2.6%	(±0.6)
d. 4-5 times	0.5%	(±0.2)
e. 6 or more times	0.8%	(±0.3)

127. A gang is a group of people with a leader who act together often for violent or illegal activities. During the past 12 months, have you been a member of a gang?	(n=5,149)	
a. No	95.2%	(±0.6)
b. Yes	4.8%	(±0.6)

128. Are there gangs at your school?	(n=5,148)	
a. No	32.8%	(±5.7)
b. Yes	11.5%	(±4.2)
c. Don't know	55.7%	(±3.5)

Physical, Emotional and Sexual Abuse

129. Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time?	(n=2,590)	
a. No	76.2%	(±2.3)
b. Yes	23.8%	(±2.3)

130. Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury?	(n=2,589)	
a. No	79.8%	(±2.1)
b. Yes	20.2%	(±2.1)

131. How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you?	Statewide % (±CI) (n=2,595)	
a. Never or almost never	66.2%	(±2.3)
b. Sometimes	22.5%	(±1.6)
c. Often	6.7%	(±1.1)
d. Very often	4.6%	(±0.9)
132. During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way?	(n=2,603)	
a. I did not date or go out with anyone during the past 12 months.	41.9%	(±2.7)
b. No	49.3%	(±2.2)
c. Yes	8.8%	(±1.4)
133. In the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)	(n=2,602)	
a. I did not date or go out with anyone during the past 12 months.	44.5%	(±2.7)
b. 0 times	51.8%	(±2.3)
c. 1 time	1.1%	(±0.4)
d. 2 or 3 times	1.5%	(±0.5)
e. 4 or 5 times	0.5%	(±0.3)
f. 6 or more times	0.6%	(±0.3)
134. Have you ever seen someone about your age pressure someone else to kiss, touch, or have sex when they did not want to? †	(n=1,550)	
a. Yes	27.7%	(±2.8)
b. No	72.3%	(±2.8)
135. Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to? †	(n=1,558)	
a. Yes	22.3%	(±3.5)
b. No	77.7%	(±3.5)

Mental Health

136. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	(n=5,126)	
a. Yes	44.7%	(±2.4)
b. No	55.3%	(±2.4)
137. During the past 12 months, did you ever seriously consider attempting suicide?	(n=5,114)	
a. Yes	20.4%	(±1.7)
b. No	79.6%	(±1.7)

138. During the past 12 months, did you make a plan about how you would attempt suicide?	Statewide % (±CI) (n=2,586)
a. Yes	14.8% (±2.1)
b. No	85.2% (±2.1)

139. During the past 12 months, how many times did you actually attempt suicide?	(n=2,591)
a. 0 times	93.3% (±1.2)
b. 1 time	3.9% (±0.8)
c. 2-3 times	2.0% (±0.7)
d. 4-5 times	0.5% (±0.3)
e. 6 or more times	0.2% (±0.2)

[Questions 140-141 appear only on the elementary version of the survey.]

142. How often over the last 2 weeks, were you bothered by: Feeling nervous, anxious or on edge?	(n=5,110)
a. Not at all	26.2% (±2.6)
b. Several days	30.4% (±1.6)
c. More than half the days	19.0% (±1.1)
d. Nearly every day	24.4% (±1.7)

143. How often over the last 2 weeks, were you bothered by: Not being able to stop or control worrying?	(n=5,072)
a. Not at all	37.1% (±2.0)
b. Several days	27.2% (±1.6)
c. More than half the days	16.0% (±1.1)
d. Nearly every day	19.8% (±1.4)

144. When you feel sad or hopeless, are there adults that you can turn to for help?	(n=2,592)
a. I never feel sad or hopeless.	14.7% (±1.8)
b. Yes	54.1% (±4.0)
c. No	15.2% (±1.7)
d. Not sure	16.1% (±1.6)

145. If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? Choose all that apply.	(n=2,930)
a. Sibling or cousin	24.6% (±1.8)
b. Teacher, school counselor, or other adult in my school	11.5% (±1.4)
c. Friend or peer	48.6% (±3.3)
d. Parent/Guardian	34.5% (±2.4)
e. Religious/faith leader	4.9% (±1.1)
f. Coach	5.3% (±0.9)
g. Other adult that's not my parent	10.4% (±1.4)
h. I don't have anyone I would talk to.	13.1% (±1.6)
i. I have not felt sad or hopeless for two weeks or more in a row.	19.1% (±1.7)

146. Last year, did you hear or see information at your school about the warning signs of suicide and how to get help for yourself or a friend?	Statewide % (±CI) (n=2,613)	
a. Yes	43.1%	(±3.3)
b. No	36.1%	(±2.9)
c. Not sure	20.8%	(±1.8)
147. How often do you: Experience increased social anxiety due to your Internet use.	(n=2,577)	
a. Never	46.9%	(±2.8)
b. Rarely	25.6%	(±2.1)
c. Sometimes	17.1%	(±2.1)
d. Often	6.6%	(±1.0)
e. Very often	3.8%	(±1.0)
148. How often do you: Feel withdrawal when away from the Internet.	(n=2,571)	
a. Never	49.2%	(±3.3)
b. Rarely	25.4%	(±2.0)
c. Sometimes	17.0%	(±1.9)
d. Often	6.1%	(±1.2)
e. Very often	2.3%	(±0.6)
149. How often do you: Lose motivation to do other things that need to get done because of the Internet.	(n=2,569)	
a. Never	35.1%	(±3.5)
b. Rarely	20.1%	(±1.5)
c. Sometimes	24.3%	(±2.0)
d. Often	13.5%	(±2.0)
e. Very often	7.0%	(±1.2)

COVID-19

Students were asked about three strategies to prevent the spread of COVID. They were also asked if they have worries related to how the pandemic might affect their lives.

150. There are things we can all do to stop the spread of certain illnesses like the flu, colds, and COVID. Please rate how often you usually: Wash your hands or use hand sanitizer between activities.	(n=5,142)	
a. Never	4.1%	(±0.7)
b. Only some of the time	14.1%	(±1.4)
c. About half of the time	18.4%	(±1.6)
d. Most of the time	35.6%	(±1.7)
e. All the time	27.8%	(±2.4)

151. There are things we can all do to stop the spread of certain illnesses like the flu, colds, and COVID. Please rate how often you usually: Wear a mask when you are near people you don't live with.	Statewide % (±CI) (n=5,122)	
a. Never	5.2%	(±1.0)
b. Only some of the time	9.7%	(±1.2)
c. About half of the time	11.6%	(±1.0)
d. Most of the time	33.7%	(±2.0)
e. All the time	39.8%	(±2.4)
152. There are things we can all do to stop the spread of certain illnesses like the flu, colds, and COVID. Please rate how often you usually: Stay home if you feel sick.	(n=5,105)	
a. Never	4.0%	(±0.8)
b. Only some of the time	8.3%	(±1.0)
c. About half of the time	8.7%	(±1.0)
d. Most of the time	30.3%	(±1.8)
e. All the time	48.7%	(±2.2)
153. How much are you worried right now about the following things as a result of the COVID pandemic? Your parents or guardians losing their job(s)?	(n=5,119)	
a. Not at all worried	61.9%	(±4.1)
b. A little worried	23.0%	(±1.6)
c. Pretty worried	9.7%	(±1.9)
d. Extremely worried	5.4%	(±1.3)
154. How much are you worried right now about the following things as a result of the COVID pandemic? Your family being unable to afford rent or housing?	(n=5,114)	
a. Not at all worried	65.6%	(±4.8)
b. A little worried	18.6%	(±2.1)
c. Pretty worried	9.1%	(±1.7)
d. Extremely worried	6.6%	(±1.6)
155. How much are you worried right now about the following things as a result of the COVID pandemic? Not having enough food to eat?	(n=5,107)	
a. Not at all worried	74.6%	(±4.3)
b. A little worried	14.8%	(±1.9)
c. Pretty worried	5.8%	(±1.4)
d. Extremely worried	4.8%	(±1.4)

Gambling

156. "Gambling" means betting money or possessions either in person or online, including video poker, phone apps, e-sports, etc. In the past 12 months, has YOUR gambling ever caused you problems at home, school or with your friends?	(n=5,121)	
a. No, I have not gambled.	89.4%	(±0.9)
b. No, I have gambled but it has not caused problems.	9.8%	(±0.9)
c. Yes, I have gambled and it has caused problems.	0.8%	(±0.3)

School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

157. "Bullying" is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way. In the last 30 days, how often have you been bullied?

Statewide
% (±CI)
(n=5,137)

a. I have not been bullied.	87.3%	(±1.3)
b. Once	5.5%	(±0.7)
c. 2 - 3 times	4.1%	(±0.7)
d. About once a week	1.4%	(±0.3)
e. Several times a week	1.7%	(±0.5)

158. In the past 30 days, how often were you bullied, harassed, or intimidated: Because of your race, ethnicity, or national origin or what someone thought it was?

(n=2,589)

a. 0 times	93.3%	(±1.1)
b. 1 time	3.8%	(±0.8)
c. 2 - 3 times	1.9%	(±0.5)
d. About once a week	0.5%	(±0.3)
e. Several times a week or more	0.5%	(±0.3)

159. In the past 30 days, how often were you bullied, harassed, or intimidated: Because someone thought you were gay, lesbian, or bisexual (whether you are or are not)?

(n=2,584)

a. 0 times	92.9%	(±1.1)
b. 1 time	4.1%	(±0.9)
c. 2 - 3 times	1.5%	(±0.4)
d. About once a week	0.7%	(±0.3)
e. Several times a week or more	0.8%	(±0.3)

160. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe on your way to and from school?

(n=2,604)

a. 0 days	89.9%	(±2.0)
b. 1 day	4.2%	(±1.1)
c. 2 or 3 days	3.5%	(±1.1)
d. 4 or 5 days	0.9%	(±0.4)
e. 6 or more days	0.9%	(±0.4)
f. I did not travel to school in the past 30 days.	0.6%	(±0.4)

161. During the past 30 days, on how many days did you not participate in school activities because you felt unsafe?	Statewide % (±CI) (n=2,600)	
a. 0 days	89.9%	(±1.3)
b. 1 day	5.0%	(±1.1)
c. 2 or 3 days	3.3%	(±0.8)
d. 4 or 5 days	0.8%	(±0.3)
e. 6 or more days	1.1%	(±0.4)
162. In the past 30 days, how often have you been bullied by someone using social media, a phone, or video games?	(n=2,594)	
a. I have not been bullied.	88.9%	(±1.5)
b. Once	5.6%	(±0.9)
c. 2 - 3 times	2.9%	(±0.7)
d. About once a week	1.0%	(±0.3)
e. Several times a week	1.6%	(±0.6)
163. During the past 30 days, have you received sexually suggestive or revealing messages, images, photos or videos via text, app, or social media?	(n=2,592)	
a. Yes	21.7%	(±1.9)
b. No	78.3%	(±1.9)
164. When a student is being bullied, how often do teachers or other adults at school try to put a stop to it?	(n=2,544)	
a. Almost always	16.4%	(±2.4)
b. Often	21.6%	(±1.6)
c. Sometimes	26.2%	(±2.6)
d. Once in a while	18.0%	(±1.5)
e. Almost never	17.8%	(±1.9)
165. If you see bullying or have been bullied during school do you know how to report it?	(n=2,596)	
a. Yes	66.4%	(±2.5)
b. No	15.9%	(±1.5)
c. Not sure	17.7%	(±1.6)
166. Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs?	(n=2,551)	
a. No	7.7%	(±1.6)
b. Yes	58.8%	(±4.8)
c. Not sure	33.5%	(±3.8)
167. In the last year, did you have any contact with a school counselor?	(n=2,614)	
a. Yes	68.8%	(±4.2)
b. No	30.5%	(±4.1)
c. I do not have a school counselor	0.7%	(±0.4)

	Statewide % (±CI) (n=2,608)	
168. There are people from my school who will help me if I need it?		
a. Yes	75.0%	(±2.1)
b. No	8.2%	(±1.0)
c. Not sure	16.8%	(±1.8)
169. Last year in school, were you taught about abstinence (not having sex) to prevent sexually transmitted diseases (STDs) and pregnancy?	(n=2,589)	
a. Yes	28.7%	(±2.7)
b. No	55.9%	(±3.6)
c. Not sure	15.4%	(±1.8)
170. Last year in school, were you taught about ways other than abstinence to prevent sexually transmitted diseases (STDs) and pregnancy?	(n=2,586)	
a. Yes	33.0%	(±2.8)
b. No	51.9%	(±3.4)
c. Not sure	15.1%	(±2.0)
171. Last year in school, were you taught about consent and healthy relationships?	(n=2,584)	
a. Yes	40.0%	(±3.2)
b. No	45.3%	(±2.7)
c. Not sure	14.7%	(±1.6)
172. I know how to disagree without starting a fight or argument.	(n=2,588)	
a. Strongly agree	33.8%	(±2.0)
b. Agree	53.5%	(±1.8)
c. Disagree	9.7%	(±1.6)
d. Strongly disagree	2.9%	(±0.6)

Children's Hope Scale

Hope reflects a future orientated mindset and motivational process by which an individual has an expectation toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being. This section introduces the Children's Hope Scale, an assessment of agency (ability to initiate and sustain action towards goals) and pathways (capacity to find a means to carry out goals).

173. Children's Hope Scale (Computed from questions 174 to 177)	(n=5,010)	
no or very low hope	6.8%	(±0.9)
slightly hopeful	19.2%	(±1.6)
moderately hopeful	27.9%	(±1.5)
highly hopeful	46.1%	(±2.7)

174. I can think of many ways to get the things in life that are most important to me.	Statewide % (±CI) (n=5,082)	
a. None of the time	3.5%	(±0.7)
b. A little of the time	7.2%	(±1.0)
c. Some of the time	24.3%	(±1.6)
d. A lot of the time	22.4%	(±1.4)
e. Most of the time	26.2%	(±2.2)
f. All of the time	16.4%	(±1.2)
<hr/>		
175. I am doing just as well as other kids my age.	(n=5,085)	
a. None of the time	6.0%	(±0.8)
b. A little of the time	13.3%	(±1.3)
c. Some of the time	23.2%	(±1.3)
d. A lot of the time	17.0%	(±1.0)
e. Most of the time	23.6%	(±2.1)
f. All of the time	16.9%	(±1.5)
<hr/>		
176. When I have a problem, I can come up with lots of ways to solve it.	(n=5,058)	
a. None of the time	3.7%	(±0.7)
b. A little of the time	11.2%	(±1.1)
c. Some of the time	24.8%	(±1.6)
d. A lot of the time	21.6%	(±1.4)
e. Most of the time	24.4%	(±1.9)
f. All of the time	14.3%	(±1.0)
<hr/>		
177. I think the things I have done in the past will help me in the future.	(n=5,066)	
a. None of the time	7.0%	(±1.1)
b. A little of the time	11.2%	(±1.0)
c. Some of the time	22.3%	(±1.3)
d. A lot of the time	17.5%	(±1.0)
e. Most of the time	22.9%	(±1.7)
f. All of the time	19.1%	(±1.4)

Washington Healthy Youth Survey – Adverse Childhood Experiences Scale (WAH-ACEs)

Eleven questions from the HYS were selected to be included in the WAH-ACEs score based on review of public health, social work, and psychology literature on adverse experiences among children, youth and young adults and the association with short and long-term effects on their health and wellbeing. These questions addressed the topics identified in the literature review, including intimate partner violence, physical or sexual abuse by an adult, safety in school, bullying, and financial hardship, among other topics. Some adverse experiences identified in the literature were not captured in HYS questions and could therefore not be included in WAH-ACEs (e.g., neglect).

For each question, a student could get a value of 0 or 1 and these were added up to create their final score. Sometimes students did not answer all questions on the survey; the WAH-ACEs score accounts for any missing answers to give schools and districts a more precise picture of what their students are experiencing. For more information about the WAH-ACEs, please see [WAH-ACEs Interpretive Guide](#).

		Statewide	
		% (±CI)	
		(n=1,703)	
178. Adverse Childhood Experiences Scale (WAH-ACEs)			
0 ACEs		36.5%	(±3.7)
1 ACEs		24.7%	(±2.2)
2 ACEs		14.9%	(±2.0)
3 ACEs		9.4%	(±1.7)
4 or more ACEs		14.6%	(±2.4)

Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research from Drs. Hawkins and Catalano and associates at the University of Washington, has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

Risk and Protective Factor Framework and Reporting Schedule

This table provides a list of risk and protective factors included in the Healthy Youth Survey by year.

	2008	2010	2012	2014	2016	2018	2021
Community Risk Factors							
Low Neighborhood Attachment	X ^S	X ^S					X ^S
Perceived Availability of Drugs	X	X	X	X	X	X	X
Perceived Availability of Handguns	X ^S	X ^S	X ^S			X ^S	X ^S
Laws And Norms Favorable to Drug Use	X	X	X	X	X	X	X ^E
Community Protective Factors							
Opportunities for Prosocial Involvement	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Rewards for Prosocial Involvement	X	X ^E	X ^E	X ^E	X ^E	X ^E	X ^E
Family Risk Factors							
Poor Family Management	X ^{S,†}	X ^{S,†}	X ^{S,†}	X ^S	X ^S	X ^S	X ^S
Parental Attitudes Favorable towards Drug Use	X ^{S,†}	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Family Protective Factors							
Opportunities for Prosocial Involvement	X [†]	X [†]	X [†]	X	X	X	X
Rewards for Prosocial Involvement	X [†]	X [†]	X [†]	X ^E	X ^E	X ^E	X ^E
School Risk Factors							
Academic Failure	X	X	X	X	X	X	X
Low Commitment to School	X	X	X	X	X	X	X
School Protective Factors							
Opportunities for Prosocial Involvement	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
Peer-Individual Risk Factors							
Perceived Risk of Drug Use	X	X	X	X	X	X	X
Early Initiation of Drug Use	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Early Initiation of Antisocial Behavior	X ^S	X ^S	X ^S				
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	X
Favorable Attitudes Towards Antisocial Behavior	X ^S	X ^S					
Rewards for Antisocial Involvement	X ^S						
Friends' Use of Drugs	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Interaction With Antisocial Peers	X ^S	X ^S	X ^S				
Intentions to Use	X ^S	X ^S	X ^S				
Peer-Individual Protective Factors							
Interaction With Prosocial Peers	X	X ^S	X ^S	X ^S	X ^S		
Belief in the Moral Order	X ^S	X ^S	X ^S	X ^S	X ^S		
Prosocial Involvement	X ^E	X ^E	X ^E	X ^E	X ^E		
Social Skills	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	

Note: X^S = included only on the secondary version; X^E = included only on the elementary version; X[†] = removable questions.

Risk and Protective Factor Scale Results and Graphs

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington's Social Development Research Group.

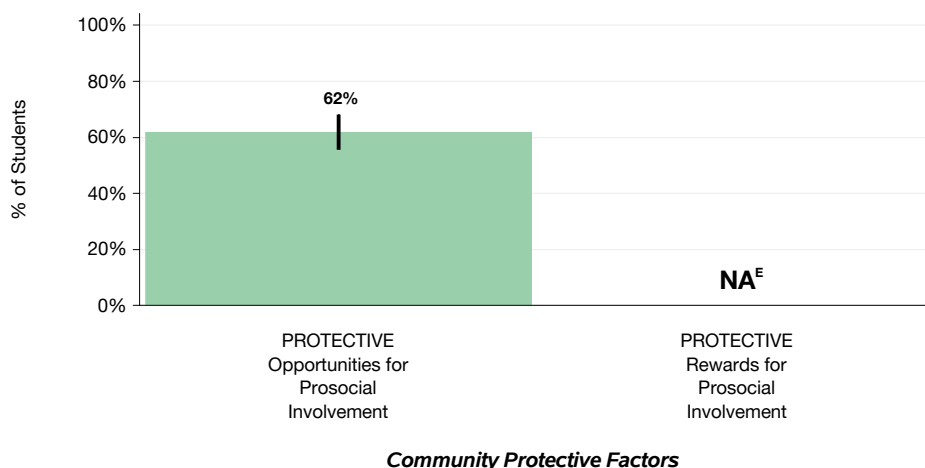
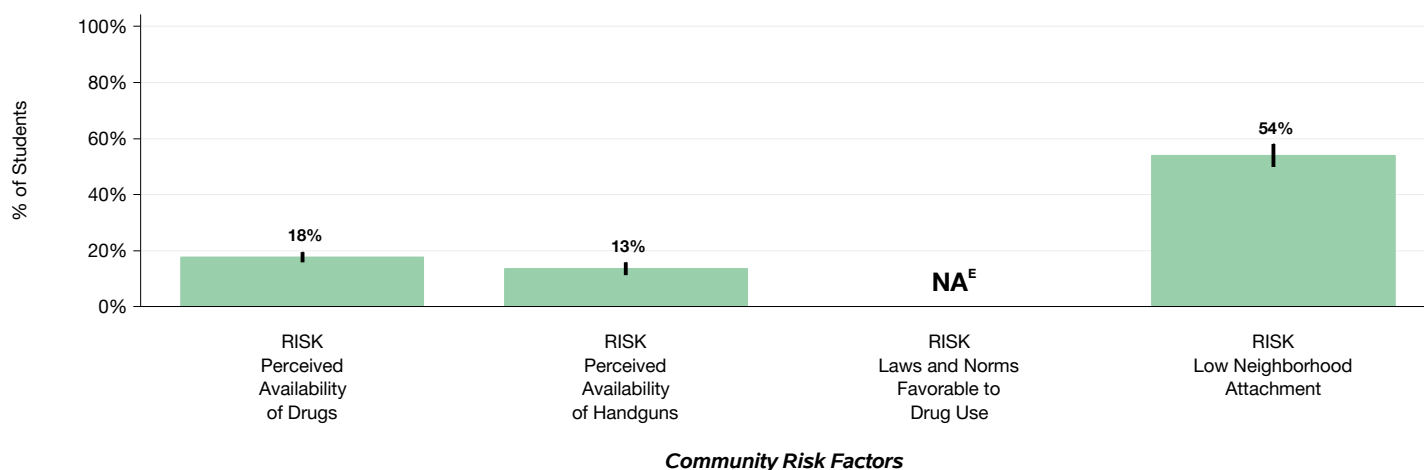
Community Domain

Risk Factors

	Statewide % (\pm CI)
Perceived Availability of Drugs (Questions 179-182)	(n=2,511) 17.6% (\pm 1.9)
Perceived Availability of Handguns (Question 183)	(n=2,505) 13.5% (\pm 2.2)
Laws And Norms Favorable to Drug Use (Questions 184-189)	NA ^E
Low Neighborhood Attachment (Questions 190-192)	(n=2,538) 53.9% (\pm 4.1)

Protective Factors

Opportunities for Prosocial Involvement (Questions 193-196)	(n=2,436) 61.8% (\pm 6.3)
Rewards for Prosocial Involvement (Questions 197-199)	NA ^E



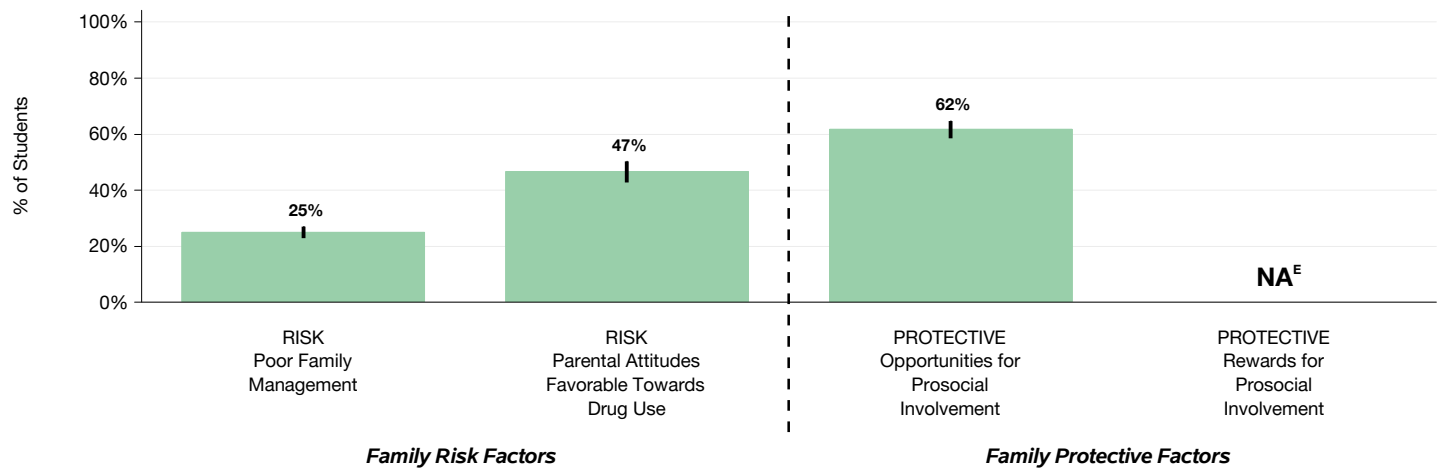
Note: NA^S = included only on the secondary version; NA^E = included only on the elementary version.

Family Domain**Risk Factors**

	Statewide % (\pm CI)
Poor Family Management (Questions 200-207)	(n=2,542) 25.0% (\pm 2.0)
Parental Attitudes Favorable Towards Drug Use (Questions 215-217)	(n=2,534) 46.5% (\pm 3.7)

Protective Factors

Opportunities for Prosocial Involvement (Questions 208-210)	(n=2,558) 61.6% (\pm 3.1)
Rewards for Prosocial Involvement (Questions 211-214)	NA ^E

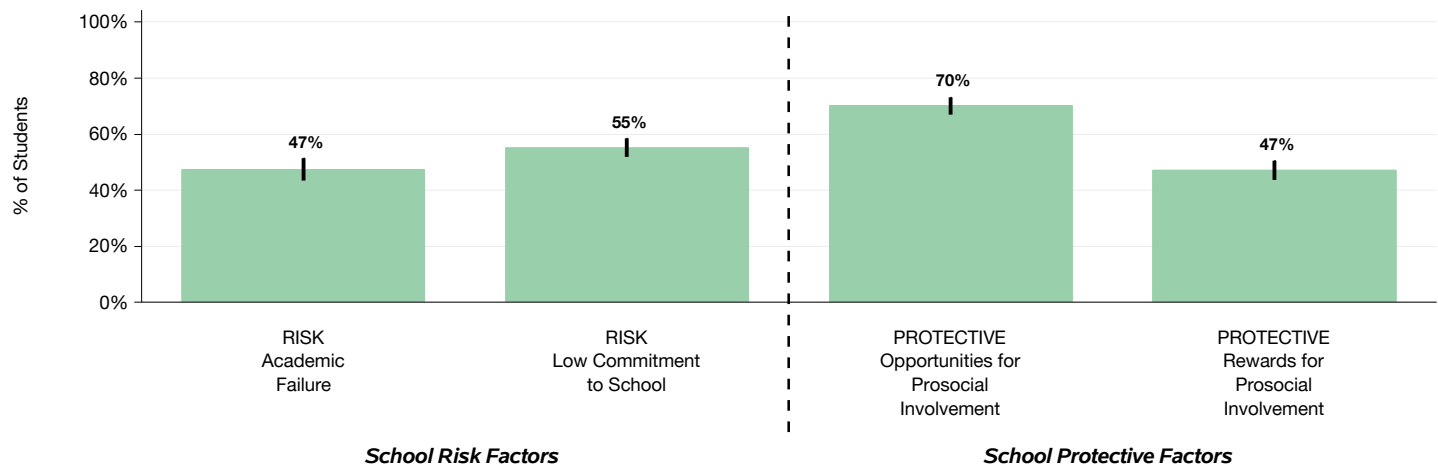


School Domain**Risk Factors**

	Statewide % (\pm CI)
Academic Failure (Questions 218–219)	(n=2,512) 47.4% (\pm 4.0)
Low Commitment to School (Questions 220–226)	(n=2,570) 55.2% (\pm 3.3)

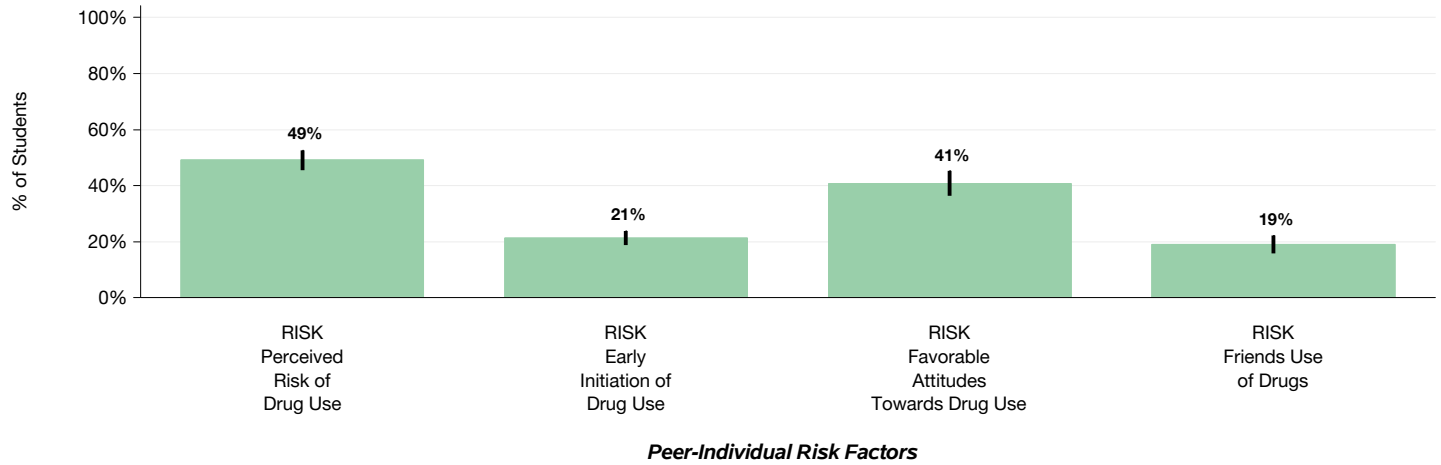
Protective Factors

Opportunities for Prosocial Involvement (Questions 227–231)	(n=2,544) 70.1% (\pm 3.1)
Rewards for Prosocial Involvement (Questions 232–235)	(n=2,531) 47.1% (\pm 3.5)

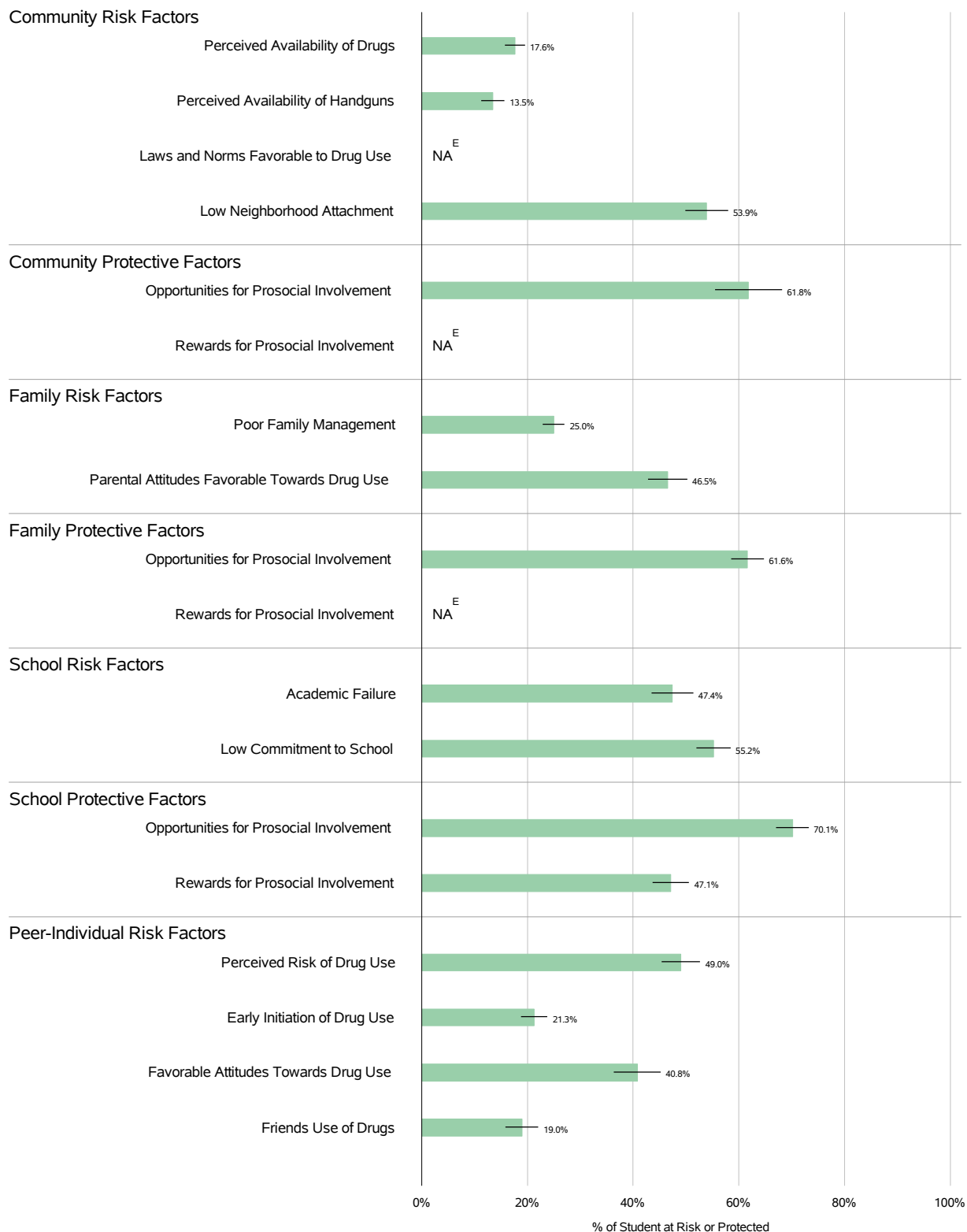


Peer-Individual Domain**Risk Factors**

	Statewide % (\pm SE)
Perceived Risk of Drug Use (Questions 236–239)	(n=2,447) 49.0% (\pm 3.6)
Early Initiation of Drug Use (Questions 240–242)	(n=2,534) 21.3% (\pm 2.5)
Favorable Attitudes Towards Drug Use (Questions 243–246)	(n=2,553) 40.8% (\pm 4.4)
Friends' Use of Drugs (Questions 247–250)	(n=2,547) 19.0% (\pm 3.1)



Risk and Protective Factor Graph of All Scale Results



Note: NA^S = included only on the secondary version; NA^E = included only on the elementary version.

Risk and Protective Factors: Individual Question Results

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

Community Domain

Perceived Availability of Drugs (Questions 178-182)

179. If you wanted to get some beer, wine, or hard liquor, how easy would it be for you to get some?	Statewide % (±CI) (n=2,513)
a. Very hard	23.0% (±3.0)
b. Sort of hard	22.6% (±1.4)
c. Sort of easy	30.4% (±2.3)
d. Very easy	24.0% (±2.4)
180. If you wanted to get some cigarettes, how easy would it be for you to get some?	(n=2,508)
a. Very hard	35.7% (±3.2)
b. Sort of hard	27.6% (±2.5)
c. Sort of easy	20.2% (±2.0)
d. Very easy	16.5% (±1.8)
181. If you wanted to get some marijuana, how easy would it be for you to get some?	(n=2,493)
a. Very hard	29.4% (±2.8)
b. Sort of hard	19.7% (±1.6)
c. Sort of easy	23.6% (±2.1)
d. Very easy	27.3% (±2.8)
182. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	(n=2,505)
a. Very hard	63.2% (±2.7)
b. Sort of hard	22.2% (±1.9)
c. Sort of easy	8.9% (±1.3)
d. Very easy	5.8% (±1.0)

Perceived Availability of Hand Guns (Question 183)

183. If you wanted to get a handgun, how easy would it be for you to get one?	(n=2,505)
a. Very hard	66.8% (±2.7)
b. Sort of hard	19.7% (±1.5)
c. Sort of easy	7.7% (±1.5)
d. Very easy	5.8% (±1.1)

Laws and Norms Favorable to Drug Use (Questions 184-189)

[Questions 184-186 appear only on the elementary version of the survey.]

		Statewide	
		% (±CI)	
		(n=2,524)	
187. If a kid drank some beer, wine, or hard liquor in your neighborhood or community, would they be caught by the police?			
a. NO!		25.4%	(±2.5)
b. No		52.8%	(±1.6)
c. yes		16.7%	(±2.2)
d. YES!		5.1%	(±0.9)
188. If a kid carried a handgun in your neighborhood or community, would they be caught by the police?			
		(n=2,504)	
a. NO!		12.7%	(±1.8)
b. No		32.7%	(±2.4)
c. yes		37.8%	(±2.4)
d. YES!		16.8%	(±1.9)
189. If a kid used marijuana in your neighborhood or community, would they be caught by the police?			
		(n=2,514)	
a. NO!		25.9%	(±2.3)
b. No		51.4%	(±1.4)
c. yes		17.7%	(±2.2)
d. YES!		4.9%	(±1.0)

Low Neighborhood Attachment (Questions 190-192)

190. I'd like to get out of my neighborhood or community.		(n=2,538)	
a. NO!		14.4%	(±1.6)
b. No		40.1%	(±2.6)
c. yes		30.5%	(±2.0)
d. YES!		15.0%	(±1.8)
191. If I had to move, I would miss the neighborhood or community I now live in.			
		(n=2,540)	
a. NO!		8.8%	(±2.1)
b. No		25.7%	(±2.9)
c. yes		44.3%	(±2.2)
d. YES!		21.2%	(±3.2)
192. I like my neighborhood / community.		(n=2,532)	
a. NO!		5.3%	(±1.4)
b. No		17.1%	(±2.6)
c. yes		57.9%	(±2.1)
d. YES!		19.7%	(±2.6)

Opportunities for Prosocial Involvement (Questions 193-196)

193. There are adults in my neighborhood or community I could talk to about something important.	Statewide % (±CI) (n=2,532)
a. NO!	14.5% (±2.8)
b. No	20.5% (±2.6)
c. yes	38.7% (±3.0)
d. YES!	26.2% (±2.5)

Which of the following activities for people your age are available in your neighborhood or community?

194. Sports teams and recreation	(n=2,510)
a. Yes	78.0% (±4.3)
b. No	22.0% (±4.3)
195. Scouts, Camp Fire, 4-H Clubs, or other service clubs	(n=2,471)
a. Yes	60.7% (±6.3)
b. No	39.3% (±6.3)
196. Boys and Girls Club, YMCA, or other activity clubs	(n=2,485)
a. Yes	69.1% (±5.7)
b. No	30.9% (±5.7)

Rewards for Prosocial Involvement (Questions 197-199)

[Questions 197-199 appear only on the elementary version of the survey.]

Family Domain

Poor Family Management (Questions 200-207)

200. My parent(s) ask if I've gotten my homework done.	(n=2,576)
a. NO!	7.4% (±1.1)
b. No	17.0% (±1.6)
c. yes	45.0% (±1.6)
d. YES!	30.6% (±2.0)
201. Would your parent(s) know if you did not come home on time?	(n=2,542)
a. NO!	3.0% (±0.7)
b. No	12.5% (±1.1)
c. yes	46.5% (±2.0)
d. YES!	38.0% (±2.1)

202. When I am not at home, one of my parent(s) knows where I am and who I am with.	Statewide % (±CI) (n=2,567)	
a. NO!	2.1%	(±0.6)
b. No	8.6%	(±1.4)
c. yes	47.7%	(±1.9)
d. YES!	41.5%	(±1.9)
203. The rules in my family are clear.		
	(n=2,569)	
a. NO!	2.8%	(±0.8)
b. No	12.3%	(±1.5)
c. yes	52.4%	(±2.2)
d. YES!	32.5%	(±1.9)
204. My family has clear rules about alcohol and drug use.		
	(n=2,556)	
a. NO!	2.4%	(±0.8)
b. No	14.0%	(±1.9)
c. yes	41.1%	(±1.9)
d. YES!	42.5%	(±2.5)
205. If you drank some beer, wine, or liquor without your parent(s)'s permission, would you be caught by them?		
	(n=2,532)	
a. NO!	12.4%	(±1.4)
b. No	39.6%	(±3.1)
c. yes	30.0%	(±2.2)
d. YES!	17.9%	(±2.5)
206. If you carried a handgun without your parent(s)'s permission, would you be caught by them?		
	(n=2,520)	
a. NO!	4.8%	(±0.9)
b. No	13.1%	(±1.4)
c. yes	33.7%	(±1.9)
d. YES!	48.5%	(±1.8)
207. If you skipped school, would you be caught by your parent(s)?		
	(n=2,547)	
a. NO!	3.8%	(±0.8)
b. No	11.6%	(±1.5)
c. yes	39.3%	(±2.3)
d. YES!	45.4%	(±2.8)

Opportunities for Prosocial Involvement (Questions 208-210)

208. If I had a personal problem, I could ask my parent(s) for help.	(n=2,548)	
a. NO!	8.0%	(±1.4)
b. No	14.4%	(±1.5)
c. yes	47.4%	(±2.1)
d. YES!	30.2%	(±2.3)

	Statewide	
	% (±CI)	
	(n=2,548)	
209. My parent(s) give me lots of chances to do fun things with them.		
a. NO!	5.9%	(±1.1)
b. No	18.8%	(±2.1)
c. yes	47.6%	(±2.1)
d. YES!	27.7%	(±1.5)
210. My parent(s) ask me what I think before most family decisions affecting me are made.		
	(n=2,542)	
a. NO!	11.4%	(±1.8)
b. No	22.9%	(±1.9)
c. yes	44.0%	(±2.4)
d. YES!	21.8%	(±1.7)

Rewards for Prosocial Involvement (Questions 211-214)

[Questions 211-214 appear only on the elementary version of the survey.]

Parental Attitudes Favorable Towards Drug Use (Questions 215-217)

215. How wrong do your parent(s) feel it would be for you to: Drink beer, wine, or hard liquor regularly (at least once or twice a month)?		
	(n=2,538)	
a. Very wrong	45.4%	(±3.6)
b. Wrong	26.0%	(±1.8)
c. A little bit wrong	20.8%	(±2.3)
d. Not wrong at all	7.9%	(±1.4)
216. How wrong do your parent(s) feel it would be for you to: Smoke cigarettes?		
	(n=2,524)	
a. Very wrong	83.8%	(±1.8)
b. Wrong	13.2%	(±1.4)
c. A little bit wrong	2.1%	(±0.6)
d. Not wrong at all	1.0%	(±0.5)
217. How wrong do your parent(s) feel it would be for you to: Use marijuana?		
	(n=2,526)	
a. Very wrong	62.2%	(±3.8)
b. Wrong	18.7%	(±1.7)
c. A little bit wrong	12.7%	(±2.6)
d. Not wrong at all	6.4%	(±1.6)

School Domain

Academic Failure Questions (Questions 218-219)

	Statewide % (±CI) (n=5,089)	
218. Putting them all together, what were your grades like last year?		
a. Mostly As	47.1%	(±6.1)
b. Mostly Bs	25.4%	(±2.3)
c. Mostly Cs	17.1%	(±2.4)
d. Mostly Ds	6.2%	(±1.4)
e. Mostly Fs	4.2%	(±1.2)
219. Are your school grades better than the grades of most students in your class?		
	(n=2,521)	
a. NO!	8.9%	(±1.6)
b. No	32.7%	(±2.5)
c. yes	42.7%	(±3.0)
d. YES!	15.7%	(±1.8)

Low Commitment to School (Questions 220-226)

220. How often do you feel the schoolwork you are assigned is meaningful and important?		
	(n=2,575)	
a. Almost always	7.1%	(±1.0)
b. Often	17.5%	(±1.5)
c. Sometimes	41.2%	(±2.6)
d. Seldom	22.3%	(±2.0)
e. Never	11.9%	(±1.6)
221. How interesting are most of your courses to you?		
	(n=2,577)	
a. Very interesting and stimulating	6.4%	(±1.2)
b. Quite interesting	23.5%	(±2.2)
c. Fairly interesting	40.9%	(±1.9)
d. Slightly dull	20.2%	(±2.0)
e. Very dull	9.0%	(±1.6)
222. How important do you think the things you are learning in school are going to be for you later in life?		
	(n=2,576)	
a. Very important	8.9%	(±1.6)
b. Quite important	17.4%	(±1.7)
c. Fairly important	32.9%	(±1.6)
d. Slightly important	32.1%	(±2.1)
e. Not at all important	8.8%	(±1.5)

Think back over the past year in school. How often did you:

	Statewide % (±CI) (n=5,136)	
223. Enjoy school?		
a. Never	10.4%	(±1.7)
b. Seldom	21.8%	(±1.3)
c. Sometimes	41.2%	(±1.6)
d. Often	21.4%	(±2.0)
e. Almost always	5.2%	(±0.8)
224. Dislike school?	(n=2,565)	
a. Never	3.4%	(±1.0)
b. Seldom	12.8%	(±1.4)
c. Sometimes	33.7%	(±2.4)
d. Often	35.3%	(±2.3)
e. Almost always	14.8%	(±2.1)
225. Try to do your best work in school?	(n=2,558)	
a. Never	2.1%	(±0.7)
b. Seldom	8.0%	(±1.1)
c. Sometimes	25.0%	(±1.8)
d. Often	34.7%	(±1.7)
e. Almost always	30.3%	(±2.4)
226. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?	(n=2,577)	
a. 0 days	73.8%	(±2.8)
b. 1 day	9.9%	(±1.3)
c. 2 days	4.9%	(±1.2)
d. 3 days	3.5%	(±0.7)
e. 4-5 days	4.0%	(±0.8)
f. 6-10 days	2.1%	(±0.6)
g. 11 or more days	1.9%	(±0.7)

Opportunities for Prosocial Involvement (Questions 227-231)

227. In my school, students have lots of chances to help decide things like class activities and rules.	(n=2,551)	
a. NO!	10.4%	(±2.0)
b. No	32.1%	(±2.6)
c. yes	46.6%	(±2.8)
d. YES!	10.9%	(±2.2)
228. There are lots of chances for students in my school to talk with a teacher one-on-one.	(n=2,544)	
a. NO!	3.5%	(±0.8)
b. No	14.9%	(±2.3)
c. yes	57.6%	(±1.5)
d. YES!	24.0%	(±2.8)

	Statewide % (±CI) (n=2,511)	
229. Teachers ask me to work on special class projects.		
a. NO!	12.6%	(±1.8)
b. No	46.7%	(±2.0)
c. yes	35.1%	(±2.4)
d. YES!	5.6%	(±1.1)
230. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	(n=2,540)	
a. NO!	2.2%	(±0.7)
b. No	5.2%	(±1.3)
c. yes	45.8%	(±2.2)
d. YES!	46.9%	(±3.2)
231. I have lots of chances to be part of class discussions or activities.	(n=2,536)	
a. NO!	2.6%	(±0.9)
b. No	9.0%	(±1.6)
c. yes	61.5%	(±2.2)
d. YES!	26.8%	(±2.7)

Rewards for Prosocial Involvement (Questions 232-235)

232. My teacher(s) notices when I am doing a good job and lets me know about it.	(n=2,538)	
a. NO!	7.2%	(±1.6)
b. No	27.3%	(±2.4)
c. yes	53.6%	(±2.1)
d. YES!	11.9%	(±2.0)
233. The school lets my parent(s) know when I have done something well.	(n=2,529)	
a. NO!	24.1%	(±3.0)
b. No	48.2%	(±2.1)
c. yes	21.2%	(±2.8)
d. YES!	6.5%	(±1.1)
234. I feel safe during school.	(n=5,094)	
a. NO!	4.1%	(±0.9)
b. no	13.5%	(±1.7)
c. yes	61.0%	(±1.8)
d. YES!	21.3%	(±3.0)
235. My teachers praise me when I work hard in school.	(n=2,516)	
a. NO!	11.5%	(±1.8)
b. No	37.5%	(±2.2)
c. yes	41.4%	(±2.9)
d. YES!	9.7%	(±1.2)

Peer and Individual Domain

Perceived Risk of Drug Use (Questions 236-239)

How much do you think people risk harming themselves if they:

Statewide
% (±CI)
(n=2,530)

236. Smoke one or more packs of cigarettes per day?

a. No risk	4.0%	(±0.8)
b. Slight risk	4.5%	(±1.0)
c. Moderate risk	13.3%	(±1.4)
d. Great risk	75.5%	(±1.8)
e. Not sure	2.7%	(±0.7)

237. Try marijuana once or twice?

(n=2,527)

a. No risk	41.5%	(±4.0)
b. Slight risk	31.3%	(±2.5)
c. Moderate risk	13.1%	(±1.8)
d. Great risk	10.6%	(±1.8)
e. Not sure	3.5%	(±0.9)

238. Use marijuana regularly (at least once or twice a week)?

(n=2,508)

a. No risk	14.4%	(±2.8)
b. Slight risk	28.7%	(±3.3)
c. Moderate risk	29.4%	(±2.3)
d. Great risk	24.0%	(±2.8)
e. Not sure	3.5%	(±0.9)

239. Take one or two drinks of an alcoholic beverage nearly every day?

(n=2,522)

a. No risk	4.4%	(±1.0)
b. Slight risk	11.3%	(±1.8)
c. Moderate risk	32.1%	(±2.0)
d. Great risk	49.3%	(±2.4)
e. Not sure	2.9%	(±0.8)

Early Initiation of Drug Use (Questions 240-242)*How old were you the first time you:*

Statewide
% (±CI)
 (n=5,085)

240. Used marijuana?

a. Never have	66.3%	(±3.6)
b. 10 or younger	0.9%	(±0.3)
c. 11	0.6%	(±0.2)
d. 12	2.0%	(±0.4)
e. 13	3.9%	(±0.8)
f. 14	5.9%	(±1.1)
g. 15	7.6%	(±1.4)
h. 16	8.0%	(±0.8)
i. 17 or older	4.6%	(±0.6)

241. Smoked a cigarette, even just a puff?

(n=2,544)

a. Never have	80.1%	(±2.3)
b. 10 or younger	2.1%	(±0.6)
c. 11	1.0%	(±0.4)
d. 12	1.3%	(±0.5)
e. 13	2.1%	(±0.6)
f. 14	3.9%	(±0.9)
g. 15	2.9%	(±0.7)
h. 16	3.7%	(±1.0)
i. 17 or older	2.9%	(±0.6)

242. Had more than a sip or two of beer, wine, or hard liquor?

(n=5,061)

a. Never have	50.3%	(±3.2)
b. 10 or younger	4.6%	(±0.7)
c. 11	1.7%	(±0.4)
d. 12	3.1%	(±0.5)
e. 13	4.2%	(±0.6)
f. 14	7.8%	(±1.2)
g. 15	10.0%	(±1.1)
h. 16	10.6%	(±1.0)
i. 17 or older	7.7%	(±0.7)

Favorable Attitudes Toward Drug Use (Questions 243-246)*How wrong do YOU think it is for someone your age to:***243. Drink beer, wine, or hard liquor regularly?**

(n=2,554)

a. Very wrong	23.4%	(±2.8)
b. Wrong	23.9%	(±2.4)
c. A little bit wrong	34.7%	(±2.3)
d. Not wrong at all	18.0%	(±3.2)

	Statewide % (±CI) (n=2,548)	
244. Smoke cigarettes?		
a. Very wrong	48.2%	(±2.9)
b. Wrong	33.2%	(±1.5)
c. A little bit wrong	14.8%	(±2.1)
d. Not wrong at all	3.8%	(±0.7)
245. Use marijuana?	(n=2,550)	
a. Very wrong	27.9%	(±2.9)
b. Wrong	22.8%	(±1.9)
c. A little bit wrong	27.8%	(±2.2)
d. Not wrong at all	21.6%	(±3.3)
246. Use LSD, cocaine, amphetamines, or another illegal drug?	(n=2,551)	
a. Very wrong	76.3%	(±2.8)
b. Wrong	15.2%	(±1.7)
c. A little bit wrong	6.4%	(±1.6)
d. Not wrong at all	2.1%	(±0.5)

Friends Use Drugs (Questions 247-250)

Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have...

247. Smoked cigarettes?	(n=2,556)	
a. None of my friends	76.2%	(±3.1)
b. 1 of my friends	11.7%	(±1.5)
c. 2 of my friends	5.1%	(±1.1)
d. 3 of my friends	2.6%	(±0.7)
e. 4 of my friends	4.3%	(±1.0)
248. Tried beer, wine, or hard liquor when their parent(s) didn't know about it?	(n=2,548)	
a. None of my friends	46.5%	(±3.8)
b. 1 of my friends	14.2%	(±1.5)
c. 2 of my friends	11.8%	(±1.2)
d. 3 of my friends	6.6%	(±0.9)
e. 4 of my friends	20.9%	(±3.8)
249. Used marijuana?	(n=2,535)	
a. None of my friends	48.6%	(±4.1)
b. 1 of my friends	14.5%	(±1.3)
c. 2 of my friends	11.8%	(±1.2)
d. 3 of my friends	7.3%	(±1.5)
e. 4 of my friends	17.9%	(±3.1)

	Statewide	
	% (±CI)	
250. Used LSD, cocaine, amphetamines, or other illegal drugs?		
	(n=2,549)	
a. None of my friends	85.6%	(±2.3)
b. 1 of my friends	7.5%	(±1.3)
c. 2 of my friends	3.2%	(±0.9)
d. 3 of my friends	1.3%	(±0.3)
e. 4 of my friends	2.4%	(±0.6)

Questions by Topics

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

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Core Questions

“Core” questions that appeared on both Forms A and B (the secondary versions of the survey) are listed below. All other questions appeared on either Form A or Form B, but not both. Core questions may or may not have appeared on Form C (the elementary version).

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***For more information on which survey forms each question was on,
see the Survey Crosswalk at www.AskHYS.net, under HYS Results - QxQ***